

**Koninklijke Kortrijkse Zwemkring****BELGISCH KAMPIOENSCHAP - CHAMPIONNATS BELGIQUE -CAT-WEZBK-SIM-Onbekend (BEL) 26/28/07/2024**

Overzicht van de behaalde limieten

Lange baan (50m)

Er wordt rekening gehouden met tijden, waar de limieten 100% behaald zijn.  
zondag 1 januari 2023 tot vrijdag 26 juli 2024

Limieten 25m    Limieten 50m    25m bad    50m bad

**Clubwerking 3****Clubwerking 2**

Cokelaere Marit, 4/01/2006

|    |                        |         |         |                |                              |        |
|----|------------------------|---------|---------|----------------|------------------------------|--------|
| 3  | <b>100 vlinderslag</b> | 1:09.55 | 1:10.95 | <b>1:05.67</b> | ANTWERPEN-BK (E28/07/2023)   | 116,7% |
| 7  | <b>50 vrije slag</b>   | 28.66   | 29.46   | <b>29.17</b>   | Lago Rozebroeken G5/03/2023  | 102,0% |
| 9  | <b>100 schoolslag</b>  | 1:20.20 | 1:22.20 | <b>1:15.60</b> | OVK-Antwerpen (BE11/02/2023) | 118,2% |
| 15 | <b>100 vrije slag</b>  | 1:02.12 | 1:03.82 | <b>1:01.86</b> | ANTWERPEN-BK (E28/07/2023)   | 106,4% |
| 19 | <b>200 schoolslag</b>  | 2:55.76 | 2:59.76 | <b>2:42.67</b> | OVK-Antwerpen (BE10/02/2023) | 122,1% |
| 21 | <b>50 vlinderslag</b>  | 31.28   | 31.98   | <b>29.77</b>   | OBK-ANTWERPEN 23/04/2023     | 115,4% |
| 23 | <b>200 wisselslag</b>  | 2:31.95 | 2:35.15 | <b>2:30.50</b> | OBK-ANTWERPEN 22/04/2023     | 106,3% |
| 28 | <b>50 schoolslag</b>   | 36.78   | 37.78   | <b>35.18</b>   | OBK-ANTWERPEN 21/04/2023     | 115,3% |
| 32 | <b>100 rugslag</b>     | 1:12.08 | 1:13.28 | <b>1:10.95</b> | Ettelbruck (LUX) 15/04/2023  | 103,2% |

**Clubwerking 1**

Caus Floor, 3/06/2009

|    |                       |         |         |                |                                |        |
|----|-----------------------|---------|---------|----------------|--------------------------------|--------|
| 1  | <b>400 vrije slag</b> | 4:51.73 | 4:58.53 | <b>4:56.62</b> | Antwerpen-ZC (BEL14/07/2023)   | 101,3% |
| 7  | <b>50 vrije slag</b>  | 29.41   | 30.21   | <b>29.20</b>   | Grote Prijs MZK-Ment2/06/2024  | 101,4% |
| 15 | <b>100 vrije slag</b> | 1:03.49 | 1:05.19 | <b>1:02.02</b> | CIVE-Ettelbruck (LU21/04/2024) | 104,8% |
| 30 | <b>200 vrije slag</b> | 2:17.72 | 2:21.12 | <b>2:17.40</b> | CIVE-Ettelbruck (LU20/04/2024) | 100,5% |

Descamps Axelle, 29/10/2002

|    |                       |         |         |                |                                |        |
|----|-----------------------|---------|---------|----------------|--------------------------------|--------|
| 7  | <b>50 vrije slag</b>  | 28.41   | 29.21   | <b>29.06</b>   | ANTWERPEN-BK (E28/07/2023)     | 101,0% |
| 17 | <b>50 rugslag</b>     | 33.39   | 33.99   | <b>32.12</b>   | ANTWERPEN-BK (E29/07/2023)     | 112,0% |
| 21 | <b>50 vlinderslag</b> | 30.98   | 31.68   | <b>30.47</b>   | ANTWERPEN-BK (E29/07/2023)     | 108,1% |
| 32 | <b>100 rugslag</b>    | 1:11.64 | 1:12.84 | <b>1:10.19</b> | Kortrijk-KZK-CK (BE19/02/2023) | 104,2% |

Samyn Jonas, 11/08/2000

|    |                        |         |         |                |                                |        |
|----|------------------------|---------|---------|----------------|--------------------------------|--------|
| 4  | <b>100 vlinderslag</b> | 1:00.38 | 1:01.78 | <b>1:00.57</b> | GPSK (BEL) 27/04/2024          | 104,0% |
| 14 | <b>100 vrije slag</b>  | 55.57   | 57.27   | <b>55.92</b>   | FSC-Antwerp (BEL) 20/01/2024   | 104,9% |
| 22 | <b>200 wisselslag</b>  | 2:18.27 | 2:21.47 | <b>2:16.62</b> | LK-Kortrijk (BEL) 26/12/2023   | 102,4% |
| 27 | <b>200 vlinderslag</b> | 2:21.18 | 2:23.98 | <b>2:16.96</b> | LK-Kortrijk (BEL) 26/12/2023   | 106,3% |
| 31 | <b>200 vrije slag</b>  | 2:02.47 | 2:05.87 | <b>1:58.97</b> | CIVE-Ettelbruck (LU20/04/2024) | 106,0% |

Van Eygen Jozefien, 16/09/2006

|    |                       |         |         |                |                              |        |
|----|-----------------------|---------|---------|----------------|------------------------------|--------|
| 7  | <b>50 vrije slag</b>  | 28.66   | 29.46   | <b>27.64</b>   | ANTWERPEN-BK (E28/07/2023)   | 113,6% |
| 15 | <b>100 vrije slag</b> | 1:02.12 | 1:03.82 | <b>1:02.20</b> | OBK-ANTWERPEN 23/04/2023     | 105,3% |
| 17 | <b>50 rugslag</b>     | 33.69   | 34.29   | <b>32.72</b>   | Gent-BK Open (BEL11/11/2023) | 106,0% |
| 32 | <b>100 rugslag</b>    | 1:12.08 | 1:13.28 | <b>1:11.90</b> | Ettelbruck (LUX) 15/04/2023  | 100,5% |

**KZK Jeugdteam****KZK Team**

Christiaens Jutta, 9/09/2008

|    |                       |         |         |                |                                |        |
|----|-----------------------|---------|---------|----------------|--------------------------------|--------|
| 7  | <b>50 vrije slag</b>  | 28.89   | 29.69   | <b>27.45</b>   | FSC-Antwerp (BEL) 21/01/2024   | 117,0% |
| 15 | <b>100 vrije slag</b> | 1:02.53 | 1:04.23 | <b>59.69</b>   | ANTWERPEN-BK (E29/07/2023)     | 115,8% |
| 17 | <b>50 rugslag</b>     | 34.16   | 34.76   | <b>33.23</b>   | CIVE-Ettelbruck (LU21/04/2024) | 105,7% |
| 19 | <b>200 schoolslag</b> | 2:58.62 | 3:02.62 | <b>2:53.66</b> | LK-Kortrijk (BEL) 26/12/2023   | 105,8% |
| 21 | <b>50 vlinderslag</b> | 31.83   | 32.53   | <b>31.59</b>   | GPSK (BEL) 28/04/2024          | 106,0% |
| 23 | <b>200 wisselslag</b> | 2:33.98 | 2:37.18 | <b>2:31.65</b> | CIVE-Ettelbruck (LU20/04/2024) | 103,1% |
| 30 | <b>200 vrije slag</b> | 2:15.77 | 2:19.17 | <b>2:12.23</b> | FSC-Antwerp (BEL) 19/01/2024   | 110,8% |
| 32 | <b>100 rugslag</b>    | 1:13.50 | 1:14.70 | <b>1:10.56</b> | Ettelbruck (LUX) 15/04/2023    | 108,5% |

Limieten 25m    Limieten 50m    25m bad    50m bad

**KZK A Team**

Christiaens Annabel, 23/07/2006

|    |                        |         |         |                |                                |            |        |
|----|------------------------|---------|---------|----------------|--------------------------------|------------|--------|
| 1  | <b>400 vrije slag</b>  | 4:43.80 | 4:50.60 | <b>4:39.41</b> | Meulebeke (BEL)                | 8/10/2023  | 103,2% |
| 3  | <b>100 vlinderslag</b> | 1:09.55 | 1:10.95 |                | Kortrijk (BEL)                 | 13/05/2023 | 107,5% |
| 5  | <b>200 rugslag</b>     | 2:35.25 | 2:37.65 | <b>2:31.81</b> | ANTWERPEN-BK (E28/07/2023)     |            | 107,8% |
| 7  | <b>50 vrije slag</b>   | 28.66   | 29.46   |                | OBK-ANTWERPEN                  | 22/04/2023 | 105,7% |
| 9  | <b>100 schoolslag</b>  | 1:20.20 | 1:22.20 | <b>1:16.41</b> | Kortrijk-KZK-CK (BE19/02/2023) |            | 110,2% |
| 15 | <b>100 vrije slag</b>  | 1:02.12 | 1:03.82 |                | ANTWERPEN-BK (E29/07/2023)     |            | 110,0% |
| 17 | <b>50 rugslag</b>      | 33.69   | 34.29   | <b>31.46</b>   | KZK CK-Kortrijk (BE14/01/2024) |            | 114,7% |
| 19 | <b>200 schoolslag</b>  | 2:55.76 | 2:59.76 |                | OVK-Antwerpen (BE10/02/2023)   |            | 107,7% |
| 21 | <b>50 vlinderslag</b>  | 31.28   | 31.98   |                | OBK-ANTWERPEN                  | 23/04/2023 | 108,9% |
| 23 | <b>200 wisselslag</b>  | 2:31.95 | 2:35.15 | <b>2:28.20</b> | Ettelbruck (LUX)               | 15/04/2023 | 105,1% |
| 28 | <b>50 schoolslag</b>   | 36.78   | 37.78   |                | Lago Rozebroeken               | G5/03/2023 | 109,9% |
| 32 | <b>100 rugslag</b>     | 1:12.08 | 1:13.28 | <b>1:08.33</b> | Nijlen (BEL)                   | 18/11/2023 | 111,3% |

Debooser Thibaut, 28/10/2004

|    |                        |          |          |                 |                              |            |        |
|----|------------------------|----------|----------|-----------------|------------------------------|------------|--------|
| 2  | <b>400 vrije slag</b>  | 4:20.36  | 4:27.16  | <b>4:17.11</b>  | Meulebeke (BEL)              | 8/10/2023  | 102,5% |
| 4  | <b>100 vlinderslag</b> | 1:00.38  | 1:01.78  |                 | ANTWERPEN-BK (E28/07/2023)   |            | 105,0% |
| 6  | <b>200 rugslag</b>     | 2:21.50  | 2:23.90  | <b>2:20.44</b>  | LK-Kortrijk (BEL)            | 26/12/2023 | 101,5% |
| 25 | <b>1500 vrije slag</b> | 17:17.79 | 17:43.29 | <b>16:41.84</b> | Gent-BK Open (BEL12/11/2023) |            | 107,3% |
| 27 | <b>200 vlinderslag</b> | 2:21.18  | 2:23.98  |                 | OVK-Antwerpen (BE10/02/2023) |            | 109,9% |
| 31 | <b>200 vrije slag</b>  | 2:02.47  | 2:05.87  |                 | ANTWERPEN-BK (E30/07/2023)   |            | 104,3% |

Decupere Cedric, 12/05/2007

|    |                        |         |         |                |                                |            |        |
|----|------------------------|---------|---------|----------------|--------------------------------|------------|--------|
| 2  | <b>400 vrije slag</b>  | 4:28.34 | 4:35.14 |                | GPSK (BEL)                     | 28/04/2024 | 100,4% |
| 4  | <b>100 vlinderslag</b> | 1:03.60 | 1:05.00 |                | GPSK (BEL)                     | 27/04/2024 | 103,8% |
| 6  | <b>200 rugslag</b>     | 2:24.78 | 2:27.18 | <b>2:23.89</b> | LK-Kortrijk (BEL)              | 26/12/2023 | 101,2% |
| 8  | <b>50 vrije slag</b>   | 26.05   | 26.85   | <b>25.49</b>   | Grote Prijs MZK-Ment           | 2/06/2024  | 104,4% |
| 10 | <b>100 schoolslag</b>  | 1:14.20 | 1:16.20 | <b>1:08.86</b> | CIVE-Ettelbruck (LU20/04/2024) |            | 116,1% |
| 14 | <b>100 vrije slag</b>  | 57.30   | 59.00   | <b>55.61</b>   | CIVE-Ettelbruck (LU21/04/2024) |            | 106,2% |
| 18 | <b>200 schoolslag</b>  | 2:42.96 | 2:46.96 | <b>2:41.63</b> | CIVE-Ettelbruck (LU21/04/2024) |            | 101,7% |
| 20 | <b>50 vlinderslag</b>  | 28.83   | 29.53   | <b>28.68</b>   | Nijlen (BEL)                   | 18/11/2023 | 101,0% |
| 22 | <b>200 wisselslag</b>  | 2:21.76 | 2:24.96 | <b>2:18.15</b> | CIVE-Ettelbruck (LU20/04/2024) |            | 105,3% |
| 29 | <b>50 schoolslag</b>   | 33.92   | 34.92   | <b>30.67</b>   | CIVE-Ettelbruck (LU21/04/2024) |            | 122,3% |
| 31 | <b>200 vrije slag</b>  | 2:05.56 | 2:08.96 | <b>2:01.90</b> | CIVE-Ettelbruck (LU20/04/2024) |            | 106,1% |
| 33 | <b>100 rugslag</b>     | 1:06.48 | 1:07.68 | <b>1:03.52</b> | CIVE-Ettelbruck (LU20/04/2024) |            | 109,5% |

Feys Jonah, 6/10/2009

|    |                        |         |         |                |                                |            |        |
|----|------------------------|---------|---------|----------------|--------------------------------|------------|--------|
| 2  | <b>400 vrije slag</b>  | 4:40.48 | 4:47.28 |                | GPSK (BEL)                     | 28/04/2024 | 101,3% |
| 4  | <b>100 vlinderslag</b> | 1:06.91 | 1:08.31 |                | Pepermans Antwerp              | 7/01/2024  | 102,9% |
| 6  | <b>200 rugslag</b>     | 2:31.84 | 2:34.24 | <b>2:32.33</b> | Mega-Gent (BEL)                | 3/03/2024  | 102,5% |
| 8  | <b>50 vrije slag</b>   | 27.23   | 28.03   | <b>27.95</b>   | GPSK (BEL)                     | 27/04/2024 | 100,6% |
| 14 | <b>100 vrije slag</b>  | 59.83   | 1:01.53 | <b>1:01.03</b> | Pepermans Antwerp              | 7/01/2024  | 101,6% |
| 20 | <b>50 vlinderslag</b>  | 30.24   | 30.94   | <b>30.65</b>   | Mega-Gent (BEL)                | 3/03/2024  | 101,9% |
| 31 | <b>200 vrije slag</b>  | 2:11.31 | 2:14.71 | <b>2:09.28</b> | CIVE-Ettelbruck (LU20/04/2024) |            | 103,2% |
| 33 | <b>100 rugslag</b>     | 1:09.87 | 1:11.07 | <b>1:07.13</b> | CIVE-Ettelbruck (LU21/04/2024) |            | 108,3% |

Maes Kato, 12/03/2007

|    |                       |         |         |                |                                |            |        |
|----|-----------------------|---------|---------|----------------|--------------------------------|------------|--------|
| 5  | <b>200 rugslag</b>    | 2:36.10 | 2:38.50 | <b>2:34.15</b> | PK-Diksmuide (BEL14/10/2023)   |            | 102,5% |
| 7  | <b>50 vrije slag</b>  | 28.81   | 29.61   |                | ANTWERPEN-BK (E28/07/2023)     |            | 103,6% |
| 15 | <b>100 vrije slag</b> | 1:02.42 | 1:04.12 |                | Lago Rozebroeken               | G5/03/2023 | 103,3% |
| 19 | <b>200 schoolslag</b> | 2:56.48 | 3:00.48 | <b>2:51.60</b> | LK-Kortrijk (BEL)              | 26/12/2023 | 105,8% |
| 30 | <b>200 vrije slag</b> | 2:14.38 | 2:17.78 | <b>2:13.60</b> | PK-Diksmuide (BEL15/10/2023)   |            | 101,2% |
| 32 | <b>100 rugslag</b>    | 1:12.93 | 1:14.13 | <b>1:10.35</b> | KZK CK-Kortrijk (BE14/01/2024) |            | 107,5% |

Sandra Eva, 17/01/2009

|    |                       |         |         |                |                                |            |        |
|----|-----------------------|---------|---------|----------------|--------------------------------|------------|--------|
| 5  | <b>200 rugslag</b>    | 2:40.66 | 2:43.06 |                | Bethune (FRA)                  | 10/03/2024 | 111,3% |
| 9  | <b>100 schoolslag</b> | 1:23.04 | 1:25.04 | <b>1:20.72</b> | KZK CK-Kortrijk (BE14/01/2024) |            | 105,8% |
| 17 | <b>50 rugslag</b>     | 34.68   | 35.28   | <b>32.16</b>   | CIVE-Ettelbruck (LU21/04/2024) |            | 116,3% |
| 19 | <b>200 schoolslag</b> | 3:02.12 | 3:06.12 | <b>2:53.08</b> | LK-Kortrijk (BEL)              | 26/12/2023 | 110,7% |
| 21 | <b>50 vlinderslag</b> | 32.54   | 33.24   |                | Brugge (BEL)                   | 11/03/2023 | 101,8% |
| 23 | <b>200 wisselslag</b> | 2:36.66 | 2:39.86 | <b>2:33.43</b> | CIVE-Ettelbruck (LU20/04/2024) |            | 104,3% |
| 32 | <b>100 rugslag</b>    | 1:14.35 | 1:15.55 | <b>1:07.29</b> | CIVE-Ettelbruck (LU20/04/2024) |            | 122,1% |

|                              | Limieten 25m           | Limieten 50m | 25m bad | 50m bad        |                |                                     |
|------------------------------|------------------------|--------------|---------|----------------|----------------|-------------------------------------|
| Verelzen Robbe, 24/10/2002   |                        |              |         |                |                |                                     |
| 10                           | <b>100 schoolslag</b>  | 1:11.38      | 1:13.38 |                | <b>1:08.36</b> | GPSK (BEL) 27/04/2024 115,2%        |
| 14                           | <b>100 vrije slag</b>  | 55.57        | 57.27   |                | <b>56.27</b>   | OVK-Antwerpen (BE11/02/2023) 103,6% |
| 18                           | <b>200 schoolslag</b>  | 2:37.09      | 2:41.09 |                | <b>2:30.86</b> | GPSK (BEL) 28/04/2024 114,0%        |
| 22                           | <b>200 wisselslag</b>  | 2:18.27      | 2:21.47 |                | <b>2:17.86</b> | ANTWERPEN-BK (E29/07/2023) 105,3%   |
| 29                           | <b>50 schoolslag</b>   | 31.54        | 32.54   |                | <b>31.23</b>   | GPSK (BEL) 28/04/2024 108,6%        |
| 31                           | <b>200 vrije slag</b>  | 2:02.47      | 2:05.87 |                | <b>2:02.33</b> | ANTWERPEN-BK (E30/07/2023) 105,9%   |
| Verschuere Lucas, 12/09/2004 |                        |              |         |                |                |                                     |
| 4                            | <b>100 vlinderslag</b> | 1:00.38      | 1:01.78 |                | <b>1:01.50</b> | Lago Rozebroeken G5/03/2023 100,9%  |
| 10                           | <b>100 schoolslag</b>  | 1:11.38      | 1:13.38 |                | <b>1:09.87</b> | ANTWERPEN-BK (E28/07/2023) 110,3%   |
| 14                           | <b>100 vrije slag</b>  | 55.57        | 57.27   |                | <b>55.23</b>   | OVK-Antwerpen (BE12/02/2023) 107,5% |
| 18                           | <b>200 schoolslag</b>  | 2:37.09      | 2:41.09 | <b>2:29.38</b> |                | LK-Kortrijk (BEL) 26/12/2023 110,6% |
| 22                           | <b>200 wisselslag</b>  | 2:18.27      | 2:21.47 |                | <b>2:16.67</b> | GPSK (BEL) 28/04/2024 107,1%        |
| 29                           | <b>50 schoolslag</b>   | 31.54        | 32.54   |                | <b>32.17</b>   | ANTWERPEN-BK (E30/07/2023) 102,3%   |
| 31                           | <b>200 vrije slag</b>  | 2:02.47      | 2:05.87 |                | <b>2:00.67</b> | OVK-Antwerpen (BE11/02/2023) 108,8% |