

PK lange afstand OV & WV
Zwevegem, 5/11/2023

1 - Voormiddag

05/11/2023 - 9:00

Programmanr. 1
05/11/2023 - 9:00

Dames, 800m vrije slag

11 jaar en ouder
Resultaten

Punten: FINA 2023

Rang					Inshr.	Tijd	Pnt		
11 jarigen West-Vlaanderen									
1.	Velghe Laura		IKZ/21118/12		10:22.00	10:45.09	405		
	50m: 34.26	200m: 2:34.66	350m: 4:37.38	500m: 6:41.27	650m: 8:44.95	800m: 10:45.09			
	100m: 1:13.61	250m: 3:14.75	400m: 5:18.81	550m: 7:22.94	700m: 9:25.98				
	150m: 1:54.28	300m: 3:56.02	450m: 6:00.18	600m: 8:03.68	750m: 10:06.81				
2.	Vernieuwe Irene		TZT/21110/12		13:14.18	11:43.84	312		
	50m: 39.90	200m: 2:52.00	350m: 5:05.70	500m: 7:22.78	650m: 9:37.75	800m: 11:43.84			
	100m: 1:23.91	250m: 3:36.38	400m: 5:50.93	550m: 8:07.62	700m: 10:21.37				
	150m: 2:08.51	300m: 4:20.85	450m: 6:36.84	600m: 8:52.45	750m: 11:04.33				
3.	Verstraete Linde		IKZ/21128/12		12:30.00	11:48.24	306		
	50m: 39.64	200m: 2:54.77	350m: 5:11.15	500m: 7:27.23	650m: 9:42.68	800m: 11:48.24			
	100m: 1:24.21	250m: 3:40.01	400m: 5:56.73	550m: 8:12.45	700m: 10:27.35				
	150m: 2:08.96	300m: 4:25.25	450m: 6:41.46	600m: 8:57.38	750m: 11:11.27				
4.	Noppe Pauline		IKZ/21126/12		12:08.00	11:50.89	302		
	50m: 38.90	200m: 2:53.52	350m: 5:07.88	500m: 7:22.88	650m: 9:40.35	800m: 11:50.89			
	100m: 1:22.61	250m: 3:38.47	400m: 5:53.33	550m: 8:09.45	700m: 10:26.71				
	150m: 2:07.56	300m: 4:23.25	450m: 6:38.31	600m: 8:55.41	750m: 11:11.72				
5.	Huyben Isolde		TZT/21123/12		12:23.16	12:00.30	291		
	50m: 39.22	200m: 2:54.49	350m: 5:12.34	500m: 7:30.31	650m: 9:49.36	800m: 12:00.30			
	100m: 1:23.30	250m: 3:39.82	400m: 5:59.01	550m: 8:17.13	700m: 10:35.24				
	150m: 2:09.49	300m: 4:25.82	450m: 6:43.63	600m: 9:03.39	750m: 11:20.59				
6.	Casteleyn Yana		ZB/21081/12		13:35.00	12:12.83	276		
	50m: 39.76	200m: 2:58.02	350m: 5:18.80	500m: 7:38.07	650m: 9:58.79	800m: 12:12.83			
	100m: 1:24.09	250m: 3:44.68	400m: 6:05.58	550m: 8:24.27	700m: 10:45.79				
	150m: 2:10.55	300m: 4:31.99	450m: 6:51.65	600m: 9:12.13	750m: 11:31.24				
7.	Wenes Joelia		MZK/21141/12		13:30.00	12:46.36	241		
	50m: 43.78	200m: 3:11.31	350m: 5:36.42	500m: 8:01.71	650m: 10:26.89	800m: 12:46.36			
	100m: 1:32.84	250m: 3:59.64	400m: 6:25.36	550m: 8:50.14	700m: 11:14.43				
	150m: 2:22.39	300m: 4:47.91	450m: 7:13.56	600m: 9:38.35	750m: 12:01.72				
8.	Callens Margaux		UZKZ/21118/12		14:38.69	13:04.13	225		
	50m: 45.89	250m: 4:07.00	400m: 6:36.49	550m: 9:04.80	700m: 11:31.88				
	100m: 1:36.69	300m: 4:57.03	450m: 7:26.33	600m: 9:54.29	750m: 12:20.58				
	200m: 3:16.48	350m: 5:46.25	500m: 8:15.92	650m: 10:43.11	800m: 13:04.13				
9.	Huysentruyt Flore-Marie		UZKZ/21126/12		14:24.41	13:41.72	196		
	50m: 45.18	200m: 3:18.77	350m: 5:57.82	500m: 8:36.27	650m: 11:14.10	800m: 13:41.72			
	100m: 1:35.96	250m: 4:11.14	400m: 6:50.81	550m: 9:28.65	700m: 12:06.66				
	150m: 2:27.25	300m: 5:04.30	450m: 7:43.85	600m: 10:21.67	750m: 12:56.65				

11 jarigen Oost-Vlaanderen

1.	De Vreese Julie		MEGA/21418/12		12:15.33	11:27.43	334		
	50m: 36.72	200m: 2:43.46	350m: 4:56.03	500m: 7:08.09	650m: 9:20.63	800m: 11:27.43			
	100m: 1:17.61	250m: 3:27.08	400m: 5:40.48	550m: 7:52.79	700m: 10:04.69				
	150m: 2:00.45	300m: 4:11.75	450m: 6:24.16	600m: 8:35.76	750m: 10:48.63				

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Programmanr. 1, Meisjes, 800m vrije slag, 11 jarigen Oost-Vlaanderen

Rang					Inschr.	Tijd	Pnt					
2.	Boterbergh Lieke				AST/21065/12	13:30.00	11:40.54	316				
	50m:	38.82	200m:	2:49.90	350m:	5:03.06	500m:	7:16.21	650m:	9:29.92	800m:	11:40.54
	100m:	1:22.11	250m:	3:34.24	400m:	5:48.39	550m:	8:01.12	700m:	10:14.65		
	150m:	2:06.19	300m:	4:18.13	450m:	6:32.24	600m:	8:45.37	750m:	10:58.59		
3.	Blancquaert Camille				MEGA/21348/12	11:20.05	12:00.35	291				
	50m:	38.40	200m:	2:49.47	350m:	5:05.07	500m:	7:26.70	650m:	9:49.11	800m:	12:00.35
	100m:	1:22.02	250m:	3:34.56	400m:	5:52.44	550m:	8:12.98	700m:	10:35.57		
	150m:	2:05.33	300m:	4:19.87	450m:	6:38.97	600m:	9:02.16	750m:	11:21.36		
4.	Vanhaecke Juliette				MEGA/21419/12	13:15.72	12:47.20	240				
	50m:	41.95	200m:	3:05.12	350m:	5:32.23	500m:	8:00.19	650m:	10:26.46	800m:	12:47.20
	100m:	1:28.60	250m:	3:53.88	400m:	6:21.75	550m:	8:49.14	700m:	11:15.42		
	150m:	2:16.48	300m:	4:43.18	450m:	7:10.79	600m:	9:37.15	750m:	12:03.00		
5.	Vander Mijnsbrugge Lore				AZL/21109/12	14:09.57	13:00.21	229				
	50m:	39.64	200m:	3:03.23	350m:	5:32.57	500m:	8:04.91	650m:	10:36.15	800m:	13:00.21
	100m:	1:27.28	250m:	3:52.87	400m:	6:23.95	550m:	8:55.42	700m:	11:28.23		
	150m:	2:15.80	300m:	4:41.76	450m:	7:13.82	600m:	9:45.81	750m:	12:18.48		
6.	Rutten Leonie				FIRST/21301/12	15:30.00	13:39.21	197				
	50m:	44.32	200m:	3:18.35	350m:	5:55.29	500m:	8:33.81	650m:	11:09.41	800m:	13:39.21
	100m:	1:34.55	250m:	4:10.55	400m:	6:47.70	550m:	9:25.19	700m:	12:00.46		
	150m:	2:25.82	300m:	5:02.72	450m:	7:40.28	600m:	10:18.21	750m:	12:51.91		
7.	Isildak Clara				FIRST/21298/12	15:30.00	13:46.72	192				
	50m:	42.46	200m:	3:14.55	350m:	5:50.58	500m:	8:32.77	650m:	11:14.09	800m:	13:46.72
	100m:	1:30.78	250m:	4:05.71	400m:	6:44.74	550m:	9:25.70	700m:	12:08.46		
	150m:	2:21.29	300m:	4:58.34	450m:	7:38.91	600m:	10:19.21	750m:	13:01.71		

12 Jarigen West-Vlaanderen

1.	Lammens Mary				TZT/21095/11	10:21.82	9:42.97	549				
	50m:	33.21	200m:	2:21.76	350m:	4:11.84	500m:	6:01.21	650m:	7:53.40	800m:	9:42.97
	100m:	1:08.85	250m:	2:58.60	400m:	4:48.09	550m:	6:38.23	700m:	8:30.60		
	150m:	1:45.67	300m:	3:35.41	450m:	5:24.43	600m:	7:15.73	750m:	9:08.15		
2.	De Bruycker Chloë				TZT/21096/11	11:40.96	9:50.36	528				
	50m:	34.80	200m:	2:28.76	350m:	4:21.33	500m:	6:13.21	650m:	8:03.71	800m:	9:50.36
	100m:	1:12.83	250m:	3:06.07	400m:	4:58.61	550m:	6:50.03	700m:	8:40.42		
	150m:	1:50.50	300m:	3:43.88	450m:	5:35.89	600m:	7:27.15	750m:	9:15.86		
3.	Vandekerckhove Juliette				TZT/21114/11	10:58.52	10:05.70	489				
	50m:	35.82	200m:	2:29.61	350m:	4:24.29	500m:	6:18.94	650m:	8:14.20	800m:	10:05.70
	100m:	1:13.47	250m:	3:07.55	400m:	5:02.42	550m:	6:57.67	700m:	8:52.57		
	150m:	1:51.23	300m:	3:45.51	450m:	5:40.86	600m:	7:36.01	750m:	9:29.96		
4.	Linskens Elloise				TZT/21098/11	11:21.12	10:12.81	472				
	50m:	35.19	200m:	2:30.36	350m:	4:27.00	500m:	6:23.83	650m:	8:19.90	800m:	10:12.81
	100m:	1:13.42	250m:	3:09.18	400m:	5:06.20	550m:	7:02.63	700m:	8:58.69		
	150m:	1:52.08	300m:	3:48.23	450m:	5:44.77	600m:	7:41.24	750m:	9:36.54		
5.	Meulemeester Nore				TZT/21101/11	11:20.54	10:28.92	437				
	50m:	35.92	200m:	2:36.57	350m:	4:36.45	500m:	6:35.35	650m:	8:33.53	800m:	10:28.92
	100m:	1:15.20	250m:	3:16.89	400m:	5:16.16	550m:	7:15.21	700m:	9:12.89		
	150m:	1:55.88	300m:	3:56.42	450m:	5:55.48	600m:	7:54.05	750m:	9:51.62		
6.	Coopman Isolde				TZT/21104/11	11:28.97	10:29.29	436				
	50m:	34.99	200m:	2:30.11	350m:	4:29.41	500m:	6:30.48	650m:	8:31.11	800m:	10:29.29
	100m:	1:12.99	250m:	3:09.72	400m:	5:09.50	550m:	7:10.19	700m:	9:11.01		
	150m:	1:51.70	300m:	3:49.31	450m:	5:49.61	600m:	7:50.93	750m:	9:51.04		

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Programmanr. 1, Meisjes, 800m vrije slag, 12 Jarigen West-Vlaanderen

Rang			Inschr.				Tijd	Pnt
7.	Depaepe Elize		ROSC/21236/11				10:25.00	10:35.17 424
	50m: 36.31	200m: 2:34.97	350m: 4:34.35	500m: 6:35.00	650m: 8:36.89	800m: 10:35.17		
	100m: 1:16.03	250m: 3:14.75	400m: 5:14.62	550m: 7:15.31	700m: 9:17.43			
	150m: 1:55.56	300m: 3:54.35	450m: 5:54.70	600m: 7:55.93	750m: 9:58.50			
8.	Darras Nina		TZT/21097/11				12:22.61	10:37.02 420
	50m: 36.00	200m: 2:36.60	350m: 4:36.81	500m: 6:37.93	650m: 8:39.03	800m: 10:37.02		
	100m: 1:15.47	250m: 3:16.39	400m: 5:16.96	550m: 7:18.35	700m: 9:19.93			
	150m: 1:56.05	300m: 3:56.42	450m: 5:57.42	600m: 7:58.44	750m: 10:00.27			
9.	Van Houcke Imke		KWZC/21078/11				11:22.61	10:54.97 387
	50m: 36.24	200m: 2:39.68	350m: 4:45.36	500m: 6:50.13	650m: 8:55.02	800m: 10:54.97		
	100m: 1:16.82	250m: 3:21.68	400m: 5:27.02	550m: 7:32.08	700m: 9:36.11			
	150m: 1:58.82	300m: 4:03.61	450m: 6:08.99	600m: 8:13.52	750m: 10:16.32			
10.	Druwel Nora		ZTB/21057/11				11:12.07	10:56.63 384
	50m: 36.19	200m: 2:40.48	350m: 4:47.11	500m: 6:53.17	650m: 8:57.86	800m: 10:56.63		
	100m: 1:17.52	250m: 3:22.44	400m: 5:29.34	550m: 7:35.39	700m: 9:38.94			
	150m: 1:58.78	300m: 4:04.69	450m: 6:11.21	600m: 8:16.39	750m: 10:18.72			
11.	Schacht Hanne		IKZ/21104/11				11:08.83	10:57.86 382
	50m: 34.41	200m: 2:35.94	350m: 4:41.77	500m: 6:49.09	650m: 8:56.68	800m: 10:57.86		
	100m: 1:13.74	250m: 3:17.85	400m: 5:24.42	550m: 7:31.92	700m: 9:38.46			
	150m: 1:54.76	300m: 4:00.14	450m: 6:06.58	600m: 8:14.46	750m: 10:18.88			
12.	De Bruyne Silke		MZK/21128/11				12:42.17	11:22.32 342
	50m: 38.09	200m: 2:48.63	350m: 4:59.64	500m: 7:11.35	650m: 9:19.89	800m: 11:22.32		
	100m: 1:21.13	250m: 3:32.29	400m: 5:43.02	550m: 7:54.57	700m: 10:01.88			
	150m: 2:05.06	300m: 4:15.48	450m: 6:27.21	600m: 8:37.71	750m: 10:43.47			
13.	Bonassi H�el�ene		UZKZ/21124/11				12:52.13	11:45.69 309
	50m: 39.28	200m: 2:53.97	350m: 5:09.31	500m: 7:24.63	650m: 9:38.04	800m: 11:45.69		
	100m: 1:23.46	250m: 3:38.62	400m: 5:54.83	550m: 8:09.53	700m: 10:22.76			
	150m: 2:08.56	300m: 4:24.35	450m: 6:39.37	600m: 8:53.68	750m: 11:05.55			
14.	Verhelst Tiele		IKZ/21113/11				12:30.00	11:49.93 304
	50m: 37.66	200m: 2:50.08	350m: 5:06.41	500m: 7:21.79	650m: 9:38.70	800m: 11:49.93		
	100m: 1:20.52	250m: 3:36.22	400m: 5:51.95	550m: 8:07.75	700m: 10:24.61			
	150m: 2:05.53	300m: 4:21.06	450m: 6:37.29	600m: 8:53.27	750m: 11:08.59			
15.	Vandermale Ellie		UZKZ/21123/11				13:44.28	12:40.27 247
	50m: 41.93	200m: 3:05.15	350m: 5:30.02	500m: 7:54.13	650m: 10:19.03	800m: 12:40.27		
	100m: 1:28.80	250m: 3:53.58	400m: 6:18.13	550m: 8:42.09	700m: 11:07.15			
	150m: 2:16.88	300m: 4:42.12	450m: 7:05.62	600m: 9:30.66	750m: 11:54.08			

12 Jarigen Oost-Vlaanderen

1.	De Cuyper Mayl�e		FAST/21034/11				12:01.09	10:37.07 420
	50m: 35.22	200m: 2:30.90	350m: 4:32.08	500m: 6:33.88	650m: 8:37.40	800m: 10:37.07		
	100m: 1:13.10	250m: 3:11.15	400m: 5:12.50	550m: 7:14.24	700m: 9:17.35			
	150m: 1:51.50	300m: 3:51.59	450m: 5:52.95	600m: 7:55.39	750m: 9:58.04			
2.	Maes Noor		AST/21062/11				12:12.97	10:38.23 418
	50m: 33.98	200m: 2:32.38	350m: 4:35.30	500m: 6:37.38	650m: 8:39.72	800m: 10:38.23		
	100m: 1:12.28	250m: 3:13.09	400m: 5:16.52	550m: 7:18.72	700m: 9:20.21			
	150m: 1:52.03	300m: 3:54.16	450m: 5:56.76	600m: 7:59.15	750m: 10:00.63			
3.	Malfait Lizanna (Lizi)		FAST/21024/11				12:00.15	11:22.55 342
	50m: 37.89	200m: 2:49.69	350m: 4:59.39	500m: 7:10.48	650m: 9:18.58	800m: 11:22.55		
	100m: 1:22.00	250m: 3:33.35	400m: 5:43.48	550m: 7:53.27	700m: 10:01.34			
	150m: 2:05.09	300m: 4:17.08	450m: 6:27.15	600m: 8:35.98	750m: 10:42.57			

PK lange afstand OV & WV
Zwevegem, 5/11/2023

Programmanr. 1, Meisjes, 800m vrije slag, 12 Jarigen Oost-Vlaanderen

Rang			Inscr.				Tijd	Pnt
4.	Strobbe Maja		MEGA/21394/11 12:30.05				11:31.01	329
	50m: 36.99	200m: 2:46.26	350m: 4:58.40	500m: 7:12.58	650m: 9:25.16	800m: 11:31.01		
	100m: 1:19.66	250m: 3:29.85	400m: 5:43.59	550m: 7:57.30	700m: 10:08.80			
	150m: 2:03.67	300m: 4:13.87	450m: 6:27.22	600m: 8:41.64	750m: 10:51.71			
5.	Meganck Lio		AST/21063/11 13:30.00				11:43.00	313
	50m: 39.44	200m: 2:52.36	350m: 5:06.86	500m: 7:19.42	650m: 9:32.50	800m: 11:43.00		
	100m: 1:23.10	250m: 3:37.17	400m: 5:50.93	550m: 8:03.71	700m: 10:16.85			
	150m: 2:08.61	300m: 4:22.26	450m: 6:34.28	600m: 8:48.51	750m: 11:00.32			
6.	Bulckaen Janne		MEGA/21327/11 11:56.05				12:00.95	290
	50m: 39.26	200m: 2:54.09	350m: 5:13.23	500m: 7:31.18	650m: 9:49.79	800m: 12:00.95		
	100m: 1:23.24	250m: 3:40.16	400m: 5:59.18	550m: 8:17.98	700m: 10:34.96			
	150m: 2:08.41	300m: 4:26.82	450m: 6:45.04	600m: 9:04.64	750m: 11:19.54			
7.	Privé Inès		FAST/21097/11 13:42.66				12:12.67	276
	50m: 42.18	200m: 3:01.32	350m: 5:22.24	500m: 7:41.88	650m: 10:01.26	800m: 12:12.67		
	100m: 1:27.66	250m: 3:47.53	400m: 6:07.54	550m: 8:28.96	700m: 10:47.43			
	150m: 2:14.37	300m: 4:35.08	450m: 6:55.23	600m: 9:16.76	750m: 11:31.86			
8.	Van Ooteghem Kyana		FAST/21095/11 13:45.65				12:36.67	251
	50m: 40.82	200m: 3:02.51	350m: 5:26.94	500m: 7:51.38	650m: 10:16.32	800m: 12:36.67		
	100m: 1:26.80	250m: 3:50.34	400m: 6:15.13	550m: 8:39.59	700m: 11:05.73			
	150m: 2:14.87	300m: 4:38.31	450m: 7:03.90	600m: 9:28.24	750m: 11:54.67			
9.	Vander Mijnsbrugge Lani		AZL/21108/11 13:24.11				12:49.40	238
	50m: 38.05	200m: 2:57.85	350m: 5:23.10	500m: 7:51.98	650m: 10:26.06	800m: 12:49.40		
	100m: 1:22.31	250m: 3:45.70	400m: 6:10.79	550m: 8:45.05	700m: 11:15.95			
	150m: 2:09.24	300m: 4:33.53	450m: 7:00.15	600m: 9:36.15	750m: 12:04.80			

13 Jarigen West-Vlaanderen

1.	Decoutere Imani		KZK/21111/10 10:30.82				9:53.63	520
	50m: 33.68	200m: 2:24.78	350m: 4:17.43	500m: 6:10.59	650m: 8:03.57	800m: 9:53.63		
	100m: 1:10.14	250m: 3:02.42	400m: 4:54.85	550m: 6:48.14	700m: 8:41.06			
	150m: 1:47.30	300m: 3:39.84	450m: 5:32.69	600m: 7:25.88	750m: 9:18.38			
2.	Desmet Lieze		TZT/21077/10 10:00.68				9:56.21	513
	50m: 33.15	200m: 2:24.94	350m: 4:17.26	500m: 6:10.49	650m: 8:04.04	800m: 9:56.21		
	100m: 1:09.91	250m: 3:02.19	400m: 4:55.23	550m: 6:48.33	700m: 8:41.83			
	150m: 1:47.27	300m: 3:39.79	450m: 5:33.01	600m: 7:26.04	750m: 9:19.82			
3.	Van Cauwenberge Catho		ROSC/21278/10 10:20.00				10:22.85	450
	50m: 34.58	200m: 2:31.66	350m: 4:29.76	500m: 6:28.15	650m: 8:26.91	800m: 10:22.85		
	100m: 1:12.79	250m: 3:11.01	400m: 5:09.06	550m: 7:08.02	700m: 9:05.80			
	150m: 1:52.12	300m: 3:50.08	450m: 5:48.51	600m: 7:47.25	750m: 9:45.73			
4.	Deraedt Tille		KWZC/21082/10 12:16.96				11:06.49	367
	50m: 35.21	200m: 2:39.99	350m: 4:48.63	500m: 6:57.40	650m: 9:04.29	800m: 11:06.49		
	100m: 1:16.32	250m: 3:23.31	400m: 5:31.58	550m: 7:39.16	700m: 9:46.95			
	150m: 1:58.50	300m: 4:06.45	450m: 6:14.25	600m: 8:22.01	750m: 10:29.12			
5.	Casier Camille		UZKZ/21107/10 11:40.61				11:15.51	353
	50m: 38.67	200m: 2:45.63	350m: 4:53.81	500m: 7:01.99	650m: 9:08.30	800m: 11:15.51		
	100m: 1:20.21	250m: 3:28.61	400m: 5:36.66	550m: 7:44.46	700m: 9:49.66			
	150m: 2:02.63	300m: 4:10.79	450m: 6:19.25	600m: 8:26.92	750m: 10:28.43			
6.	Meurisse Kyana		UZKZ/21150/10 11:53.72				11:36.88	321
	50m: 38.16	200m: 2:50.38	350m: 5:04.49	500m: 7:18.57	650m: 9:30.87	800m: 11:36.88		
	100m: 1:21.56	250m: 3:35.47	400m: 5:49.51	550m: 8:02.63	700m: 10:15.24			
	150m: 2:06.04	300m: 4:19.49	450m: 6:33.80	600m: 8:46.96	750m: 10:58.37			

FF Deprez Julie

FFZB/21094/10 13:45.00

PK lange afstand OV & WV
Zwevegem, 5/11/2023

Programmanr. 1, Dames, 800m vrije slag

13 Jarigen Oost-Vlaanderen

1. Guisset Jelle	AST/21057/10	10:04.40	9:50.41	528	
50m: 33.60	200m: 2:27.27	350m: 4:21.02	500m: 6:12.19	650m: 8:03.14	800m: 9:50.41
100m: 1:11.16	250m: 3:05.26	400m: 4:58.09	550m: 6:49.29	700m: 8:39.44	
150m: 1:49.23	300m: 3:43.21	450m: 5:35.01	600m: 7:26.41	750m: 9:15.58	
2. De Mulder Chloë	STA/21049/10	10:32.99	10:03.43	495	
50m: 34.93	200m: 2:27.78	350m: 4:22.30	500m: 6:16.08	650m: 8:11.04	800m: 10:03.43
100m: 1:12.44	250m: 3:05.55	400m: 5:00.16	550m: 6:54.25	700m: 8:48.83	
150m: 1:50.09	300m: 3:43.52	450m: 5:37.79	600m: 7:32.55	750m: 9:27.14	
3. Schram Mila	MEGA/21296/10	10:58.59	10:19.25	458	
50m: 34.98	200m: 2:32.55	350m: 4:31.36	500m: 6:28.66	650m: 8:26.15	800m: 10:19.25
100m: 1:14.12	250m: 3:11.92	400m: 5:10.70	550m: 7:08.88	700m: 9:04.65	
150m: 1:53.55	300m: 3:51.98	450m: 5:49.51	600m: 7:47.85	750m: 9:42.80	
4. Wachtelaer Charlot	AST/21051/10	10:49.94	10:19.81	457	
50m: 34.52	200m: 2:31.37	350m: 4:29.35	500m: 6:27.18	650m: 8:25.55	800m: 10:19.81
100m: 1:12.98	250m: 3:10.53	400m: 5:08.52	550m: 7:06.63	700m: 9:04.12	
150m: 1:52.03	300m: 3:50.08	450m: 5:47.92	600m: 7:46.08	750m: 9:42.59	
5. Van Den Brecht Sarah	AZL/21085/10	10:35.31	10:21.28	453	
50m: 33.97	200m: 2:28.43	350m: 4:26.65	500m: 6:25.71	650m: 8:25.16	800m: 10:21.28
100m: 1:11.86	250m: 3:06.88	400m: 5:05.67	550m: 7:05.36	700m: 9:05.24	
150m: 1:50.25	300m: 3:46.73	450m: 5:45.71	600m: 7:45.19	750m: 9:44.57	
6. Claeys Amélie	MEGA/21344/10	11:48.92	11:36.82	321	
50m: 38.51	200m: 2:50.57	350m: 5:04.91	500m: 7:18.11	650m: 9:30.15	800m: 11:36.82
100m: 1:21.82	250m: 3:35.09	400m: 5:50.07	550m: 8:02.00	700m: 10:13.86	
150m: 2:06.06	300m: 4:19.98	450m: 6:33.86	600m: 8:45.87	750m: 10:57.42	
7. Bonnier Charlène	FAST/21033/10	13:41.33	12:15.91	273	
50m: 41.63	200m: 2:59.55	350m: 5:18.59	500m: 7:41.15	650m: 10:02.59	800m: 12:15.91
100m: 1:26.65	250m: 3:45.73	400m: 6:05.72	550m: 8:28.12	700m: 10:48.32	
150m: 2:13.48	300m: 4:31.39	450m: 6:53.14	600m: 9:15.56	750m: 11:35.05	
8. De Grieve Ona	FIRST/21217/10	12:46.09	12:23.67	264	
50m: 40.27	200m: 2:57.07	350m: 5:18.48	500m: 7:41.51	650m: 10:04.08	800m: 12:23.67
100m: 1:24.18	250m: 3:44.54	400m: 6:06.57	550m: 8:29.22	700m: 10:50.35	
150m: 2:10.48	300m: 4:31.85	450m: 6:54.45	600m: 9:17.00	750m: 11:37.23	
9. Vander Mijnsbrugge Lisa	AZL/21101/10	12:50.05	12:26.50	261	
50m: 40.01	200m: 2:59.39	350m: 5:24.27	500m: 7:48.01	650m: 10:10.89	800m: 12:26.50
100m: 1:26.17	250m: 3:47.00	400m: 6:10.46	550m: 8:33.75	700m: 10:58.71	
150m: 2:12.63	300m: 4:34.90	450m: 7:00.27	600m: 9:22.73	750m: 11:45.78	

14 Jarigen West-Vlaanderen

1. Devolder Yelena	IKZ/21086/09	10:15.30	9:55.87	514	
50m: 33.78	200m: 2:26.21	350m: 4:19.05	500m: 6:12.13	650m: 8:05.98	800m: 9:55.87
100m: 1:10.48	250m: 3:03.77	400m: 4:56.51	550m: 6:50.18	700m: 8:43.90	
150m: 1:48.32	300m: 3:41.40	450m: 5:34.31	600m: 7:28.11	750m: 9:20.90	
2. Depondt-Velter Tille	ROSC/21212/09	10:15.00	10:10.28	478	
50m: 34.44	200m: 2:28.05	350m: 4:22.75	500m: 6:19.23	650m: 8:16.06	800m: 10:10.28
100m: 1:11.90	250m: 3:05.93	400m: 5:01.52	550m: 6:58.07	700m: 8:55.23	
150m: 1:49.86	300m: 3:44.05	450m: 5:40.28	600m: 7:36.96	750m: 9:33.85	
3. Caus Floor	KZK/21127/09	10:46.28	10:22.96	450	
50m: 34.47	200m: 2:30.28	350m: 4:27.30	500m: 6:25.71	650m: 8:25.71	800m: 10:22.96
100m: 1:12.47	250m: 3:09.18	400m: 5:06.62	550m: 7:05.86	700m: 9:06.09	
150m: 1:51.21	300m: 3:48.23	450m: 5:45.85	600m: 7:46.31	750m: 9:45.27	

PK lange afstand OV & WV
Zwevegem, 5/11/2023

Programmanr. 1, Meisjes, 800m vrije slag, 14 Jarigen West-Vlaanderen

Rang					Inschr.	Tijd	Pnt					
4.	Depondt-Velter Nette				ROSC/21239/09	10:30.00	10:26.73	442				
	50m:	35.90	200m:	2:33.38	350m:	4:32.31	500m:	6:31.87	650m:	8:30.08	800m:	10:26.73
	100m:	1:15.85	250m:	3:12.50	400m:	5:12.16	550m:	7:10.78	700m:	9:09.97		
	150m:	1:54.62	300m:	3:52.52	450m:	5:52.30	600m:	7:50.72	750m:	9:49.83		
5.	Notredame Ine				ZB/21064/09	11:08.18	10:33.47	428				
	50m:	35.59	200m:	2:37.95	350m:	4:40.66	500m:	6:42.78	650m:	8:42.65	800m:	10:33.47
	100m:	1:15.80	250m:	3:18.91	400m:	5:21.69	550m:	7:23.16	700m:	9:21.83		
	150m:	1:56.45	300m:	3:59.73	450m:	6:02.30	600m:	8:03.23	750m:	9:59.64		
6.	Bouttelegier Anaïs				ZB/21071/09	11:14.22	10:44.63	406				
	50m:	36.84	200m:	2:39.70	350m:	4:44.85	500m:	6:46.52	650m:	8:48.10	800m:	10:44.63
	100m:	1:17.52	250m:	3:21.29	400m:	5:25.40	550m:	7:27.25	700m:	9:28.33		
	150m:	1:58.90	300m:	4:02.56	450m:	6:06.01	600m:	8:07.28	750m:	10:07.26		
7.	Demuyndck Margot				ZB/21073/09	11:30.00	10:56.60	384				
	50m:	37.32	200m:	2:41.48	350m:	4:45.92	500m:	6:50.92	650m:	8:56.25	800m:	10:56.60
	100m:	1:19.04	250m:	3:23.29	400m:	5:27.45	550m:	7:32.74	700m:	9:37.69		
	150m:	2:00.19	300m:	4:04.47	450m:	6:09.42	600m:	8:14.19	750m:	10:18.19		
8.	Ghillebert Hannelore				ROSC/21234/09	11:18.00	11:09.35	362				
	50m:	35.53	200m:	2:39.59	350m:	4:46.75	500m:	6:54.15	650m:	9:03.62	800m:	11:09.35
	100m:	1:15.40	250m:	3:21.60	400m:	5:28.64	550m:	7:37.56	700m:	9:47.04		
	150m:	1:56.91	300m:	4:04.40	450m:	6:11.23	600m:	8:20.52	750m:	10:29.88		
9.	Goemaere Alizée				ZB/21088/09	12:00.00	11:10.23	361				
	50m:	35.96	200m:	2:40.00	350m:	4:48.61	500m:	6:57.96	650m:	9:06.37	800m:	11:10.23
	100m:	1:16.09	250m:	3:22.62	400m:	5:31.78	550m:	7:41.32	700m:	9:49.14		
	150m:	1:57.85	300m:	4:05.34	450m:	6:14.80	600m:	8:24.53	750m:	10:29.95		
10.	Vanden Baviere Margo				MZK/21096/09	11:25.34	11:14.91	353				
	50m:	36.14	200m:	2:44.17	350m:	4:52.12	500m:	7:00.61	650m:	9:08.92	800m:	11:14.91
	100m:	1:17.79	250m:	3:26.99	400m:	5:35.62	550m:	7:43.35	700m:	9:51.72		
	150m:	2:00.39	300m:	4:09.43	450m:	6:18.34	600m:	8:25.79	750m:	10:34.21		
11.	Van Gansbeke Rhune				KWZC/21079/09	12:10.62	11:27.36	335				
	50m:	39.21	200m:	2:47.94	350m:	4:58.06	500m:	7:08.97	650m:	9:21.18	800m:	11:27.36
	100m:	1:21.47	250m:	3:31.61	400m:	5:41.44	550m:	7:53.09	700m:	10:05.14		
	150m:	2:04.84	300m:	4:14.33	450m:	6:24.98	600m:	8:37.00	750m:	10:49.05		
12.	Rambour Elyne				KWZC/21095/09	12:10.13	11:44.76	310				
	50m:	37.61	200m:	2:47.21	350m:	4:59.37	500m:	7:15.59	650m:	9:32.33	800m:	11:44.76
	100m:	1:19.94	250m:	3:31.11	400m:	5:44.29	550m:	8:01.27	700m:	10:17.83		
	150m:	2:03.49	300m:	4:14.74	450m:	6:29.47	600m:	8:46.39	750m:	11:03.42		

14 Jarigen Oost-Vlaanderen

1.	Van Avondt Lina				STA/21039/09	9:48.99	9:35.73	570				
	50m:	32.69	200m:	2:20.88	350m:	4:10.29	500m:	5:59.49	650m:	7:49.29	800m:	9:35.73
	100m:	1:08.28	250m:	2:57.23	400m:	4:47.22	550m:	6:36.12	700m:	8:26.12		
	150m:	1:44.39	300m:	3:33.52	450m:	5:23.46	600m:	7:12.80	750m:	9:02.30		
2.	De Wolf Tine				AST/21058/09	10:46.82	10:05.64	489				
	50m:	34.55	200m:	2:27.52	350m:	4:23.31	500m:	6:18.48	650m:	8:14.10	800m:	10:05.64
	100m:	1:11.76	250m:	3:05.98	400m:	5:02.42	550m:	6:57.10	700m:	8:52.31		
	150m:	1:49.67	300m:	3:44.47	450m:	5:40.09	600m:	7:35.99	750m:	9:30.03		
3.	Delporte Lotte				STW/21156/09	10:16.57	10:08.48	483				
	50m:	34.39	200m:	2:27.40	350m:	4:21.82	500m:	6:17.99	650m:	8:15.54	800m:	10:08.48
	100m:	1:11.51	250m:	3:05.63	400m:	5:00.80	550m:	6:57.05	700m:	8:54.69		
	150m:	1:49.61	300m:	3:43.49	450m:	5:39.32	600m:	7:36.26	750m:	9:33.28		

PK lange afstand OV & WV
Zwevegem, 5/11/2023

Programmanr. 1, Meisjes, 800m vrije slag, 14 Jarigen Oost-Vlaanderen

Rang	Inschr.	Tijd	Pnt
4.	Vlamijnck Lore 50m: 33.68 200m: 2:27.06 350m: 4:24.02 500m: 6:22.80 650m: 8:21.73 800m: 10:16.50 100m: 1:11.04 250m: 3:05.58 400m: 5:03.53 550m: 7:02.49 700m: 9:00.95 150m: 1:49.01 300m: 3:44.26 450m: 5:43.27 600m: 7:42.24 750m: 9:39.73	STA/21024/09 10:12.99	10:16.50 464
5.	Dumont Mila 50m: 35.13 200m: 2:31.44 350m: 4:28.97 500m: 6:26.97 650m: 8:24.55 800m: 10:22.13 100m: 1:13.35 250m: 3:10.24 400m: 5:08.32 550m: 7:06.15 700m: 9:04.05 150m: 1:52.11 300m: 3:49.48 450m: 5:47.71 600m: 7:45.43 750m: 9:43.54	MEGA/21335/09 10:40.34	10:22.13 451
6.	Sterken Nila 50m: 32.56 200m: 2:30.15 350m: 4:29.44 500m: 6:31.10 650m: 8:33.96 800m: 10:29.38 100m: 1:10.52 250m: 3:10.02 400m: 5:10.01 550m: 7:11.93 700m: 9:13.97 150m: 1:50.43 300m: 3:49.43 450m: 5:50.37 600m: 7:52.97 750m: 9:52.39	FAST/21018/09 11:26.50	10:29.38 436
7.	Martelé Lore 50m: 34.83 200m: 2:31.77 350m: 4:33.10 500m: 6:35.52 650m: 8:35.61 800m: 10:32.90 100m: 1:12.68 250m: 3:12.11 400m: 5:13.50 550m: 7:15.51 700m: 9:15.52 150m: 1:51.57 300m: 3:52.78 450m: 5:54.50 600m: 7:55.77 750m: 9:55.16	MEGA/21280/09 10:52.35	10:32.90 429
8.	Sanders Juliette 50m: 37.60 200m: 2:45.41 350m: 4:51.94 500m: 6:58.05 650m: 9:03.24 800m: 11:07.20 100m: 1:19.84 250m: 3:28.17 400m: 5:34.46 550m: 7:39.99 700m: 9:44.40 150m: 2:02.48 300m: 4:10.35 450m: 6:16.32 600m: 8:21.76 750m: 10:26.25	MEGA/21258/09 12:37.81	11:07.20 366
9.	Baeke Stine 50m: 38.69 200m: 2:45.86 350m: 4:52.65 500m: 6:59.19 650m: 9:04.72 800m: 11:09.12 100m: 1:20.16 250m: 3:28.27 400m: 5:35.05 550m: 7:41.08 700m: 9:46.47 150m: 2:02.83 300m: 4:10.44 450m: 6:16.78 600m: 8:23.06 750m: 10:29.08	MEGA/21332/09 12:38.46	11:09.12 363
10.	Minnoye Yaana 50m: 36.82 200m: 2:42.20 350m: 4:51.98 500m: 7:01.64 650m: 9:12.79 800m: 11:19.96 100m: 1:17.93 250m: 3:25.34 400m: 5:34.97 550m: 7:45.14 700m: 9:56.71 150m: 1:59.68 300m: 4:08.72 450m: 6:18.11 600m: 8:28.95 750m: 10:39.56	FIRST/21226/09 11:30.75	11:19.96 346
11.	Delor Tila 50m: 36.80 200m: 2:41.61 350m: 4:51.49 500m: 7:04.67 650m: 9:18.96 800m: 11:28.93 100m: 1:17.85 250m: 3:24.14 400m: 5:35.29 550m: 7:48.86 700m: 10:03.07 150m: 1:59.55 300m: 4:07.38 450m: 6:20.06 600m: 8:34.22 750m: 10:47.42	FAST/21002/09 11:36.37	11:28.93 332
12.	Debaets Lies 50m: 37.91 200m: 2:49.57 350m: 5:04.77 500m: 7:19.49 650m: 9:33.59 800m: 11:41.22 100m: 1:19.83 250m: 3:34.32 400m: 5:49.60 550m: 8:04.08 700m: 10:17.95 150m: 2:04.59 300m: 4:19.18 450m: 6:34.56 600m: 8:48.69 750m: 11:01.72	AZL/21117/09 12:09.52	11:41.22 315
FF	Maes Marthe	FFAST/21055/09 11:03.60	

15-16 Jarigen West-Vlaanderen

1.	Lammens Louise 50m: 32.20 200m: 2:18.33 350m: 4:06.63 500m: 5:55.61 650m: 7:45.23 800m: 9:33.32 100m: 1:07.13 250m: 2:54.12 400m: 4:42.88 550m: 6:31.86 700m: 8:22.11 150m: 1:42.71 300m: 3:30.33 450m: 5:19.24 600m: 7:08.65 750m: 8:58.85	TZT/21069/08 9:36.46	9:33.32 577
2.	Desmet Fien 50m: 33.27 200m: 2:22.29 350m: 4:12.71 500m: 6:02.85 650m: 7:53.16 800m: 9:41.83 100m: 1:08.95 250m: 2:59.16 400m: 4:49.58 550m: 6:39.66 700m: 8:29.82 150m: 1:45.47 300m: 3:35.97 450m: 5:26.20 600m: 7:16.43 750m: 9:06.57	TZT/21062/08 9:59.38	9:41.83 552
3.	Schollaert Jolijn 50m: 33.06 200m: 2:25.49 350m: 4:18.36 500m: 6:11.56 650m: 8:05.39 800m: 9:56.74 100m: 1:09.90 250m: 3:03.08 400m: 4:56.07 550m: 6:49.50 700m: 8:42.93 150m: 1:47.91 300m: 3:40.56 450m: 5:33.75 600m: 7:27.35 750m: 9:20.50	ROSC/21114/07 10:00.00	9:56.74 512

PK lange afstand OV & WV
Zwevegem, 5/11/2023

Programmanr. 1, Meisjes, 800m vrije slag, 15-16 Jarigen West-Vlaanderen

Rang					Inschr.	Tijd	Pnt		
4.	Eeckhout Fleur		ZB/21048/08		10:25.74	10:02.42	497		
	50m: 34.12	200m: 2:27.96	350m: 4:22.99	500m: 6:17.94	650m: 8:12.60	800m: 10:02.42			
	100m: 1:11.54	250m: 3:06.16	400m: 5:01.39	550m: 6:56.28	700m: 8:50.73				
	150m: 1:49.73	300m: 3:44.41	450m: 5:39.67	600m: 7:34.55	750m: 9:27.58				
5.	Rysman Aurélie		KWZC/21061/08		10:43.02	10:17.30	462		
	50m: 35.51	200m: 2:34.40	350m: 4:31.81	500m: 6:30.15	650m: 8:25.90	800m: 10:17.30			
	100m: 1:14.89	250m: 3:12.97	400m: 5:11.70	550m: 7:09.16	700m: 9:04.10				
	150m: 1:54.34	300m: 3:52.42	450m: 5:50.72	600m: 7:47.98	750m: 9:41.38				
6.	Raepsaet Stien		ZB/21052/07		10:30.00	10:28.71	437		
	50m: 34.76	200m: 2:31.53	350m: 4:30.74	500m: 6:30.13	650m: 8:30.52	800m: 10:28.71			
	100m: 1:12.93	250m: 3:11.31	400m: 5:10.47	550m: 7:10.53	700m: 9:11.01				
	150m: 1:51.90	300m: 3:50.80	450m: 5:49.97	600m: 7:50.59	750m: 9:50.60				
7.	Bhija Noor		KWZC/21092/08		11:11.66	10:34.71	425		
	50m: 34.48	200m: 2:31.90	350m: 4:31.83	500m: 6:33.17	650m: 8:34.52	800m: 10:34.71			
	100m: 1:13.37	250m: 3:11.60	400m: 5:12.09	550m: 7:13.54	700m: 9:15.88				
	150m: 1:52.48	300m: 3:51.79	450m: 5:52.58	600m: 7:54.07	750m: 9:56.80				
8.	Desmet Marie		ZTZ/21029/08		11:06.43	10:49.61	396		
	50m: 35.24	200m: 2:36.62	350m: 4:41.65	500m: 6:46.56	650m: 8:50.13	800m: 10:49.61			
	100m: 1:15.38	250m: 3:18.00	400m: 5:23.18	550m: 7:27.69	700m: 9:31.10				
	150m: 1:55.87	300m: 3:59.80	450m: 6:04.98	600m: 8:09.09	750m: 10:11.41				
9.	Broché Norah		KWZC/21059/07		11:04.11	10:50.84	394		
	50m: 35.65	200m: 2:36.07	350m: 4:38.60	500m: 6:41.69	650m: 8:45.49	800m: 10:50.84			
	100m: 1:15.10	250m: 3:16.55	400m: 5:19.24	550m: 7:22.73	700m: 9:28.22				
	150m: 1:55.56	300m: 3:57.60	450m: 6:00.39	600m: 8:03.99	750m: 10:10.49				
10.	Thyvelen Lise		ZB/21050/08		11:25.79	10:52.39	391		
	50m: 35.41	200m: 2:36.25	350m: 4:39.30	500m: 6:44.61	650m: 8:49.27	800m: 10:52.39			
	100m: 1:14.98	250m: 3:17.41	400m: 5:21.27	550m: 7:25.63	700m: 9:31.26				
	150m: 1:55.34	300m: 3:58.12	450m: 6:03.09	600m: 8:07.30	750m: 10:12.56				
11.	Rosseau Rinske		KWZC/21051/07		11:00.00	11:03.12	373		
	50m: 37.02	200m: 2:40.44	350m: 4:46.33	500m: 6:53.84	650m: 8:59.77	800m: 11:03.12			
	100m: 1:17.65	250m: 3:22.73	400m: 5:28.54	550m: 7:35.35	700m: 9:42.11				
	150m: 1:58.82	300m: 4:04.44	450m: 6:11.64	600m: 8:17.43	750m: 10:23.17				

15-16 Jarigen Oost-Vlaanderen

1.	Vinck Tine		MEGA/41315/08		9:22.05	9:18.83	623		
	50m: 32.23	200m: 2:17.05	350m: 4:02.64	500m: 5:48.91	650m: 7:35.17	800m: 9:18.83			
	100m: 1:07.02	250m: 2:52.15	400m: 4:38.43	550m: 6:24.08	700m: 8:10.44				
	150m: 1:42.19	300m: 3:27.49	450m: 5:13.35	600m: 6:59.71	750m: 8:45.21				
2.	D'Hooghe Elina		MEGA/21338/08		9:53.32	9:21.47	614		
	50m: 32.28	200m: 2:18.49	350m: 4:04.59	500m: 5:50.56	650m: 7:37.21	800m: 9:21.47			
	100m: 1:07.64	250m: 2:52.94	400m: 4:40.15	550m: 6:26.25	700m: 8:12.83				
	150m: 1:43.20	300m: 3:28.62	450m: 5:15.39	600m: 7:02.00	750m: 8:48.38				
3.	Van Gysel Maite		MEGA/21373/08		9:31.49	9:35.40	571		
	50m: 31.65	200m: 2:18.17	350m: 4:05.65	500m: 5:55.47	650m: 7:45.84	800m: 9:35.40			
	100m: 1:06.83	250m: 2:53.82	400m: 4:42.51	550m: 6:32.21	700m: 8:22.64				
	150m: 1:42.45	300m: 3:29.74	450m: 5:18.79	600m: 7:09.13	750m: 8:59.81				
4.	Vekemans Rena		DZO/21050/07		9:17.56	9:39.45	559		
	50m: 32.50	200m: 2:19.28	350m: 4:08.21	500m: 5:58.73	650m: 7:49.44	800m: 9:39.45			
	100m: 1:07.88	250m: 2:54.95	400m: 4:45.06	550m: 6:35.62	700m: 8:26.59				
	150m: 1:43.46	300m: 3:31.34	450m: 5:21.91	600m: 7:12.81	750m: 9:03.36				

PK lange afstand OV & WV
Zwevegem, 5/11/2023

Programmanr. 1, Meisjes, 800m vrije slag, 15-16 Jarigen Oost-Vlaanderen

Rang					Inschr.	Tijd	Pnt					
5.	Martelé Sara				MEGA/21150/07	10:21.11	10:00.23	503				
	50m:	33.55	200m:	2:27.39	350m:	4:22.39	500m:	6:16.85	650m:	8:09.73	800m:	10:00.23
	100m:	1:11.43	250m:	3:05.71	400m:	5:00.81	550m:	6:54.57	700m:	8:47.71		
	150m:	1:48.93	300m:	3:44.01	450m:	5:39.10	600m:	7:32.51	750m:	9:25.12		
6.	De Brabander Claire				STW/21154/07	10:04.15	10:00.40	502				
	50m:	34.16	200m:	2:24.52	350m:	4:16.81	500m:	6:10.36	650m:	8:04.85	800m:	10:00.40
	100m:	1:11.07	250m:	3:01.57	400m:	4:54.60	550m:	6:48.22	700m:	8:43.37		
	150m:	1:48.18	300m:	3:38.97	450m:	5:32.22	600m:	7:26.50	750m:	9:21.80		
7.	Van Daele Lore				FAST/21046/07	10:17.36	10:04.44	492				
	50m:	33.13	200m:	2:24.21	350m:	4:18.38	500m:	6:14.83	650m:	8:11.51	800m:	10:04.44
	100m:	1:09.66	250m:	3:02.05	400m:	4:57.03	550m:	6:53.81	700m:	8:50.33		
	150m:	1:46.54	300m:	3:40.19	450m:	5:36.01	600m:	7:32.88	750m:	9:28.42		
8.	Van Laecke Liese				MEGA/21243/08	10:07.98	10:05.26	490				
	50m:	33.53	200m:	2:26.34	350m:	4:20.64	500m:	6:15.39	650m:	8:11.06	800m:	10:05.26
	100m:	1:10.45	250m:	3:04.24	400m:	4:59.06	550m:	6:53.93	700m:	8:49.50		
	150m:	1:48.59	300m:	3:42.43	450m:	5:37.22	600m:	7:32.81	750m:	9:28.49		
9.	Loontjens Lisa				MEGA/21426/07	10:31.41	10:24.81	446				
	50m:	34.61	200m:	2:29.28	350m:	4:27.20	500m:	6:26.04	650m:	8:25.83	800m:	10:24.81
	100m:	1:12.20	250m:	3:08.18	400m:	5:06.50	550m:	7:06.12	700m:	9:06.19		
	150m:	1:50.89	300m:	3:47.35	450m:	5:46.38	600m:	7:46.03	750m:	9:46.32		
10.	Larmuseau Delphine				MEGA/21350/07	10:21.26	10:26.89	441				
	50m:	35.33	200m:	2:31.74	350m:	4:31.59	500m:	6:31.07	650m:	8:30.30	800m:	10:26.89
	100m:	1:12.96	250m:	3:10.87	400m:	5:11.84	550m:	7:11.32	700m:	9:10.31		
	150m:	1:51.63	300m:	3:50.96	450m:	5:51.15	600m:	7:51.21	750m:	9:49.79		
11.	De Groote Fenna				FAST/21007/07	12:58.50	10:36.25	422				
	50m:	34.01	200m:	2:33.70	350m:	4:35.23	500m:	6:36.74	650m:	8:38.39	800m:	10:36.25
	100m:	1:13.06	250m:	3:14.28	400m:	5:15.77	550m:	7:17.08	700m:	9:18.66		
	150m:	1:53.47	300m:	3:55.00	450m:	5:56.59	600m:	7:57.52	750m:	9:58.00		
12.	De Wulf Gwen				FAST/21021/07	10:53.10	10:38.95	417				
	50m:	34.52	200m:	2:32.64	350m:	4:32.78	500m:	6:35.65	650m:	8:38.76	800m:	10:38.95
	100m:	1:13.09	250m:	3:12.40	400m:	5:13.46	550m:	7:17.01	700m:	9:19.48		
	150m:	1:52.50	300m:	3:52.46	450m:	5:54.12	600m:	7:58.22	750m:	10:00.09		
13.	Snoeck Hannelore				MEGA/21432/0711	11:50.21	11:36.35	322				
	50m:	38.26	200m:	2:49.99	350m:	5:02.80	500m:	7:15.62	650m:	9:27.99	800m:	11:36.35
	100m:	1:21.46	250m:	3:33.98	400m:	5:47.08	550m:	8:00.22	700m:	10:11.74		
	150m:	2:05.55	300m:	4:18.55	450m:	6:31.29	600m:	8:43.93	750m:	10:54.96		
FF	Vanderbeke Hasse				FFAST/21052/08	10:20.83						
FF	Roegis Lore				FFMEGA/21395/08	12:30.10						

17-18 Jarigen West-Vlaanderen

1.	Deweerd Anaëlle				ROSC/21107/06	9:40.71	9:43.86	546				
	50m:	32.14	200m:	2:19.42	350m:	4:09.54	500m:	6:01.15	650m:	7:53.59	800m:	9:43.86
	100m:	1:07.30	250m:	2:55.63	400m:	4:46.71	550m:	6:38.81	700m:	8:31.36		
	150m:	1:43.33	300m:	3:32.49	450m:	5:24.24	600m:	7:15.97	750m:	9:08.39		
2.	Ovaere Luna				MZK/21040/06	9:42.99	9:55.79	514				
	50m:	34.17	200m:	2:23.72	350m:	4:14.97	500m:	6:08.30	650m:	8:03.26	800m:	9:55.79
	100m:	1:10.35	250m:	3:00.33	400m:	4:52.30	550m:	6:46.67	700m:	8:41.63		
	150m:	1:46.88	300m:	3:37.47	450m:	5:30.09	600m:	7:24.98	750m:	9:19.68		

PK lange afstand OV & WV
Zwevegem, 5/11/2023

Programmanr. 1, Dames, 800m vrije slag, 17-18 Jarigen West-Vlaanderen

Rang					Inschr.	Tijd	Pnt					
3.	Vanpoucke Hanne		ZB/21042/06		10:27.85	10:24.42	446					
	50m:	34.02	200m:	2:29.52	350m:	4:26.15	500m:	6:24.80	650m:	8:24.98	800m:	10:24.42
	100m:	1:11.55	250m:	3:07.92	400m:	5:05.89	550m:	7:04.89	700m:	9:05.27		
	150m:	1:50.40	300m:	3:47.08	450m:	5:44.94	600m:	7:45.28	750m:	9:45.82		
4.	Demuyndt Amber		ZB/21053/06		10:20.00	11:34.52	324					
	50m:	37.50	200m:	2:46.72	350m:	4:58.85	500m:	7:11.75	650m:	9:23.60	800m:	11:34.52
	100m:	1:19.82	250m:	3:30.39	400m:	5:43.18	550m:	7:55.54	700m:	10:08.05		
	150m:	2:03.11	300m:	4:14.50	450m:	6:27.50	600m:	8:39.55	750m:	10:51.83		

17-18 Jarigen Oost-Vlaanderen

1.	Vandepoorte Pauline		FAST/21050/06		9:38.46	9:30.81	585					
	50m:	31.73	200m:	2:18.70	350m:	4:06.36	500m:	5:55.65	650m:	7:45.42	800m:	9:30.81
	100m:	1:07.07	250m:	2:54.66	400m:	4:42.66	550m:	6:32.47	700m:	8:22.03		
	150m:	1:42.97	300m:	3:30.34	450m:	5:18.85	600m:	7:09.06	750m:	8:56.99		
2.	Sypre Maud		MEGA/21070/05		9:47.71	9:55.17	516					
	50m:	32.44	200m:	2:20.80	350m:	4:12.03	500m:	6:04.84	650m:	7:59.18	800m:	9:55.17
	100m:	1:07.98	250m:	2:57.56	400m:	4:49.46	550m:	6:42.90	700m:	8:37.31		
	150m:	1:44.01	300m:	3:34.69	450m:	5:26.91	600m:	7:20.73	750m:	9:16.90		
3.	Verhulst Lotte		STW/21123/06		9:48.59	10:09.10	481					
	50m:	34.04	200m:	2:26.09	350m:	4:20.51	500m:	6:16.56	650m:	8:13.56	800m:	10:09.10
	100m:	1:10.91	250m:	3:03.68	400m:	4:59.02	550m:	6:55.56	700m:	8:53.15		
	150m:	1:48.25	300m:	3:41.79	450m:	5:37.58	600m:	7:34.88	750m:	9:31.45		
4.	Verstraete Mona		MEGA/21191/06		10:22.60	10:17.22	462					
	50m:	33.68	200m:	2:25.95	350m:	4:21.06	500m:	6:17.77	650m:	8:17.92	800m:	10:17.22
	100m:	1:10.44	250m:	3:04.11	400m:	4:59.64	550m:	6:57.53	700m:	8:57.82		
	150m:	1:47.58	300m:	3:42.24	450m:	5:38.75	600m:	7:38.06	750m:	9:38.13		
5.	Kerkhove Sarah		FIRST/21135/05		12:36.91	12:41.59	246					
	50m:	41.09	200m:	3:04.32	350m:	5:32.29	500m:	7:57.30	650m:	10:23.00	800m:	12:41.59
	100m:	1:27.61	250m:	3:53.67	400m:	6:21.27	550m:	8:46.15	700m:	11:11.29		
	150m:	2:15.68	300m:	4:42.57	450m:	7:09.35	600m:	9:34.83	750m:	11:57.13		

Programmanr. 2
05/11/2023 - 11:29

Dames, 1500m vrije slag

11 jaar en ouder
Resultaten

Punten: FINA 2023

Rang					Inschr.	Tijd	Pnt					
1.	Reyniers Lise		STW/21171/09		18:57.20	17:52.05	608					
	50m:	30.55	300m:	3:24.64	550m:	6:24.71	800m:	9:26.51	1050m:	12:28.32	1300m:	15:30.78
	100m:	1:04.33	350m:	4:00.53	600m:	7:00.84	850m:	10:03.25	1100m:	13:04.98	1350m:	16:06.86
	150m:	1:38.88	400m:	4:36.34	650m:	7:37.29	900m:	10:39.26	1150m:	13:41.43	1400m:	16:42.92
	200m:	2:13.84	450m:	5:12.06	700m:	8:14.15	950m:	11:15.41	1200m:	14:18.32	1450m:	17:17.78
	250m:	2:49.09	500m:	5:48.37	750m:	8:50.32	1000m:	11:52.10	1250m:	14:54.55	1500m:	17:52.05
2.	Goovaerts Ellen		STW/21165/05		19:00.19	18:15.41	569					
	50m:	32.22	300m:	3:29.79	550m:	6:32.46	800m:	9:37.22	1050m:	12:42.50	1300m:	15:49.77
	100m:	1:06.62	350m:	4:06.00	600m:	7:09.50	850m:	10:14.23	1100m:	13:19.47	1350m:	16:26.65
	150m:	1:41.84	400m:	4:42.24	650m:	7:46.34	900m:	10:51.44	1150m:	13:57.06	1400m:	17:03.49
	200m:	2:17.62	450m:	5:18.94	700m:	8:23.27	950m:	11:28.27	1200m:	14:34.35	1450m:	17:40.01
	250m:	2:53.67	500m:	5:55.62	750m:	9:00.16	1000m:	12:05.50	1250m:	15:11.96	1500m:	18:15.41

PK lange afstand OV & WV
Zwevegem, 5/11/2023

Programmanr. 2, Dames, 1500m vrije slag, 11 jaar en ouder

Rang											Inschr.	Tijd	Pnt	
3.	Migom Lobke										ZB/21075/08	20:40.00	19:07.10	496
	50m:	33.16	300m:	3:45.02	550m:	6:58.24	800m:	10:10.99	1050m:	13:25.26	1300m:	16:36.07		
	100m:	1:10.56	350m:	4:23.54	600m:	7:36.67	850m:	10:49.96	1100m:	14:03.98	1350m:	17:14.88		
	150m:	1:49.16	400m:	5:01.69	650m:	8:15.35	900m:	11:29.32	1150m:	14:41.81	1400m:	17:53.03		
	200m:	2:27.76	450m:	5:40.03	700m:	8:54.23	950m:	12:08.01	1200m:	15:20.07	1450m:	18:31.06		
	250m:	3:06.40	500m:	6:18.88	750m:	9:32.94	1000m:	12:46.95	1250m:	15:57.86	1500m:	19:07.10		
4.	Andries Febe										IKZ/21148/09	21:00.00	20:15.47	417
	50m:	34.31	300m:	3:51.40	550m:	7:15.24	800m:	10:41.22	1050m:	14:07.92	1300m:	17:33.09		
	100m:	1:11.94	350m:	4:31.50	600m:	7:56.31	850m:	11:22.56	1100m:	14:48.85	1350m:	18:14.63		
	150m:	1:51.18	400m:	5:11.15	650m:	8:37.98	900m:	12:03.93	1150m:	15:29.64	1400m:	18:56.07		
	200m:	2:30.70	450m:	5:52.45	700m:	9:19.35	950m:	12:45.74	1200m:	16:10.88	1450m:	19:36.22		
	250m:	3:10.94	500m:	6:33.73	750m:	10:00.18	1000m:	13:26.32	1250m:	16:52.17	1500m:	20:15.47		
5.	Van Quaethem Anke										ZTZ/21030/07	22:25.26	20:28.77	403
	50m:	35.18	300m:	3:55.76	550m:	7:23.11	800m:	10:51.54	1050m:	14:18.72	1300m:	17:47.18		
	100m:	1:14.26	350m:	4:36.79	600m:	8:04.95	850m:	11:32.96	1100m:	15:00.62	1350m:	18:28.63		
	150m:	1:53.81	400m:	5:17.64	650m:	8:47.26	900m:	12:14.23	1150m:	15:41.75	1400m:	19:09.48		
	200m:	2:34.06	450m:	5:59.20	700m:	9:28.92	950m:	12:55.58	1200m:	16:23.54	1450m:	19:50.14		
	250m:	3:14.48	500m:	6:41.04	750m:	10:10.30	1000m:	13:37.20	1250m:	17:05.23	1500m:	20:28.77		
6.	Hanselaer Ariane										FIRST/21215/09	21:10.30	20:30.10	402
	50m:	33.98	300m:	3:54.99	550m:	7:23.31	800m:	10:51.60	1050m:	14:21.52	1300m:	17:50.24		
	100m:	1:12.69	350m:	4:36.69	600m:	8:05.06	850m:	11:33.70	1100m:	15:03.92	1350m:	18:31.40		
	150m:	1:52.07	400m:	5:18.27	650m:	8:47.42	900m:	12:15.18	1150m:	15:45.33	1400m:	19:12.29		
	200m:	2:32.77	450m:	6:00.12	700m:	9:28.63	950m:	12:57.32	1200m:	16:27.34	1450m:	19:52.79		
	250m:	3:13.63	500m:	6:41.45	750m:	10:10.29	1000m:	13:39.11	1250m:	17:09.25	1500m:	20:30.10		
7.	Vannieuwenborgh Free										AZL/21074/09	22:52.36	22:51.65	290
	50m:	35.45	300m:	4:22.38	550m:	8:17.28	800m:	12:10.31	1050m:	16:01.55	1300m:	19:56.79		
	100m:	1:17.88	350m:	5:10.16	600m:	9:05.86	850m:	12:55.99	1100m:	16:48.79	1350m:	20:42.58		
	150m:	2:03.80	400m:	5:55.99	650m:	9:52.21	900m:	13:41.99	1150m:	17:36.18	1400m:	21:27.46		
	200m:	2:50.11	450m:	6:42.88	700m:	10:36.92	950m:	14:28.18	1200m:	18:23.76	1450m:	22:11.84		
	250m:	3:36.90	500m:	7:28.73	750m:	11:22.88	1000m:	15:15.12	1250m:	19:09.71	1500m:	22:51.65		

PK lange afstand OV & WV
Zwevegem, 5/11/2023

2 - Namiddag

05/11/2023 - 14:00

Programmanr. 3
05/11/2023 - 14:00

Heren, 1500m vrije slag

11 jaar en ouder
Resultaten

Punten: FINA 2023

Rang					Inscr.	Tijd	Pnt					
11 jarigen West-Vlaanderen												
1.	Devos Mathis		ROSC/31318/12		19:55.00	19:50.31	360					
	50m:	35.74	300m:	3:55.24	550m:	7:15.99	800m:	10:36.62	1050m:	13:57.18	1300m:	17:15.17
	100m:	1:15.42	350m:	4:35.42	600m:	7:56.28	850m:	11:16.67	1100m:	14:36.61	1350m:	17:53.94
	150m:	1:55.53	400m:	5:16.26	650m:	8:36.62	900m:	11:57.18	1150m:	15:16.60	1400m:	18:33.88
	200m:	2:35.18	450m:	5:55.68	700m:	9:16.86	950m:	12:36.65	1200m:	15:56.35	1450m:	19:12.74
	250m:	3:14.83	500m:	6:35.64	750m:	9:57.42	1000m:	13:16.84	1250m:	16:36.32	1500m:	19:50.31
2.	Van Craeynest Bas		ROSC/11271/12		21:10.00	20:19.99	334					
	50m:	37.77	300m:	4:04.75	550m:	7:32.45	800m:	10:58.66	1050m:	14:24.49	1300m:	17:44.87
	100m:	1:18.39	350m:	4:46.91	600m:	8:13.64	850m:	11:40.15	1100m:	15:04.59	1350m:	18:24.93
	150m:	1:59.65	400m:	5:28.71	650m:	8:54.74	900m:	12:21.45	1150m:	15:44.53	1400m:	19:05.21
	200m:	2:41.45	450m:	6:09.71	700m:	9:35.87	950m:	13:02.35	1200m:	16:24.65	1450m:	19:43.94
	250m:	3:22.81	500m:	6:51.19	750m:	10:17.36	1000m:	13:43.92	1250m:	17:04.59	1500m:	20:19.99
3.	Schietsgat Lukas		KWZC/11104/12		24:00.00	26:52.87	144					
	50m:	42.84	300m:	5:07.73	550m:	9:40.21	800m:	14:14.61	1050m:	18:52.32	1300m:	23:27.17
	100m:	1:33.23	350m:	6:02.12	600m:	10:35.13	850m:	15:09.32	1100m:	19:47.59	1350m:	24:20.21
	150m:	2:26.70	400m:	6:56.54	650m:	11:29.23	900m:	16:04.18	1150m:	20:43.18	1400m:	25:11.93
	200m:	3:21.15	450m:	7:50.29	700m:	12:23.47	950m:	16:59.71	1200m:	21:38.30	1450m:	26:03.63
	250m:	4:14.60	500m:	8:45.69	750m:	13:17.63	1000m:	17:56.16	1250m:	22:33.91	1500m:	26:52.87
11 jarigen Oost-Vlaanderen												
1.	Wachtelaer Celle		AST/11061/12		22:30.00	20:27.53	328					
	50m:	36.49	300m:	4:01.14	550m:	7:25.54	800m:	10:53.36	1050m:	14:21.37	1300m:	17:48.91
	100m:	1:16.77	350m:	4:42.75	600m:	8:07.52	850m:	11:34.42	1100m:	15:03.22	1350m:	18:29.90
	150m:	1:57.89	400m:	5:23.59	650m:	8:48.76	900m:	12:15.45	1150m:	15:44.78	1400m:	19:10.65
	200m:	2:38.27	450m:	6:04.44	700m:	9:30.07	950m:	12:57.00	1200m:	16:26.33	1450m:	19:50.97
	250m:	3:19.52	500m:	6:44.79	750m:	10:11.22	1000m:	13:39.53	1250m:	17:07.93	1500m:	20:27.53
12 Jarigen West-Vlaanderen												
1.	Tacq Nathan		ZTZ/11062/11		19:31.09	18:34.08	439					
	50m:	32.88	300m:	3:37.15	550m:	6:43.14	800m:	9:50.22	1050m:	12:58.29	1300m:	16:06.62
	100m:	1:08.79	350m:	4:14.50	600m:	7:20.60	850m:	10:27.88	1100m:	13:36.00	1350m:	16:43.79
	150m:	1:45.46	400m:	4:51.72	650m:	7:58.01	900m:	11:05.57	1150m:	14:13.77	1400m:	17:21.34
	200m:	2:22.69	450m:	5:28.78	700m:	8:35.17	950m:	11:43.10	1200m:	14:51.56	1450m:	17:58.81
	250m:	2:59.74	500m:	6:05.81	750m:	9:12.62	1000m:	12:20.71	1250m:	15:29.21	1500m:	18:34.08
2.	Baeyens Warre		ZTB/11068/11		20:54.65	19:07.80	401					
	50m:	35.40	300m:	3:48.73	550m:	7:02.83	800m:	10:16.36	1050m:	13:25.28	1300m:	16:36.62
	100m:	1:14.26	350m:	4:27.50	600m:	7:42.50	850m:	10:53.97	1100m:	14:03.03	1350m:	17:14.58
	150m:	1:52.88	400m:	5:06.50	650m:	8:21.10	900m:	11:31.95	1150m:	14:41.12	1400m:	17:53.12
	200m:	2:31.33	450m:	5:45.19	700m:	8:59.79	950m:	12:09.28	1200m:	15:19.24	1450m:	18:31.68
	250m:	3:10.03	500m:	6:23.97	750m:	9:38.22	1000m:	12:47.33	1250m:	15:57.80	1500m:	19:07.80
3.	Demeyere Lars		UZKZ/11104/11		20:35.38	19:16.86	392					
	50m:	35.07	300m:	3:48.85	550m:	7:02.20	800m:	10:16.83	1050m:	13:31.74	1300m:	16:47.07
	100m:	1:13.55	350m:	4:27.63	600m:	7:41.15	850m:	10:55.13	1100m:	14:11.66	1350m:	17:25.88
	150m:	1:52.43	400m:	5:05.57	650m:	8:19.94	900m:	11:34.17	1150m:	14:50.38	1400m:	18:04.86
	200m:	2:31.63	450m:	5:44.66	700m:	8:59.22	950m:	12:13.27	1200m:	15:28.94	1450m:	18:43.77
	250m:	3:10.11	500m:	6:23.69	750m:	9:37.74	1000m:	12:52.73	1250m:	16:07.78	1500m:	19:16.86

PK lange afstand OV & WV
Zwevegem, 5/11/2023

Programmanr. 3, Jongens, 1500m vrije slag, 12 Jarigen West-Vlaanderen

Rang					Inschr.	Tijd	Pnt		
4.	Declerck Lukas		TZT/11099/11		20:55.64	19:43.10	366		
	50m: 35.48	300m: 3:52.28	550m: 7:11.45	800m: 10:30.88	1050m: 13:50.04	1300m: 17:06.88			
	100m: 1:14.20	350m: 4:31.90	600m: 7:51.10	850m: 11:10.42	1100m: 14:29.19	1350m: 17:47.02			
	150m: 1:53.80	400m: 5:11.98	650m: 8:30.73	900m: 11:50.38	1150m: 15:08.82	1400m: 18:26.62			
	200m: 2:33.32	450m: 5:51.82	700m: 9:10.51	950m: 12:29.93	1200m: 15:47.91	1450m: 19:05.92			
	250m: 3:12.80	500m: 6:31.48	750m: 9:50.31	1000m: 13:09.88	1250m: 16:27.48	1500m: 19:43.10			
5.	Reynaert Tibe		TZT/11107/11		22:12.16	20:01.84	349		
	50m: 35.23	300m: 3:54.05	550m: 7:14.49	800m: 10:37.61	1050m: 14:00.68	1300m: 17:23.56			
	100m: 1:13.89	350m: 4:34.05	600m: 7:55.06	850m: 11:18.22	1100m: 14:41.48	1350m: 18:04.05			
	150m: 1:54.14	400m: 5:14.03	650m: 8:35.69	900m: 11:58.53	1150m: 15:21.84	1400m: 18:43.82			
	200m: 2:34.12	450m: 5:54.22	700m: 9:16.41	950m: 12:39.47	1200m: 16:02.38	1450m: 19:23.43			
	250m: 3:14.03	500m: 6:34.39	750m: 9:57.26	1000m: 13:19.76	1250m: 16:42.82	1500m: 20:01.84			
6.	Quartier Matisse		ROSC/11237/11		21:15.00	20:02.23	349		
	50m: 36.49	300m: 4:00.95	550m: 7:26.07	800m: 10:49.25	1050m: 14:11.83	1300m: 17:31.08			
	100m: 1:16.83	350m: 4:42.20	600m: 8:07.01	850m: 11:29.90	1100m: 14:51.51	1350m: 18:10.30			
	150m: 1:58.00	400m: 5:22.58	650m: 8:46.74	900m: 12:11.08	1150m: 15:31.44	1400m: 18:49.05			
	200m: 2:38.88	450m: 6:03.55	700m: 9:27.23	950m: 12:51.04	1200m: 16:11.38	1450m: 19:27.34			
	250m: 3:19.89	500m: 6:44.86	750m: 10:08.32	1000m: 13:31.52	1250m: 16:51.35	1500m: 20:02.23			
7.	Nellen Thibo		KWZC/11091/11		23:00.00	22:39.98	241		
	50m: 37.97	300m: 4:22.32	550m: 8:12.56	800m: 12:00.88	1050m: 15:52.08	1300m: 19:39.83			
	100m: 1:21.39	350m: 5:07.86	600m: 8:57.70	850m: 12:47.83	1100m: 16:37.09	1350m: 20:25.51			
	150m: 2:05.91	400m: 5:54.32	650m: 9:43.68	900m: 13:34.31	1150m: 17:21.96	1400m: 21:11.76			
	200m: 2:51.04	450m: 6:40.22	700m: 10:28.87	950m: 14:20.67	1200m: 18:07.99	1450m: 21:57.21			
	250m: 3:37.12	500m: 7:27.20	750m: 11:15.38	1000m: 15:06.73	1250m: 18:54.16	1500m: 22:39.98			
8.	Balcaen Sander		UZKZ/11145/11		24:53.43	22:50.04	236		
	50m: 39.73	300m: 4:29.85	550m: 8:21.36	800m: 12:11.99	1050m: 16:03.83	1300m: 19:54.21			
	100m: 1:24.61	350m: 5:15.62	600m: 9:08.12	850m: 12:58.83	1100m: 16:49.89	1350m: 20:40.72			
	150m: 2:10.64	400m: 6:01.92	650m: 9:55.22	900m: 13:46.17	1150m: 17:36.49	1400m: 21:26.65			
	200m: 2:57.01	450m: 6:47.68	700m: 10:40.02	950m: 14:31.93	1200m: 18:22.32	1450m: 22:11.94			
	250m: 3:43.16	500m: 7:34.01	750m: 11:25.91	1000m: 15:18.80	1250m: 19:08.26	1500m: 22:50.04			

12 Jarigen Oost-Vlaanderen

1.	Thonon Matisse		MEGA/11383/11		20:09.22	19:18.56	390		
	50m: 32.90	300m: 3:42.48	550m: 6:54.76	800m: 10:09.37	1050m: 13:23.72	1300m: 16:40.98			
	100m: 1:10.09	350m: 4:20.33	600m: 7:33.67	850m: 10:47.60	1100m: 14:02.51	1350m: 17:20.52			
	150m: 1:48.64	400m: 4:58.43	650m: 8:12.37	900m: 11:26.94	1150m: 14:42.28	1400m: 18:00.09			
	200m: 2:26.98	450m: 5:37.00	700m: 8:51.34	950m: 12:05.35	1200m: 15:22.13	1450m: 18:39.46			
	250m: 3:04.34	500m: 6:16.67	750m: 9:30.18	1000m: 12:44.09	1250m: 16:01.80	1500m: 19:18.56			
2.	Van Den Bremt Mathias		AZL/11097/11		21:19.99	19:56.11	354		
	50m: 35.94	300m: 3:55.34	550m: 7:17.82	800m: 10:36.33	1050m: 13:58.62	1300m: 17:19.20			
	100m: 1:15.40	350m: 4:36.41	600m: 7:57.98	850m: 11:16.32	1100m: 14:38.92	1350m: 17:59.22			
	150m: 1:55.10	400m: 5:16.91	650m: 8:37.34	900m: 11:56.52	1150m: 15:18.59	1400m: 18:39.56			
	200m: 2:35.29	450m: 5:57.85	700m: 9:17.31	950m: 12:37.18	1200m: 15:59.51	1450m: 19:18.07			
	250m: 3:15.36	500m: 6:37.40	750m: 9:56.47	1000m: 13:18.16	1250m: 16:39.81	1500m: 19:56.11			
3.	Hofman Otis		DZO/11173/11		19:55.00	21:05.98	299		
	50m: 36.77	300m: 4:08.40	550m: 7:43.16	800m: 11:16.80	1050m: 14:48.57	1300m: 18:20.86			
	100m: 1:18.01	350m: 4:51.73	600m: 8:25.93	850m: 11:59.00	1100m: 15:31.52	1350m: 19:02.75			
	150m: 2:00.46	400m: 5:35.05	650m: 9:08.65	900m: 12:41.37	1150m: 16:13.61	1400m: 19:44.60			
	200m: 2:43.33	450m: 6:17.49	700m: 9:51.46	950m: 13:23.49	1200m: 16:55.95	1450m: 20:26.21			
	250m: 3:25.39	500m: 7:00.21	750m: 10:34.09	1000m: 14:06.10	1250m: 17:37.64	1500m: 21:05.98			

PK lange afstand OV & WV
Zwevegem, 5/11/2023

Programmanr. 3, Jongens, 1500m vrije slag, 12 Jarigen Oost-Vlaanderen

Rang											Inschr.	Tijd	Pnt	
4.	Minnoye Tiebe										FIRST/11254/11	22:15.85	21:52.09	268
	50m:	38.05	300m:	4:11.26	550m:	7:52.02	800m:	11:32.89	1050m:	15:15.33	1300m:	18:58.50		
	100m:	1:19.37	350m:	4:54.75	600m:	8:36.64	850m:	12:17.74	1100m:	15:59.57	1350m:	19:43.09		
	150m:	2:01.41	400m:	5:39.33	650m:	9:20.84	900m:	13:02.64	1150m:	16:44.51	1400m:	20:27.51		
	200m:	2:44.09	450m:	6:22.91	700m:	10:05.54	950m:	13:48.22	1200m:	17:29.10	1450m:	21:11.00		
	250m:	3:27.70	500m:	7:07.10	750m:	10:49.48	1000m:	14:31.49	1250m:	18:13.46	1500m:	21:52.09		
5.	Casier Jarne										FAST/11009/11	24:32.44	23:15.98	223
	50m:	43.34	300m:	4:40.53	550m:	8:38.95	800m:	12:38.89	1050m:	16:38.94	1300m:	20:25.44		
	100m:	1:29.61	350m:	5:27.51	600m:	9:24.59	850m:	13:26.91	1100m:	17:25.43	1350m:	21:10.51		
	150m:	2:16.31	400m:	6:14.61	650m:	10:13.02	900m:	14:14.81	1150m:	18:10.11	1400m:	21:54.25		
	200m:	3:03.96	450m:	7:03.12	700m:	11:01.43	950m:	15:04.07	1200m:	18:54.81	1450m:	22:36.84		
	250m:	3:51.78	500m:	7:51.01	750m:	11:51.20	1000m:	15:52.97	1250m:	19:40.15	1500m:	23:15.98		
6.	El Ghazali Ayoub										FIRST/11263/11	25:30.00	24:27.03	192
	50m:	39.93	300m:	4:45.02	550m:	8:54.90	800m:	13:03.01	1050m:	17:13.77	1300m:	21:21.40		
	100m:	1:26.51	350m:	5:32.90	600m:	9:45.09	850m:	13:54.34	1100m:	18:04.72	1350m:	22:13.03		
	150m:	2:16.54	400m:	6:24.20	650m:	10:34.52	900m:	14:45.87	1150m:	18:51.18	1400m:	23:00.81		
	200m:	3:05.40	450m:	7:14.80	700m:	11:25.31	950m:	15:34.81	1200m:	19:41.40	1450m:	23:48.06		
	250m:	3:55.06	500m:	8:03.70	750m:	12:15.26	1000m:	16:22.80	1250m:	20:30.89	1500m:	24:27.03		
7.	De Craene Thibe										FIRST/11279/11	26:30.00	25:26.63	170
	50m:	40.78	300m:	4:45.80	550m:	8:57.31	800m:	13:14.09	1050m:	17:33.60	1300m:	21:58.12		
	100m:	1:27.76	350m:	5:36.32	600m:	9:49.05	850m:	14:05.90	1100m:	18:27.33	1350m:	22:51.00		
	150m:	2:16.83	400m:	6:25.02	650m:	10:40.41	900m:	14:56.93	1150m:	19:17.66	1400m:	23:43.10		
	200m:	3:05.26	450m:	7:15.34	700m:	11:31.25	950m:	15:50.04	1200m:	20:10.50	1450m:	24:36.67		
	250m:	3:54.84	500m:	8:06.32	750m:	12:22.98	1000m:	16:41.99	1250m:	21:04.83	1500m:	25:26.63		

13 Jarigen West-Vlaanderen

1.	Pattyn Lowie										ZTB/11070/10	17:44.61	17:29.68	525
	50m:	31.19	300m:	3:24.03	550m:	6:20.42	800m:	9:18.11	1050m:	12:14.88	1300m:	15:10.60		
	100m:	1:04.90	350m:	3:59.28	600m:	6:56.06	850m:	9:53.30	1100m:	12:49.78	1350m:	15:45.73		
	150m:	1:39.48	400m:	4:34.65	650m:	7:31.59	900m:	10:28.47	1150m:	13:24.86	1400m:	16:20.85		
	200m:	2:13.94	450m:	5:10.18	700m:	8:06.89	950m:	11:03.97	1200m:	14:00.17	1450m:	16:55.97		
	250m:	2:49.11	500m:	5:45.25	750m:	8:42.30	1000m:	11:39.30	1250m:	14:35.41	1500m:	17:29.68		
2.	Kindt Liam										TZT/11075/10	18:28.19	17:34.09	518
	50m:	31.61	300m:	3:27.08	550m:	6:24.46	800m:	9:21.10	1050m:	12:17.54	1300m:	15:14.53		
	100m:	1:06.11	350m:	4:02.30	600m:	6:59.09	850m:	9:56.56	1100m:	12:52.83	1350m:	15:50.17		
	150m:	1:41.18	400m:	4:37.85	650m:	7:34.81	900m:	10:31.83	1150m:	13:28.32	1400m:	16:25.81		
	200m:	2:16.32	450m:	5:13.22	700m:	8:10.20	950m:	11:07.19	1200m:	14:03.86	1450m:	17:01.18		
	250m:	2:51.93	500m:	5:48.73	750m:	8:45.41	1000m:	11:42.50	1250m:	14:39.17	1500m:	17:34.09		
3.	Decupere Alex										KZK/11121/10	18:28.38	17:51.22	494
	50m:	30.50	300m:	3:27.43	550m:	6:27.50	800m:	9:28.05	1050m:	12:28.66	1300m:	15:30.22		
	100m:	1:05.33	350m:	4:03.53	600m:	7:04.08	850m:	10:03.85	1100m:	13:04.93	1350m:	16:06.41		
	150m:	1:40.89	400m:	4:39.72	650m:	7:39.63	900m:	10:40.27	1150m:	13:41.16	1400m:	16:41.74		
	200m:	2:16.54	450m:	5:15.53	700m:	8:15.81	950m:	11:16.15	1200m:	14:17.84	1450m:	17:17.68		
	250m:	2:52.13	500m:	5:51.46	750m:	8:52.09	1000m:	11:52.20	1250m:	14:53.87	1500m:	17:51.22		
4.	Vandekerckhove Jerome										TZT/11115/10	19:11.69	18:00.83	481
	50m:	32.61	300m:	3:35.36	550m:	6:36.01	800m:	9:37.81	1050m:	12:38.52	1300m:	15:40.12		
	100m:	1:09.58	350m:	4:11.09	600m:	7:12.98	850m:	10:13.63	1100m:	13:14.95	1350m:	16:16.16		
	150m:	1:46.44	400m:	4:46.96	650m:	7:49.64	900m:	10:49.79	1150m:	13:51.12	1400m:	16:52.37		
	200m:	2:22.65	450m:	5:23.32	700m:	8:25.82	950m:	11:25.53	1200m:	14:27.80	1450m:	17:28.17		
	250m:	2:58.99	500m:	5:59.72	750m:	9:01.48	1000m:	12:02.34	1250m:	15:03.71	1500m:	18:00.83		

PK lange afstand OV & WV
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Programmanr. 3, Jongens, 1500m vrije slag, 13 Jarigen West-Vlaanderen

Rang					Inschr.	Tijd	Pnt					
5.	Bhija Tariq		KWZC/11080/10		19:53.13	18:43.39	428					
	50m:	33.07	300m:	3:41.62	550m:	6:49.63	800m:	10:01.20	1050m:	13:11.18	1300m:	16:20.48
	100m:	1:10.28	350m:	4:19.27	600m:	7:27.58	850m:	10:37.86	1100m:	13:49.50	1350m:	16:58.93
	150m:	1:48.58	400m:	4:56.61	650m:	8:06.41	900m:	11:15.67	1150m:	14:27.42	1400m:	17:35.04
	200m:	2:25.85	450m:	5:33.82	700m:	8:44.19	950m:	11:53.84	1200m:	15:05.22	1450m:	18:09.93
	250m:	3:03.47	500m:	6:11.79	750m:	9:22.62	1000m:	12:32.70	1250m:	15:42.93	1500m:	18:43.39
6.	Debruyne Hannes		KZK/11110/10		20:45.22	18:57.49	412					
	50m:	33.94	300m:	3:44.18	550m:	6:56.49	800m:	10:08.77	1050m:	13:20.79	1300m:	16:31.22
	100m:	1:11.32	350m:	4:22.34	600m:	7:34.64	850m:	10:47.29	1100m:	13:58.93	1350m:	17:08.51
	150m:	1:49.33	400m:	5:00.46	650m:	8:14.03	900m:	11:25.50	1150m:	14:37.21	1400m:	17:46.11
	200m:	2:27.48	450m:	5:38.88	700m:	8:52.48	950m:	12:03.76	1200m:	15:14.83	1450m:	18:23.16
	250m:	3:06.33	500m:	6:17.69	750m:	9:31.04	1000m:	12:42.97	1250m:	15:53.26	1500m:	18:57.49
7.	Huysentruyt Ferre-Louis		UZKZ/11093/10		20:33.13	19:21.73	387					
	50m:	35.45	300m:	3:47.82	550m:	7:03.75	800m:	10:21.11	1050m:	13:35.69	1300m:	16:49.43
	100m:	1:13.04	350m:	4:27.15	600m:	7:43.36	850m:	11:00.32	1100m:	14:14.62	1350m:	17:28.23
	150m:	1:51.11	400m:	5:06.39	650m:	8:23.14	900m:	11:39.53	1150m:	14:53.21	1400m:	18:07.09
	200m:	2:29.74	450m:	5:45.57	700m:	9:02.56	950m:	12:18.25	1200m:	15:31.89	1450m:	18:45.74
	250m:	3:08.45	500m:	6:24.76	750m:	9:41.70	1000m:	12:57.01	1250m:	16:10.59	1500m:	19:21.73
8.	Penez Beau		MZK/11105/10		23:20.88	21:58.07	265					
	50m:	37.94	300m:	4:21.85	550m:	8:04.77	800m:	11:48.80	1050m:	15:32.07	1300m:	19:11.91
	100m:	1:22.30	350m:	5:07.50	600m:	8:49.21	850m:	12:33.89	1100m:	16:16.71	1350m:	19:54.98
	150m:	2:07.04	400m:	5:52.85	650m:	9:34.09	900m:	13:19.62	1150m:	17:01.00	1400m:	20:37.17
	200m:	2:51.57	450m:	6:36.45	700m:	10:18.68	950m:	14:03.23	1200m:	17:45.44	1450m:	21:19.49
	250m:	3:36.85	500m:	7:20.46	750m:	11:04.00	1000m:	14:47.07	1250m:	18:28.97	1500m:	21:58.07
9.	Verleyen Laurens		UZKZ/11106/10		23:39.68	22:22.56	250					
	50m:	38.86	300m:	4:28.61	550m:	8:18.38	800m:	12:07.90	1050m:	15:52.02	1300m:	19:33.10
	100m:	1:24.13	350m:	5:14.94	600m:	9:03.54	850m:	12:52.24	1100m:	16:36.51	1350m:	20:16.33
	150m:	2:10.32	400m:	6:00.96	650m:	9:49.61	900m:	13:37.22	1150m:	17:19.99	1400m:	20:59.35
	200m:	2:56.72	450m:	6:47.11	700m:	10:35.20	950m:	14:22.35	1200m:	18:05.17	1450m:	21:43.96
	250m:	3:42.57	500m:	7:32.43	750m:	11:21.23	1000m:	15:07.15	1250m:	18:49.18	1500m:	22:22.56
10.	Bruneel Rube		KWZC/11105/10		24:00.00	26:04.15	158					
	50m:	46.86	300m:	5:04.87	550m:	9:32.62	800m:	13:55.46	1050m:	18:22.07	1300m:	22:44.76
	100m:	1:37.58	350m:	5:58.33	600m:	10:24.38	850m:	14:48.95	1100m:	19:17.07	1350m:	23:34.97
	150m:	2:28.76	400m:	6:52.00	650m:	11:16.68	900m:	15:41.10	1150m:	20:09.26	1400m:	24:25.54
	200m:	3:19.94	450m:	7:46.03	700m:	12:08.74	950m:	16:34.81	1200m:	21:00.54	1450m:	25:17.01
	250m:	4:11.58	500m:	8:38.22	750m:	13:01.86	1000m:	17:28.42	1250m:	21:51.94	1500m:	26:04.15
FF	Devriese Sky		FFZB/11083/10		21:20.00							

13 Jarigen Oost-Vlaanderen

1.	Debbaut Elias		MEGA/11351/10		20:29.24	19:25.49	383					
	50m:	35.63	300m:	3:48.05	550m:	7:04.70	800m:	10:20.30	1050m:	13:36.26	1300m:	16:53.15
	100m:	1:13.75	350m:	4:27.63	600m:	7:44.31	850m:	10:59.72	1100m:	14:15.87	1350m:	17:31.99
	150m:	1:51.40	400m:	5:07.10	650m:	8:23.59	900m:	11:38.86	1150m:	14:55.20	1400m:	18:11.69
	200m:	2:29.78	450m:	5:45.76	700m:	9:03.20	950m:	12:18.33	1200m:	15:34.69	1450m:	18:50.32
	250m:	3:09.08	500m:	6:25.31	750m:	9:42.78	1000m:	12:57.77	1250m:	16:13.99	1500m:	19:25.49
2.	Huens Warre		MEGA/11253/10		20:41.80	19:42.17	367					
	50m:	36.89	300m:	3:55.44	550m:	7:14.16	800m:	10:32.98	1050m:	13:50.14	1300m:	17:07.12
	100m:	1:16.31	350m:	4:35.43	600m:	7:53.60	850m:	11:12.19	1100m:	14:29.51	1350m:	17:46.17
	150m:	1:55.89	400m:	5:14.94	650m:	8:33.38	900m:	11:51.94	1150m:	15:08.79	1400m:	18:25.64
	200m:	2:35.68	450m:	5:54.51	700m:	9:13.11	950m:	12:31.43	1200m:	15:48.28	1450m:	19:05.02
	250m:	3:15.63	500m:	6:34.20	750m:	9:53.13	1000m:	13:10.89	1250m:	16:27.46	1500m:	19:42.17

PK lange afstand OV & WV
Zwevegem, 5/11/2023

Programmanr. 3, Jongens, 1500m vrije slag, 13 Jarigen Oost-Vlaanderen

Rang					Inschr.	Tijd	Pnt					
3.	Loeys Ewout				MEGA/11352/10	20:40.73	19:52.76	357				
	50m:	36.24	300m:	3:55.20	550m:	7:16.58	800m:	10:35.91	1050m:	13:54.37	1300m:	17:13.97
	100m:	1:15.41	350m:	4:35.85	600m:	7:56.88	850m:	11:15.26	1100m:	14:34.13	1350m:	17:54.24
	150m:	1:55.32	400m:	5:15.84	650m:	8:36.94	900m:	11:54.71	1150m:	15:14.03	1400m:	18:35.39
	200m:	2:34.99	450m:	5:56.24	700m:	9:16.87	950m:	12:34.25	1200m:	15:54.37	1450m:	19:16.38
	250m:	3:15.21	500m:	6:36.56	750m:	9:56.89	1000m:	13:14.02	1250m:	16:33.55	1500m:	19:52.76
4.	Viaene Maxim				MEGA/11341/10	22:42.54	19:55.60	355				
	50m:	36.27	300m:	3:58.86	550m:	7:20.43	800m:	10:42.51	1050m:	14:03.37	1300m:	17:23.49
	100m:	1:16.16	350m:	4:39.34	600m:	8:00.57	850m:	11:22.92	1100m:	14:43.46	1350m:	18:02.95
	150m:	1:55.87	400m:	5:19.37	650m:	8:41.21	900m:	12:03.02	1150m:	15:23.94	1400m:	18:42.03
	200m:	2:37.18	450m:	5:59.97	700m:	9:21.16	950m:	12:43.34	1200m:	16:03.95	1450m:	19:20.35
	250m:	3:17.44	500m:	6:40.05	750m:	10:02.17	1000m:	13:23.64	1250m:	16:43.54	1500m:	19:55.60
5.	Vermeulen Nicolas				FIRST/11227/10	22:34.72	20:15.81	337				
	50m:	35.80	300m:	4:00.20	550m:	7:25.98	800m:	10:50.16	1050m:	14:14.03	1300m:	17:35.73
	100m:	1:15.93	350m:	4:41.27	600m:	8:06.35	850m:	11:31.08	1100m:	14:54.79	1350m:	18:16.12
	150m:	1:56.77	400m:	5:23.00	650m:	8:47.40	900m:	12:11.42	1150m:	15:34.58	1400m:	18:57.01
	200m:	2:37.52	450m:	6:03.95	700m:	9:27.90	950m:	12:52.26	1200m:	16:15.18	1450m:	19:37.41
	250m:	3:18.35	500m:	6:45.14	750m:	10:09.11	1000m:	13:33.79	1250m:	16:55.77	1500m:	20:15.81
6.	De Craene Matthis				FIRST/11216/10	21:43.84	20:21.42	333				
	50m:	35.68	300m:	3:55.95	550m:	7:21.34	800m:	10:49.09	1050m:	14:15.93	1300m:	17:43.64
	100m:	1:15.29	350m:	4:37.53	600m:	8:02.84	850m:	11:30.10	1100m:	14:57.58	1350m:	18:24.30
	150m:	1:55.36	400m:	5:18.47	650m:	8:44.28	900m:	12:11.19	1150m:	15:39.99	1400m:	19:04.99
	200m:	2:35.03	450m:	5:59.55	700m:	9:26.17	950m:	12:53.60	1200m:	16:21.25	1450m:	19:44.54
	250m:	3:15.11	500m:	6:39.92	750m:	10:07.47	1000m:	13:34.32	1250m:	17:01.85	1500m:	20:21.42
7.	De Clerck Emiel				AZL/11102/10	22:40.22	20:28.63	327				
	50m:	35.51	300m:	3:59.54	550m:	7:26.93	800m:	10:56.77	1050m:	14:25.50	1300m:	17:52.75
	100m:	1:15.13	350m:	4:41.14	600m:	8:08.40	850m:	11:38.26	1100m:	15:07.42	1350m:	18:32.94
	150m:	1:56.34	400m:	5:23.15	650m:	8:50.68	900m:	12:19.58	1150m:	15:48.66	1400m:	19:13.04
	200m:	2:37.54	450m:	6:04.74	700m:	9:32.80	950m:	13:01.42	1200m:	16:30.23	1450m:	19:52.62
	250m:	3:18.52	500m:	6:46.18	750m:	10:14.48	1000m:	13:43.40	1250m:	17:11.41	1500m:	20:28.63
8.	Hadj Fradj Taysir				MEGA/11360/10	22:32.05	21:10.53	296				
	50m:	37.01	300m:	4:03.54	550m:	7:33.96	800m:	11:09.04	1050m:	14:46.43	1300m:	18:22.79
	100m:	1:17.65	350m:	4:45.67	600m:	8:16.58	850m:	11:52.24	1100m:	15:29.47	1350m:	19:06.43
	150m:	1:58.79	400m:	5:27.08	650m:	8:58.97	900m:	12:35.98	1150m:	16:12.80	1400m:	19:49.62
	200m:	2:40.20	450m:	6:09.59	700m:	9:42.74	950m:	13:19.30	1200m:	16:56.69	1450m:	20:31.78
	250m:	3:21.83	500m:	6:51.24	750m:	10:25.99	1000m:	14:02.74	1250m:	17:40.68	1500m:	21:10.53
9.	Bonnarens Dries				FAST/11032/10	24:15.18	23:20.35	221				
	50m:	44.24	300m:	4:40.19	550m:	8:36.29	800m:	12:33.67	1050m:	16:32.62	1300m:	20:24.88
	100m:	1:30.67	350m:	5:27.39	600m:	9:23.51	850m:	13:21.25	1100m:	17:20.18	1350m:	21:09.55
	150m:	2:17.61	400m:	6:14.31	650m:	10:10.92	900m:	14:09.46	1150m:	18:08.18	1400m:	21:54.32
	200m:	3:05.35	450m:	7:01.65	700m:	10:58.54	950m:	14:57.74	1200m:	18:53.91	1450m:	22:38.31
	250m:	3:52.79	500m:	7:48.19	750m:	11:46.15	1000m:	15:44.77	1250m:	19:39.29	1500m:	23:20.35
FF	Fouquet Yehro				FFFAST/11063/10	23:50.26						
FF	Ameloot Louiz				FFMEGA/11328/10	20:15.47						

14 Jarigen West-Vlaanderen

1.	Housen Korneel				TZT/11091/09	18:39.21	17:47.96	498				
	50m:	32.24	300m:	3:29.79	550m:	6:28.83	800m:	9:28.15	1050m:	12:27.48	1300m:	15:26.24
	100m:	1:07.12	350m:	4:05.77	600m:	7:04.61	850m:	10:04.02	1100m:	13:03.33	1350m:	16:02.16
	150m:	1:42.48	400m:	4:41.62	650m:	7:40.42	900m:	10:40.01	1150m:	13:39.01	1400m:	16:38.00
	200m:	2:18.07	450m:	5:17.35	700m:	8:16.30	950m:	11:15.71	1200m:	14:14.55	1450m:	17:13.26
	250m:	2:53.68	500m:	5:52.85	750m:	8:52.22	1000m:	11:51.22	1250m:	14:50.43	1500m:	17:47.96

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Programmanr. 3, Jongens, 1500m vrije slag, 14 Jarigen West-Vlaanderen

Rang					Inschr.	Tijd	Pnt					
2.	Claerhout Wolf		ZTB/11087/09		19:05.32	18:07.85	471					
	50m:	32.61	300m:	3:35.26	550m:	6:36.73	800m:	9:39.34	1050m:	12:41.77	1300m:	15:43.65
	100m:	1:08.69	350m:	4:11.63	600m:	7:13.16	850m:	10:15.87	1100m:	13:17.73	1350m:	16:19.90
	150m:	1:45.33	400m:	4:47.80	650m:	7:49.82	900m:	10:52.31	1150m:	13:54.19	1400m:	16:56.39
	200m:	2:22.08	450m:	5:24.22	700m:	8:26.54	950m:	11:28.70	1200m:	14:30.74	1450m:	17:32.63
	250m:	2:58.90	500m:	6:00.39	750m:	9:02.94	1000m:	12:05.33	1250m:	15:07.17	1500m:	18:07.85
3.	Feys Jonah		KZK/11102/09		19:03.66	18:40.26	432					
	50m:	32.35	300m:	3:38.48	550m:	6:45.93	800m:	9:54.29	1050m:	13:05.09	1300m:	16:14.27
	100m:	1:08.72	350m:	4:15.99	600m:	7:23.58	850m:	10:32.19	1100m:	13:43.17	1350m:	16:51.71
	150m:	1:45.32	400m:	4:53.60	650m:	8:01.28	900m:	11:10.45	1150m:	14:20.84	1400m:	17:28.96
	200m:	2:23.03	450m:	5:30.93	700m:	8:38.83	950m:	11:49.01	1200m:	14:59.03	1450m:	18:05.54
	250m:	3:00.29	500m:	6:08.54	750m:	9:16.71	1000m:	12:27.12	1250m:	15:36.73	1500m:	18:40.26
4.	Declerck Simon		TZT/11088/09		20:15.36	18:47.33	423					
	50m:	33.70	300m:	3:40.06	550m:	6:49.60	800m:	9:59.39	1050m:	13:08.37	1300m:	16:19.15
	100m:	1:10.73	350m:	4:17.77	600m:	7:27.78	850m:	10:37.71	1100m:	13:46.56	1350m:	16:56.66
	150m:	1:47.85	400m:	4:55.85	650m:	8:06.02	900m:	11:15.33	1150m:	14:24.27	1400m:	17:34.63
	200m:	2:25.55	450m:	5:33.49	700m:	8:44.50	950m:	11:53.46	1200m:	15:03.00	1450m:	18:11.73
	250m:	3:02.98	500m:	6:11.59	750m:	9:21.51	1000m:	12:31.68	1250m:	15:41.35	1500m:	18:47.33
5.	Devos Rhune		ROSC/31319/09		20:47.39	19:09.42	399					
	50m:	34.93	300m:	3:51.14	550m:	7:04.69	800m:	10:18.75	1050m:	13:31.61	1300m:	16:42.53
	100m:	1:13.68	350m:	4:30.24	600m:	7:43.73	850m:	10:57.67	1100m:	14:10.13	1350m:	17:20.46
	150m:	1:53.85	400m:	5:09.54	650m:	8:22.53	900m:	11:35.62	1150m:	14:48.64	1400m:	17:57.50
	200m:	2:32.64	450m:	5:47.51	700m:	9:00.99	950m:	12:14.30	1200m:	15:26.41	1450m:	18:34.07
	250m:	3:12.55	500m:	6:26.19	750m:	9:39.79	1000m:	12:53.17	1250m:	16:04.68	1500m:	19:09.42
6.	Baeyens Siemen		ZTB/11069/09		20:31.11	19:25.30	383					
	50m:	34.07	300m:	3:44.47	550m:	7:01.49	800m:	10:17.64	1050m:	13:34.68	1300m:	16:51.85
	100m:	1:11.27	350m:	4:24.06	600m:	7:40.78	850m:	10:56.94	1100m:	14:14.15	1350m:	17:31.55
	150m:	1:48.82	400m:	5:02.75	650m:	8:20.31	900m:	11:36.02	1150m:	14:53.10	1400m:	18:10.67
	200m:	2:27.20	450m:	5:42.21	700m:	8:59.48	950m:	12:15.67	1200m:	15:32.41	1450m:	18:49.68
	250m:	3:05.59	500m:	6:21.57	750m:	9:38.52	1000m:	12:55.21	1250m:	16:12.42	1500m:	19:25.30
7.	De Moor Maxime		MZK/11094/09		20:26.65	20:01.09	350					
	50m:	35.07	300m:	3:56.60	550m:	7:19.22	800m:	10:40.08	1050m:	14:01.58	1300m:	17:23.89
	100m:	1:14.57	350m:	4:36.33	600m:	7:59.56	850m:	11:20.09	1100m:	14:42.49	1350m:	18:03.83
	150m:	1:55.01	400m:	5:17.62	650m:	8:39.96	900m:	12:00.19	1150m:	15:23.05	1400m:	18:43.40
	200m:	2:35.17	450m:	5:58.71	700m:	9:19.86	950m:	12:40.55	1200m:	16:03.40	1450m:	19:23.14
	250m:	3:15.80	500m:	6:38.86	750m:	10:00.22	1000m:	13:21.36	1250m:	16:43.50	1500m:	20:01.09

14 Jarigen Oost-Vlaanderen

1.	Van Belle Simon		MEGA/11259/09		18:54.87	18:13.09	465					
	50m:	31.81	300m:	3:32.18	550m:	6:36.32	800m:	9:41.55	1050m:	12:46.31	1300m:	15:49.36
	100m:	1:07.23	350m:	4:09.45	600m:	7:13.61	850m:	10:18.01	1100m:	13:22.83	1350m:	16:26.11
	150m:	1:43.16	400m:	4:46.40	650m:	7:50.56	900m:	10:55.28	1150m:	13:59.69	1400m:	17:02.84
	200m:	2:19.52	450m:	5:22.77	700m:	8:27.14	950m:	11:32.02	1200m:	14:36.33	1450m:	17:38.91
	250m:	2:55.80	500m:	5:59.80	750m:	9:04.79	1000m:	12:09.36	1250m:	15:11.77	1500m:	18:13.09
2.	Van Daele Daan		FAST/11047/09		19:03.93	18:18.76	457					
	50m:	31.34	300m:	3:30.87	550m:	6:35.44	800m:	9:40.27	1050m:	12:46.78	1300m:	15:53.40
	100m:	1:06.01	350m:	4:07.53	600m:	7:12.61	850m:	10:17.46	1100m:	13:23.44	1350m:	16:30.54
	150m:	1:41.65	400m:	4:44.50	650m:	7:49.34	900m:	10:54.37	1150m:	14:01.21	1400m:	17:07.03
	200m:	2:17.26	450m:	5:21.41	700m:	8:26.55	950m:	11:31.28	1200m:	14:39.16	1450m:	17:43.63
	250m:	2:53.75	500m:	5:58.65	750m:	9:03.39	1000m:	12:08.81	1250m:	15:16.30	1500m:	18:18.76

PK lange afstand OV & WV
Zwevegem, 5/11/2023

Programmanr. 3, Jongens, 1500m vrije slag, 14 Jarigen Oost-Vlaanderen

Rang											Inschr.	Tijd	Pnt	
3.	Van Deursen Siebe										MEGA/11333/09	19:56.69	18:18.83	457
	50m:	31.57	300m:	3:32.44	550m:	6:35.46	800m:	9:41.86	1050m:	12:47.88	1300m:	15:54.09		
	100m:	1:06.99	350m:	4:09.20	600m:	7:12.01	850m:	10:19.08	1100m:	13:25.23	1350m:	16:30.73		
	150m:	1:43.06	400m:	4:45.94	650m:	7:49.47	900m:	10:56.62	1150m:	14:02.44	1400m:	17:07.12		
	200m:	2:19.61	450m:	5:22.54	700m:	8:26.91	950m:	11:34.21	1200m:	14:39.86	1450m:	17:43.60		
	250m:	2:55.80	500m:	5:59.26	750m:	9:04.33	1000m:	12:11.42	1250m:	15:17.25	1500m:	18:18.83		
4.	El Bouhdidi Islam										STW/11188/09	18:34.20	18:25.17	449
	50m:	31.40	300m:	3:32.52	550m:	6:39.59	800m:	9:45.54	1050m:	12:52.83	1300m:	15:59.79		
	100m:	1:06.25	350m:	4:09.39	600m:	7:17.44	850m:	10:22.78	1100m:	13:29.77	1350m:	16:36.69		
	150m:	1:42.56	400m:	4:46.96	650m:	7:54.56	900m:	11:00.19	1150m:	14:07.88	1400m:	17:14.02		
	200m:	2:19.09	450m:	5:24.22	700m:	8:31.58	950m:	11:37.68	1200m:	14:45.57	1450m:	17:50.80		
	250m:	2:55.48	500m:	6:01.84	750m:	9:08.76	1000m:	12:15.24	1250m:	15:22.92	1500m:	18:25.17		
5.	Bogaerts Thijs										MEGA/11337/09	19:25.66	18:27.70	446
	50m:	32.51	300m:	3:32.97	550m:	6:37.29	800m:	9:42.49	1050m:	12:49.38	1300m:	15:57.87		
	100m:	1:07.88	350m:	4:09.66	600m:	7:14.15	850m:	10:19.75	1100m:	13:26.87	1350m:	16:35.97		
	150m:	1:44.19	400m:	4:46.11	650m:	7:51.20	900m:	10:57.33	1150m:	14:04.86	1400m:	17:14.42		
	200m:	2:20.20	450m:	5:22.90	700m:	8:27.93	950m:	11:34.57	1200m:	14:42.33	1450m:	17:51.89		
	250m:	2:56.72	500m:	5:59.61	750m:	9:05.73	1000m:	12:12.03	1250m:	15:20.17	1500m:	18:27.70		

15-16 Jarigen West-Vlaanderen

1.	Claerhout Bas										TZT/11127/08	16:03.30	15:53.15	701
	50m:	27.24	300m:	3:02.88	550m:	5:42.01	800m:	8:20.76	1050m:	11:03.16	1300m:	13:44.71		
	100m:	57.55	350m:	3:34.62	600m:	6:13.64	850m:	8:53.52	1100m:	11:35.43	1350m:	14:16.97		
	150m:	1:28.26	400m:	4:06.54	650m:	6:45.78	900m:	9:26.01	1150m:	12:07.79	1400m:	14:49.33		
	200m:	1:59.55	450m:	4:38.46	700m:	7:17.78	950m:	9:58.35	1200m:	12:40.28	1450m:	15:21.86		
	250m:	2:31.17	500m:	5:10.13	750m:	7:48.96	1000m:	10:30.73	1250m:	13:12.35	1500m:	15:53.15		
2.	Waerniers Bere										TZT/11117/08	17:10.30	16:39.84	607
	50m:	29.49	300m:	3:15.91	550m:	6:01.44	800m:	8:48.50	1050m:	11:36.14	1300m:	14:26.03		
	100m:	1:02.82	350m:	3:49.04	600m:	6:34.65	850m:	9:21.78	1100m:	12:10.27	1350m:	15:00.01		
	150m:	1:35.87	400m:	4:22.18	650m:	7:07.96	900m:	9:55.23	1150m:	12:44.21	1400m:	15:34.77		
	200m:	2:09.30	450m:	4:54.71	700m:	7:41.51	950m:	10:29.15	1200m:	13:18.58	1450m:	16:08.22		
	250m:	2:42.43	500m:	5:27.87	750m:	8:14.81	1000m:	11:02.91	1250m:	13:52.20	1500m:	16:39.84		
3.	Provoost Matice										ROSC/11125/08	17:19.41	17:07.11	560
	50m:	30.24	300m:	3:20.97	550m:	6:15.10	800m:	9:09.55	1050m:	12:04.76	1300m:	14:56.85		
	100m:	1:04.06	350m:	3:55.83	600m:	6:49.95	850m:	9:44.37	1100m:	12:39.22	1350m:	15:30.39		
	150m:	1:38.05	400m:	4:30.57	650m:	7:24.73	900m:	10:19.39	1150m:	13:13.63	1400m:	16:04.65		
	200m:	2:12.24	450m:	5:05.54	700m:	7:59.38	950m:	10:54.62	1200m:	13:48.56	1450m:	16:37.33		
	250m:	2:46.54	500m:	5:40.14	750m:	8:34.37	1000m:	11:29.78	1250m:	14:22.52	1500m:	17:07.11		
4.	Commeene Jasper										ZB/11038/07	18:06.47	17:07.77	559
	50m:	29.79	300m:	3:20.26	550m:	6:13.81	800m:	9:07.15	1050m:	12:00.53	1300m:	14:53.73		
	100m:	1:03.71	350m:	3:55.03	600m:	6:48.42	850m:	9:41.92	1100m:	12:35.57	1350m:	15:28.76		
	150m:	1:37.85	400m:	4:29.69	650m:	7:23.03	900m:	10:16.74	1150m:	13:09.92	1400m:	16:03.60		
	200m:	2:12.04	450m:	5:04.38	700m:	7:57.83	950m:	10:51.10	1200m:	13:44.51	1450m:	16:37.41		
	250m:	2:45.99	500m:	5:39.05	750m:	8:32.46	1000m:	11:25.83	1250m:	14:19.17	1500m:	17:07.77		
5.	François Wout										TZT/11047/07	17:40.47	17:14.76	548
	50m:	31.18	300m:	3:24.39	550m:	6:17.53	800m:	9:11.26	1050m:	12:05.50	1300m:	14:58.30		
	100m:	1:05.63	350m:	3:59.12	600m:	6:51.91	850m:	9:46.07	1100m:	12:40.29	1350m:	15:32.82		
	150m:	1:40.26	400m:	4:33.70	650m:	7:26.75	900m:	10:21.08	1150m:	13:15.10	1400m:	16:07.46		
	200m:	2:14.88	450m:	5:07.99	700m:	8:01.52	950m:	10:56.11	1200m:	13:49.65	1450m:	16:42.02		
	250m:	2:49.84	500m:	5:42.85	750m:	8:36.28	1000m:	11:30.71	1250m:	14:23.97	1500m:	17:14.76		

PK lange afstand OV & WV
Zwevegem, 5/11/2023

Programmanr. 3, Jongens, 1500m vrije slag, 15-16 Jarigen West-Vlaanderen

Rang											Inschr.	Tijd	Pnt																	
6.	Druwel Mauro										ZTB/11027/08	18:40.28	17:27.01	529																
	50m: 30.37	300m: 3:26.66	550m: 6:24.62	800m: 9:22.54	1050m: 12:18.73	1300m: 15:13.51	100m: 1:04.97	350m: 4:02.48	600m: 7:00.28	850m: 9:58.31	1100m: 12:53.68	1350m: 15:48.32	150m: 1:39.70	400m: 4:37.93	650m: 7:35.83	900m: 10:33.51	1150m: 13:29.11	1400m: 16:22.39	200m: 2:15.26	450m: 5:13.73	700m: 8:11.61	950m: 11:08.87	1200m: 14:04.22	1450m: 16:56.37	250m: 2:50.97	500m: 5:49.28	750m: 8:47.19	1000m: 11:43.87	1250m: 14:38.83	1500m: 17:27.01
7.	Maes Briek										TZT/11049/07	17:46.64	17:33.20	519																
	50m: 31.37	300m: 3:26.82	550m: 6:24.59	800m: 9:23.29	1050m: 12:18.63	1300m: 15:14.64	100m: 1:06.04	350m: 4:02.30	600m: 7:00.29	850m: 9:58.29	1100m: 12:54.08	1350m: 15:50.02	150m: 1:41.20	400m: 4:38.00	650m: 7:36.02	900m: 10:33.19	1150m: 13:29.07	1400m: 16:25.19	200m: 2:16.16	450m: 5:13.48	700m: 8:12.21	950m: 11:08.74	1200m: 14:04.59	1450m: 16:59.81	250m: 2:51.64	500m: 5:49.16	750m: 8:47.55	1000m: 11:44.15	1250m: 14:39.81	1500m: 17:33.20
8.	Pirlet Wout										TZT/11082/08	19:23.89	17:43.87	504																
	50m: 30.93	300m: 3:27.90	550m: 6:25.28	800m: 9:23.52	1050m: 12:22.53	1300m: 15:22.68	100m: 1:05.94	350m: 4:03.21	600m: 7:00.75	850m: 9:59.19	1100m: 12:58.90	1350m: 15:58.17	150m: 1:41.23	400m: 4:38.81	650m: 7:36.79	900m: 10:34.91	1150m: 13:35.11	1400m: 16:34.43	200m: 2:16.61	450m: 5:14.32	700m: 8:12.45	950m: 11:11.10	1200m: 14:10.91	1450m: 17:10.69	250m: 2:52.28	500m: 5:49.79	750m: 8:48.03	1000m: 11:47.02	1250m: 14:46.70	1500m: 17:43.87
9.	Decupere Cedric										KZK/11086/07	17:59.21	18:07.40	472																
	50m: 31.51	300m: 3:30.61	550m: 6:31.75	800m: 9:32.23	1050m: 12:33.69	1300m: 15:41.00	100m: 1:06.13	350m: 4:07.14	600m: 7:07.71	850m: 10:08.43	1100m: 13:11.01	1350m: 16:18.76	150m: 1:42.47	400m: 4:43.43	650m: 7:43.85	900m: 10:44.26	1150m: 13:48.36	1400m: 16:56.22	200m: 2:18.70	450m: 5:19.55	700m: 8:20.15	950m: 11:20.08	1200m: 14:25.94	1450m: 17:32.66	250m: 2:54.42	500m: 5:55.71	750m: 8:56.28	1000m: 11:56.84	1250m: 15:03.47	1500m: 18:07.40
10.	François Tijis										TZT/11063/08	18:55.16	18:21.82	454																
	50m: 34.16	300m: 3:38.35	550m: 6:43.91	800m: 9:49.45	1050m: 12:54.43	1300m: 15:58.67	100m: 1:10.37	350m: 4:15.38	600m: 7:21.51	850m: 10:26.34	1100m: 13:31.55	1350m: 16:34.76	150m: 1:47.33	400m: 4:52.64	650m: 7:58.47	900m: 11:03.43	1150m: 14:08.66	1400m: 17:11.50	200m: 2:24.53	450m: 5:29.59	700m: 8:35.51	950m: 11:40.50	1200m: 14:45.60	1450m: 17:47.10	250m: 3:01.22	500m: 6:06.74	750m: 9:12.44	1000m: 12:17.19	1250m: 15:22.35	1500m: 18:21.82
11.	Claeys Mauro										ROSC/11177/08	18:28.48	18:36.82	436																
	50m: 32.27	300m: 3:36.01	550m: 6:42.16	800m: 9:52.45	1050m: 12:58.75	1300m: 16:08.25	100m: 1:07.98	350m: 4:13.31	600m: 7:19.67	850m: 10:29.51	1100m: 13:37.02	1350m: 16:46.20	150m: 1:44.85	400m: 4:50.33	650m: 7:57.22	900m: 11:06.60	1150m: 14:15.33	1400m: 17:23.35	200m: 2:21.59	450m: 5:27.62	700m: 8:35.31	950m: 11:43.48	1200m: 14:53.14	1450m: 18:01.04	250m: 2:58.78	500m: 6:04.78	750m: 9:13.94	1000m: 12:20.88	1250m: 15:30.32	1500m: 18:36.82
12.	Provoost Dajo										ROSC/11243/08	18:56.00	18:37.32	435																
	50m: 33.09	300m: 3:39.36	550m: 6:49.12	800m: 9:59.48	1050m: 13:07.29	1300m: 16:14.46	100m: 1:09.44	350m: 4:17.46	600m: 7:27.25	850m: 10:37.63	1100m: 13:45.04	1350m: 16:51.11	150m: 1:46.44	400m: 4:55.17	650m: 8:05.44	900m: 11:14.91	1150m: 14:22.59	1400m: 17:28.23	200m: 2:23.59	450m: 5:33.55	700m: 8:43.28	950m: 11:52.26	1200m: 15:00.10	1450m: 18:04.06	250m: 3:01.41	500m: 6:11.39	750m: 9:21.36	1000m: 12:29.97	1250m: 15:37.46	1500m: 18:37.32
13.	Goemaere Joren										ZB/11078/08	21:10.00	19:12.86	396																
	50m: 34.03	300m: 3:51.74	550m: 7:07.26	800m: 10:23.02	1050m: 13:36.14	1300m: 16:45.98	100m: 1:11.61	350m: 4:29.97	600m: 7:46.58	850m: 11:01.75	1100m: 14:14.32	1350m: 17:23.94	150m: 1:51.14	400m: 5:09.42	650m: 8:26.13	900m: 11:40.11	1150m: 14:51.99	1400m: 18:00.86	200m: 2:31.35	450m: 5:48.32	700m: 9:04.79	950m: 12:18.74	1200m: 15:30.58	1450m: 18:37.34	250m: 3:11.09	500m: 6:28.09	750m: 9:44.07	1000m: 12:57.26	1250m: 16:08.71	1500m: 19:12.86
14.	Vandenweghe Miel										ZB/11091/08	19:40.00	19:29.89	379																
	50m: 33.83	300m: 3:44.15	550m: 7:01.06	800m: 10:19.60	1050m: 13:39.04	1300m: 16:56.31	100m: 1:11.66	350m: 4:23.56	600m: 7:40.68	850m: 10:59.27	1100m: 14:18.84	1350m: 17:36.51	150m: 1:49.69	400m: 5:02.40	650m: 8:19.98	900m: 11:38.89	1150m: 14:58.14	1400m: 18:15.72	200m: 2:27.50	450m: 5:42.11	700m: 9:00.09	950m: 12:19.44	1200m: 15:37.69	1450m: 18:53.92	250m: 3:05.61	500m: 6:21.91	750m: 9:39.82	1000m: 12:59.62	1250m: 16:17.21	1500m: 19:29.89

PK lange afstand OV & WV
Zwevegem, 5/11/2023

Programmanr. 3, Heren, 1500m vrije slag

19+ Jarigen Oost-Vlaanderen

1. Van De Sompel Jarne	STA/11010/04	16:40.99	16:48.95	591
50m: 28.60	300m: 3:10.62	550m: 5:57.07	800m: 8:45.60	1050m: 11:37.55
100m: 1:00.18	350m: 3:43.61	600m: 6:30.66	850m: 9:19.93	1100m: 12:11.91
150m: 1:32.76	400m: 4:16.73	650m: 7:04.46	900m: 9:54.47	1150m: 12:46.58
200m: 2:05.33	450m: 4:49.95	700m: 7:38.13	950m: 10:29.04	1200m: 13:21.51
250m: 2:37.85	500m: 5:23.46	750m: 8:11.72	1000m: 11:03.16	1250m: 13:56.34
			1500m: 16:48.95	
2. Rydant Hannes	MEGA/10791/93	17:20.35	17:05.32	563
50m: 30.34	300m: 3:19.35	550m: 6:08.82	800m: 9:01.38	1050m: 11:54.86
100m: 1:03.93	350m: 3:53.35	600m: 6:43.48	850m: 9:35.80	1100m: 12:30.32
150m: 1:37.63	400m: 4:27.26	650m: 7:17.99	900m: 10:10.43	1150m: 13:05.21
200m: 2:11.46	450m: 5:01.21	700m: 7:52.14	950m: 10:45.10	1200m: 13:40.33
250m: 2:45.50	500m: 5:34.99	750m: 8:26.75	1000m: 11:19.89	1250m: 14:15.55
			1500m: 17:05.32	
3. Vlamijnck Robin	STA/11005/03	17:34.57	17:14.24	549
50m: 30.37	300m: 3:20.42	550m: 6:13.88	800m: 9:07.62	1050m: 12:01.81
100m: 1:03.58	350m: 3:55.05	600m: 6:48.65	850m: 9:42.34	1100m: 12:36.52
150m: 1:37.61	400m: 4:29.67	650m: 7:23.23	900m: 10:17.34	1150m: 13:11.41
200m: 2:11.66	450m: 5:04.30	700m: 7:57.86	950m: 10:52.30	1200m: 13:46.70
250m: 2:45.94	500m: 5:39.10	750m: 8:32.75	1000m: 11:27.23	1250m: 14:21.91
			1500m: 17:14.24	
4. Claeys Arthur	STA/11056/02	17:32.47	17:18.09	542
50m: 30.99	300m: 3:21.67	550m: 6:15.11	800m: 9:08.88	1050m: 12:02.95
100m: 1:04.81	350m: 3:56.56	600m: 6:49.80	850m: 9:43.40	1100m: 12:38.03
150m: 1:38.67	400m: 4:31.20	650m: 7:24.58	900m: 10:18.03	1150m: 13:13.26
200m: 2:13.03	450m: 5:05.79	700m: 7:59.37	950m: 10:53.22	1200m: 13:48.28
250m: 2:47.23	500m: 5:40.46	750m: 8:34.21	1000m: 11:28.18	1250m: 14:23.49
			1500m: 17:18.09	

Programmanr. 4
05/11/2023 - 17:32

Heren, 800m vrije slag

11 jaar en ouder
Resultaten

Punten: FINA 2023

Rang	Inschr.	Tijd	Pnt
1. Van de Gender Nils	STW/11120/07	9:28.15	9:21.20 493
50m: 30.40	200m: 2:14.34	350m: 4:01.24	500m: 5:49.18
100m: 1:04.58	250m: 2:49.65	400m: 4:36.97	550m: 6:25.12
150m: 1:39.53	300m: 3:25.10	450m: 5:13.26	600m: 7:01.02
			750m: 8:49.03
			800m: 9:21.20
2. Verhagen Robbe	STW/11180/09	9:28.75	9:21.54 492
50m: 30.54	200m: 2:13.98	350m: 4:01.20	500m: 5:49.70
100m: 1:04.60	250m: 2:49.47	400m: 4:37.11	550m: 6:25.59
150m: 1:39.25	300m: 3:25.40	450m: 5:13.50	600m: 7:01.39
			750m: 8:49.13
			800m: 9:21.54
3. Baert Warre	ZTB/11072/09	10:54.60	9:33.96 461
50m: 31.10	200m: 2:17.96	350m: 4:06.81	500m: 5:55.97
100m: 1:06.05	250m: 2:54.11	400m: 4:43.43	550m: 6:32.74
150m: 1:41.64	300m: 3:30.56	450m: 5:19.62	600m: 7:09.64
			750m: 8:59.65
			800m: 9:33.96
4. Slos Robbie	FIRST/10712/01	9:52.85	9:35.33 457
50m: 32.01	200m: 2:19.43	350m: 4:07.60	500m: 5:56.65
100m: 1:07.28	250m: 2:54.84	400m: 4:43.89	550m: 6:33.06
150m: 1:43.20	300m: 3:31.11	450m: 5:20.10	600m: 7:09.52
			750m: 8:59.64
			800m: 9:35.33
5. Rosiers Nicolas	MEGA/31368/07	10:10.10	10:06.79 390
50m: 33.09	200m: 2:27.72	350m: 4:24.21	500m: 6:20.74
100m: 1:10.56	250m: 3:06.39	400m: 5:03.21	550m: 6:59.16
150m: 1:48.45	300m: 3:45.01	450m: 5:41.58	600m: 7:37.92
			750m: 9:31.46
			800m: 10:06.79

PK lange afstand OV & WV
Zwevegem, 5/11/2023

Programmanr. 4, Heren, 800m vrije slag, 11 jaar en ouder

Rang					Inschr.	Tijd	Pnt					
6.	De Meester Xander		KWZC/11041/06		10:00.00	10:09.91	384					
	50m:	33.96	200m:	2:27.84	350m:	4:22.93	500m:	6:19.68	650m:	8:17.12	800m:	10:09.91
	100m:	1:11.34	250m:	3:06.08	400m:	5:01.97	550m:	6:59.06	700m:	8:55.70		
	150m:	1:49.72	300m:	3:44.51	450m:	5:40.86	600m:	7:38.59	750m:	9:34.43		
7.	Vanvaene Matthys		ZTB/11075/11		10:10.00	10:33.65	342					
	50m:	34.88	200m:	2:33.55	350m:	4:33.65	500m:	6:35.04	650m:	8:37.16	800m:	10:33.65
	100m:	1:13.86	250m:	3:13.97	400m:	5:13.60	550m:	7:16.64	700m:	9:18.10		
	150m:	1:54.08	300m:	3:54.17	450m:	5:54.22	600m:	7:56.93	750m:	9:57.02		
8.	Vansteenkiste Victor		ZTB/11092/12		10:25.00	10:34.31	341					
	50m:	35.95	200m:	2:34.87	350m:	4:36.73	500m:	6:37.88	650m:	8:38.47	800m:	10:34.31
	100m:	1:15.33	250m:	3:15.05	400m:	5:17.55	550m:	7:18.46	700m:	9:18.43		
	150m:	1:54.88	300m:	3:55.82	450m:	5:57.52	600m:	7:58.38	750m:	9:57.81		
9.	Landuyt Maurice		ZTB/11090/10		11:08.00	10:34.39	341					
	50m:	38.33	200m:	2:39.43	350m:	4:41.45	500m:	6:42.78	650m:	8:40.92	800m:	10:34.39
	100m:	1:19.04	250m:	3:20.49	400m:	5:22.07	550m:	7:22.40	700m:	9:19.87		
	150m:	1:59.17	300m:	4:00.94	450m:	6:02.84	600m:	8:02.17	750m:	9:58.83		
10.	Coutant Yarne		MEGA/11367/08		10:55.33	10:38.44	335					
	50m:	35.07	200m:	2:35.83	350m:	4:36.81	500m:	6:39.34	650m:	8:41.32	800m:	10:38.44
	100m:	1:14.33	250m:	3:16.60	400m:	5:17.37	550m:	7:20.71	700m:	9:21.06		
	150m:	1:54.45	300m:	3:56.45	450m:	5:58.65	600m:	8:01.18	750m:	10:00.92		
11.	De Cock Matz		AZL/11104/10		12:41.42	11:29.85	265					
	50m:	37.71	200m:	2:48.07	350m:	4:59.48	500m:	7:12.35	650m:	9:23.46	800m:	11:29.85
	100m:	1:20.45	250m:	3:31.51	400m:	5:44.05	550m:	7:55.82	700m:	10:07.32		
	150m:	2:04.16	300m:	4:15.42	450m:	6:27.90	600m:	8:40.31	750m:	10:50.61		
12.	De Kesel Lucas		MEGA/11334/09		11:50.00	11:32.95	262					
	50m:	38.88	200m:	2:48.37	350m:	5:00.69	500m:	7:13.13	650m:	9:24.83	800m:	11:32.95
	100m:	1:21.48	250m:	3:32.32	400m:	5:44.98	550m:	7:57.23	700m:	10:09.10		
	150m:	2:04.55	300m:	4:16.11	450m:	6:29.01	600m:	8:40.95	750m:	10:52.58		
13.	Van houcke Arne		UZKZ/11121/11		13:54.75	11:58.49	235					
	50m:	39.56	200m:	2:56.16	350m:	5:12.23	500m:	7:29.22	650m:	9:48.55	800m:	11:58.49
	100m:	1:24.91	250m:	3:41.16	400m:	5:57.22	550m:	8:16.06	700m:	10:32.64		
	150m:	2:10.82	300m:	4:27.15	450m:	6:42.87	600m:	9:02.78	750m:	11:16.85		
14.	Moeyersons Maxim		AZL/11114/10		13:31.44	13:24.34	167					
	50m:	43.10	200m:	3:15.85	350m:	5:47.36	500m:	8:20.64	650m:	10:53.48	800m:	13:24.34
	100m:	1:33.47	250m:	4:06.37	400m:	6:38.39	550m:	9:11.38	700m:	11:45.33		
	150m:	2:24.54	300m:	4:56.98	450m:	7:29.47	600m:	10:01.79	750m:	12:36.66		
15.	Rigole Mauro		MZK/11145/12		14:00.00	14:37.36	129					
	50m:	49.19	200m:	3:35.53	350m:	6:22.94	500m:	9:10.11	650m:	11:56.74	800m:	14:37.36
	100m:	1:44.21	250m:	4:32.00	400m:	7:17.96	550m:	10:06.03	700m:	12:50.94		
	150m:	2:40.17	300m:	5:26.97	450m:	8:14.26	600m:	11:00.75	750m:	13:45.64		
FF	Lafaut Leon		FFMEGA/11336/08		10:24.95							
FF	Van Hoey Billiet Raphaël		FFSTW/11192/11		10:46.40							
FF	Vanlerberghe Matthias		FFUZKZ/11143/11		14:08.21							