

1 - vrijdag 1 maart 2019

1-3-2019 - 8:30

Programmanr. 1  
1-3-2019 - 8:30

Heren, 50m rugslag

15 jaar en ouder  
Resultaten Voorronde

Belgisch record	25.36	Heersbrandt Francois	CNSW	Antwerpen	10-5-2015
Vlaams record	25.82	Claeys Bruno	BZK	Antwerpen	1-5-2009

WK limiet alg.: 25.17 / WJK limiet 14 - 18: 25.58 / EJK limiet 15 - 17: 25.84; 18: 25.84

Punten:

Rang		Geb.		Inschr.	Tijd	Pnt	
<b>15 - 16 jaar</b>							
1.	Guillemyen Lucas	KZK	03	BEL	28.83	<b>28.14</b>	B
2.	Lavdaniti Zhulian Xhoi	ZS	03	ALB	28.91	<b>28.52</b>	B
3.	Vanspauwen Alexander	HZS	03	BEL	28.73	<b>29.02</b>	R
4.	Adams Lucas	MEGA	04	BEL	31.94	<b>29.79</b>	
5.	Asselman Jasper	ZOLA	03	BEL	31.12	<b>29.83</b>	
6.	Van Rompaey Senne	BRABO	03	BEL	29.90	<b>29.94</b>	
7.	Hillaert Tibo	MEGA	04	BEL	32.79	<b>30.16</b>	
8.	Joris Luca	DDAT	03	BEL	31.22	<b>30.27</b>	
9.	Wanten Bernd	BRABO	04	BEL	31.65	<b>30.42</b>	
10.	Meere Jarno	DDAT	03	BEL	31.51	<b>30.77</b>	
11.	Mabbe Elian	UZKZ	04	BEL	32.11	<b>31.01</b>	
12.	Tanghe Kasper	BRABO	04	BEL	32.15	<b>31.03</b>	
13.	Raemaekers Louis	AZL	03	BEL	31.52	<b>31.12</b>	
14.	Warnon Kervens	SCZ	04	BEL	31.62	<b>31.18</b>	
15.	Schellemans Seppe	FIRST	03	BEL	31.72	<b>31.23</b>	
16.	Torfs Max	DDAT	04	BEL	31.10	<b>31.26</b>	
17.	Verbeek Sem	SHARK	04	BEL	33.19	<b>31.65</b>	
18.	Mentens Jarne	DMB	03	BEL	32.44	<b>31.68</b>	
19.	Van Cleven Kobe	BZK	04	BEL	32.42	<b>31.75</b>	
20.	Restiau Robbe	ZS	04	BEL	33.21	<b>31.76</b>	
21.	Van Hoecke Emile	MEGA	03	BEL	32.26	<b>31.97</b>	
22.	Vervloet Ruwen	BRABO	04	BEL	33.14	<b>32.13</b>	
23.	Van Eetvelde Kasper	AZK	03	BEL	32.26	<b>32.19</b>	
<b>17 - 18 jaar</b>							
1.	Simons Kenzo	OCA	01	NED	25.65	<b>26.84</b>	A
2.	Lust Louis	AZ	01	BEL	28.46	<b>27.81</b>	A
3.	Wyns Seppe	SHARK	02	BEL	28.64	<b>27.94</b>	A
4.	Berges Jens	HZA	01	BEL	28.86	<b>28.32</b>	B
5.	De Mey Largo	SCSG	01	BEL	28.83	<b>28.75</b>	B
6.	Sempels Gilles	STT	02	BEL	29.13	<b>28.90</b>	B
7.	Al Tuwajari Mustafa	BRABO	02	IRQ	29.11	<b>29.00</b>	B
8.	Verbeek Mats	SHARK	01	BEL	29.57	<b>29.09</b>	R
9.	Van Der Vennet Marco	STZ	02	BEL	30.05	<b>29.11</b>	R
10.	Van Syngel Noah	FIRST	02	BEL	29.00	<b>29.33</b>	R
11.	Labaere Levi	KZK	01	BEL	29.48	<b>29.43</b>	R
12.	Braekeveld Tibo	UZKZ	01	BEL	29.38	<b>29.44</b>	R
13.	Desard Rob	ZCK	02	BEL	31.05	<b>29.75</b>	

Programmanr. 1, Jongens, 50m rugslag, Voorronde, 17 - 18 jaar

Rang		Geb.		Inshr.	Tijd	Pnt
14.	Claeys Arthur	MEGA 02	BEL	30.38	<b>29.82</b>	
15.	Van Langendonck Tim	OZV 02	BEL	30.16	<b>30.12</b>	
16.	De Meyer Niels	BRABO 02	BEL	31.66	<b>30.65</b>	
17.	Voglar Robbe	DMB 02	BEL	31.60	<b>30.69</b>	
18.	Boudchich Ilyas	ZIOS 02	BEL	31.05	<b>31.07</b>	
19.	Vandecandelaere Jérôme	IKZ 02	BEL	31.83	<b>31.49</b>	
20.	Desmet Xaro	KZK 02	BEL	31.68	<b>31.90</b>	
DIS	Defloor Jules	HZA 01	BEL	31.14		

*SW 6.1.c - Bij gebruik van rugslagrichel, tenen van beide voeten niet in contact met startmuur en/of tenen over richel geplooid*

NG.ZA	Van Dyck Bram	KST 02	BEL	31.43		
NG.ZA	Kenis Lander	ZGEEL 01	BEL	29.94		

19 jaar en ouder

1.	Lafort Iarre	FIRST 93	BEL	27.53	<b>26.65</b>	A
2.	Groenhart Jari	OCD 00	NED	26.69	<b>26.73</b>	A
3.	Betten Jelle	OCD 00	NED	26.72	<b>27.39</b>	A
4.	Dewulf Gillian	KZK 96	BEL	27.54	<b>27.59</b>	A
5.	Peters Bert	MEGA 92	BEL	27.74	<b>27.76</b>	A
6.	Guldentops Kevin	FIRST 00	BEL	27.25	<b>28.12</b>	B
7.	Vranckx Bjarne	BEST 99	BEL	28.80	<b>28.64</b>	B
8.	Deblock Lucas	UZKZ 00	BEL	29.29	<b>29.24</b>	R
9.	Terryn Julien	RSC 93	BEL	29.07	<b>29.71</b>	R
10.	Drijvers Seppe	BEST 98	BEL	30.09	<b>29.93</b>	
	Lippens Rino	STW 00	BEL	29.98	<b>29.93</b>	
12.	Serbest Ilyas	STT 00	BEL	29.87	<b>30.45</b>	
13.	Huygh Elias	STZ 00	BEL	30.70	<b>30.81</b>	
14.	Vandeput Yannick	HZS 94	BEL	32.83	<b>32.07</b>	
NG.ZA	Surgeloose Owen	MEGA 99	BEL	27.14		

Programmanr. 2  
1-3-2019 - 8:40

Dames, 100m schoolslag

15 jaar en ouder  
Resultaten Voorronde

Belgisch record	1:07.29	Lecluyse Fanny	DM	Kazan (RUS)	3-8-2015
Vlaams record	1:08.36	Janssens Kim	BRABO	Barcelona (ESP)	29-7-2013

WK limiet alg.: 1:07.43 / WJK limiet 14 - 17: 1:09.76 / EJK limiet 14 - 16: 1:10.98 / EYOF limiet 15: 1:13.06

Punten:

Rang		Geb.		Inshr.	Tijd	Pnt
15 - 16 jaar						
1.	Borgonie Lisa	RZV 03	BEL	1:14.65	<b>1:14.11</b>	A
	50m: 34.59	100m: 1:14.11				
2.	Pas Inte	ZORO 03	BEL	1:15.72	<b>1:14.71</b>	A
	50m: 35.12	100m: 1:14.71				
3.	Feyen Charlotte	BRABO 03	BEL	1:15.92	<b>1:14.80</b>	A
	50m: 34.40	100m: 1:14.80				

Programmanr. 2, Meisjes, 100m schoolslag, Voorronde, 15 - 16 jaar

Rang			Geb.		Inshr.	Tijd	Pnt
4.	Verstrepen Siel	GZVN	03	BEL	1:19.40	<b>1:16.32</b>	A
	50m: 35.69	100m: 1:16.32					
5.	Puttaert Elien	DDAT	04	BEL	1:17.56	<b>1:16.66</b>	B
	50m: 36.67	100m: 1:16.66					
6.	Wittemans Odil	ZCT	03	BEL	1:17.25	<b>1:18.34</b>	R
	50m: 36.59	100m: 1:18.34					
7.	Van Poucke Hanne	MEGA	04	BEL	1:17.66	<b>1:19.20</b>	R
	50m: 38.17	100m: 1:19.20					
8.	Dinneweth Axelle	ZTZ	04	BEL	1:19.58	<b>1:19.32</b>	R
	50m: 35.98	100m: 1:19.32					
9.	Delcommune Wiebe	KAZS	03	BEL	1:18.63	<b>1:19.39</b>	R
	50m: 38.01	100m: 1:19.39					
10.	Van Dooren Janne	SHARK	04	BEL	1:21.94	<b>1:20.02</b>	
	50m: 37.45	100m: 1:20.02					
11.	Borremans Lotte	DDAT	03	BEL	1:17.77	<b>1:20.08</b>	
	50m: 37.35	100m: 1:20.08					
12.	De Wolf Laura	BZK	03	BEL	1:19.54	<b>1:20.56</b>	
	50m: 37.27	100m: 1:20.56					
13.	Huysmans Hanne	ZCK	04	BEL	1:22.13	<b>1:20.58</b>	
	50m: 36.95	100m: 1:20.58					
14.	Vavritska Victoria	MEGA	04	BEL	1:22.99	<b>1:20.62</b>	
	50m: 37.53	100m: 1:20.62					
15.	Cornelis Enid	AZL	04	BEL	1:24.39	<b>1:21.33</b>	
	50m: 36.98	100m: 1:21.33					
16.	Vandewal Britt	OZV	03	BEL	1:22.63	<b>1:21.48</b>	
	50m: 38.11	100m: 1:21.48					
17.	Dillen Jans	DBT	03	BEL	1:20.76	<b>1:21.68</b>	
	50m: 38.46	100m: 1:21.68					
18.	Demeyer Amandine	ZB	03	BEL	1:16.88	<b>1:21.77</b>	
	50m: 36.72	100m: 1:21.77					
19.	Daemen Emma	DMB	03	BEL	1:21.85	<b>1:21.92</b>	
	50m: 38.97	100m: 1:21.92					
20.	Keulemans Zsofi	FIRST	03	BEL	1:20.03	<b>1:21.96</b>	
	50m: 38.09	100m: 1:21.96					
21.	De Craen Imke	DDAT	04	BEL	1:21.63	<b>1:22.15</b>	
	50m: 38.75	100m: 1:22.15					
22.	Leyten Hannelore	ZGEEL	04	BEL	1:22.24	<b>1:22.24</b>	
	50m: 37.99	100m: 1:22.24					
23.	Pigeon Kelly	KVZP	03	BEL	1:18.47	<b>1:22.55</b>	
	50m: 38.55	100m: 1:22.55					
24.	Claassen Alessia	KST	04	BEL	1:23.47	<b>1:22.59</b>	
	50m: 38.11	100m: 1:22.59					

Programmanr. 2, Meisjes, 100m schoolslag, Voorronde, 15 - 16 jaar

Rang			Geb.		Inshr.	Tijd	Pnt
25.	Custers Ella	LAQUA	04	BEL	1:24.41	<b>1:23.00</b>	
	50m: 39.51	100m: 1:23.00					
	Lieten Anke	DBT	04	BEL	1:21.16	<b>1:23.00</b>	
	50m: 38.58	100m: 1:23.00					
27.	Leemans Renske	TZ	04	BEL	1:24.95	<b>1:23.70</b>	
	50m: 38.85	100m: 1:23.70					
28.	Casteur Margaux	GOLD	03	BEL	1:18.23	<b>1:24.46</b>	
	50m: 39.08	100m: 1:24.46					

17 - 18 jaar

1.	Vermeiren Fleur	BRABO	02	BEL	1:09.13	<b>1:10.32</b>	A
	50m: 31.95	100m: 1:10.32					
2.	Gaspard Florine	CNB	01	BEL	1:10.34	<b>1:11.39</b>	A
	50m: 33.48	100m: 1:11.39					
3.	Vandendorpe Florence	KZK	02	BEL	1:17.20	<b>1:17.02</b>	B
	50m: 36.85	100m: 1:17.02					
4.	Remmery Anice	KZK	02	BEL	1:16.30	<b>1:17.34</b>	B
	50m: 35.78	100m: 1:17.34					
5.	Staes Jolien	SHARK	02	BEL	1:17.69	<b>1:17.77</b>	B
	50m: 36.58	100m: 1:17.77					
6.	De Duffeleer Jolien	DMI	02	BEL	1:16.95	<b>1:17.89</b>	B
	50m: 36.60	100m: 1:17.89					
7.	Wijnants Jasmine	SHARK	02	BEL	1:16.42	<b>1:18.30</b>	B
	50m: 36.92	100m: 1:18.30					
8.	De Carne Lara	FIRST	02	BEL	1:17.04	<b>1:18.33</b>	B
	50m: 36.58	100m: 1:18.33					
	De Heyder Lot	MEGA	02	BEL	1:16.49	<b>1:18.33</b>	B
	50m: 36.87	100m: 1:18.33					
10.	Bourgeois Karo	DMI	02	BEL	1:16.69	<b>1:18.73</b>	R
	50m: 36.84	100m: 1:18.73					
11.	Van Dyck Nina	HZA	02	BEL	1:20.70	<b>1:20.37</b>	
	50m: 37.06	100m: 1:20.37					
12.	Feys Jutta	BZK	02	BEL	1:20.52	<b>1:21.02</b>	
	50m: 37.52	100m: 1:21.02					
13.	Weyts Maxine	STW	01	BEL	1:21.52	<b>1:21.51</b>	
	50m: 37.93	100m: 1:21.51					
14.	Van Pelt Marie	ZNA	02	BEL	1:21.89	<b>1:22.27</b>	
	50m: 37.77	100m: 1:22.27					
15.	Debouck Elena	IKZ	02	BEL	1:21.68	<b>1:23.19</b>	
	50m: 38.75	100m: 1:23.19					
16.	Van Steen Ayko	TZ	01	BEL	1:21.87	<b>1:24.11</b>	
	50m: 39.22	100m: 1:24.11					

Programmanr. 2, Dames, 100m schoolslag, Voorronde

19 jaar en ouder

1.	Palmans Anne	OCA	00	NED	1:10.92	<b>1:15.22</b>	A
	50m: 34.70	100m: 1:15.22					
2.	Schoefs Elise	HZS	98	BEL	1:15.72	<b>1:15.28</b>	A
	50m: 35.29	100m: 1:15.28					
3.	Van Nieuwenhove Laurien	MEGA	99	BEL	1:16.40	<b>1:18.43</b>	R
	50m: 37.16	100m: 1:18.43					
4.	Deneir Silken	GOLD	99	BEL	1:16.47	<b>1:19.60</b>	R
	50m: 37.05	100m: 1:19.60					
5.	Verbruggen Laura	SCSG	99	BEL	1:16.07	<b>1:20.01</b>	R
	50m: 37.12	100m: 1:20.01					
6.	Vens Hannelore	ROSC	90	BEL	2:05.72	<b>2:01.84</b>	
	50m: 56.24	100m: 2:01.84					

Programmanr. 3  
1-3-2019 - 8:54

Heren, 200m vrije slag

15 jaar en ouder  
Resultaten Voorronde

Belgisch record	1:46.91	Surgeloose Glenn	BRABO	London (GBR)	17-5-2016
Vlaams record	1:46.91	Surgeloose Glenn	BRABO	Londen (GBR)	17-5-2016

WK limiet alg.: 1:47.40 / WJK limiet 14 - 18: 1:49.69 / EJK limiet 15 - 17: 1:51.45; 18: 1:50.80 / EYOF limiet 15 - 16: 1:54.26

Punten:

Rang		Geb.	Inschr.	Tijd	Pnt	
15 - 16 jaar						
1.	Meeus Elias	LAQUA 03	BEL	1:54.91	<b>1:56.90</b>	B
	50m: 26.87	100m: 56.58	150m: 1:26.99	200m: 1:56.90		
2.	David Loeka	MEGA 03	BEL	1:59.79	<b>1:58.20</b>	B
	50m: 26.75	100m: 56.77	150m: 1:27.48	200m: 1:58.20		
3.	Devos Abel	DMI 03	BEL	1:58.27	<b>1:58.60</b>	B
	50m: 27.39	100m: 56.47	150m: 1:27.42	200m: 1:58.60		
4.	Berx Robbe	STT 03	BEL	1:59.56	<b>1:59.59</b>	R
	50m: 27.83	100m: 58.51	150m: 1:29.48	200m: 1:59.59		
5.	Van Keer Yoran	LAQUA 03	BEL	2:00.86	<b>2:00.02</b>	R
	50m: 27.28	100m: 57.62	150m: 1:28.97	200m: 2:00.02		
6.	Ausloos Jens	KAZS 03	BEL	2:00.49	<b>2:00.81</b>	
	50m: 27.19	100m: 57.53	150m: 1:29.16	200m: 2:00.81		
7.	Van Ermen Alexander	DDAT 04	BEL	2:08.62	<b>2:02.88</b>	
	50m: 28.60	100m: 59.37	150m: 1:31.50	200m: 2:02.88		
	Okens Jari	ZCK 03	BEL	2:03.67	<b>2:02.88</b>	
	50m: 28.33	100m: 59.25	150m: 1:31.96	200m: 2:02.88		
9.	Van Rompaey Senne	BRABO 03	BEL	2:02.59	<b>2:03.23</b>	
	50m: 28.23	100m: 59.39	150m: 1:31.56	200m: 2:03.23		
10.	Weyts Milan	STW 04	BEL	2:03.35	<b>2:03.95</b>	
	50m: 29.38	100m: 1:01.47	150m: 1:34.00	200m: 2:03.95		

Programmanr. 3, Jongens, 200m vrije slag, Voorronde, 15 - 16 jaar

Rang			Geb.		Inshr.	Tijd	Pnt
11.	Wanten Bernd		BRABO 04	BEL	2:06.53	<b>2:04.25</b>	
	50m: 28.46	100m: 59.85	150m: 1:32.63	200m: 2:04.25			
12.	Lust Henri		AZ 03	BEL	2:08.33	<b>2:04.49</b>	
	50m: 28.21	100m: 59.50	150m: 1:32.19	200m: 2:04.49			
13.	Mabbe Elian		UZKZ 04	BEL	2:06.78	<b>2:04.58</b>	
	50m: 28.54	100m: 1:00.82	150m: 1:33.91	200m: 2:04.58			
14.	Haesaert Elias		BZK 03	BEL	2:10.81	<b>2:05.47</b>	
	50m: 28.31	100m: 1:01.18	150m: 1:33.57	200m: 2:05.47			
15.	Maes Yarn		BRABO 03	BEL	2:08.25	<b>2:05.76</b>	
	50m: 28.66	100m: 1:00.83	150m: 1:34.31	200m: 2:05.76			
16.	Heyrman Tigo		BRABO 03	BEL	2:07.03	<b>2:06.18</b>	
	50m: 27.31	100m: 59.09	150m: 1:33.31	200m: 2:06.18			
17.	Vande Castele Bjarne		GOLD 04	BEL	2:07.90	<b>2:06.69</b>	
	50m: 27.84	100m: 1:00.44	150m: 1:34.16	200m: 2:06.69			
18.	Verschuere Siebe		BRABO 04	BEL	2:09.66	<b>2:06.82</b>	
	50m: 28.33	100m: 1:00.81	150m: 1:34.62	200m: 2:06.82			
19.	Adams Lucas		MEGA 04	BEL	2:05.45	<b>2:06.85</b>	
	50m: 28.66	100m: 1:01.04	150m: 1:34.17	200m: 2:06.85			
20.	Asselman Jasper		ZOLA 03	BEL	2:10.76	<b>2:07.35</b>	
	50m: 28.52	100m: 1:00.86	150m: 1:35.06	200m: 2:07.35			
21.	Gielen Yordi		DMB 03	BEL	2:11.30	<b>2:07.40</b>	
	50m: 28.28	100m: 1:00.67	150m: 1:34.88	200m: 2:07.40			
22.	Kalogeropoulos Zeno		BRABO 04	BEL	2:11.76	<b>2:07.88</b>	
	50m: 29.40	100m: 1:02.12	150m: 1:35.51	200m: 2:07.88			
23.	Carchon Brecht		ZCT 03	BEL	2:10.32	<b>2:08.03</b>	
	50m: 28.77	100m: 1:01.09	150m: 1:35.02	200m: 2:08.03			
24.	Geuens Lars		OZV 03	BEL	2:07.78	<b>2:08.32</b>	
	50m: 29.36	100m: 1:01.56	150m: 1:35.19	200m: 2:08.32			
25.	Vyncke Milan		MEGA 03	BEL	2:11.66	<b>2:08.41</b>	
	50m: 29.32	100m: 1:00.99	150m: 1:35.05	200m: 2:08.41			
26.	Laureyssens Daniel		ZS 04	BEL	2:16.66	<b>2:08.75</b>	
	50m: 29.21	100m: 1:02.24	150m: 1:35.75	200m: 2:08.75			
27.	Hollanders Ian		SHARK 03	BEL	2:07.81	<b>2:08.88</b>	
	50m: 28.54	100m: 1:01.59	150m: 1:35.95	200m: 2:08.88			
28.	Defloor Emile		HZA 03	BEL	2:10.89	<b>2:09.32</b>	
	50m: 29.63	100m: 1:03.64	150m: 1:37.58	200m: 2:09.32			
29.	Van Droogenbroeck Niels		LAQUA 03	BEL	2:07.41	<b>2:09.54</b>	
	50m: 28.69	100m: 1:01.11	150m: 1:35.01	200m: 2:09.54			
30.	Vanspauwen Alexander		HZS 03	BEL	2:10.77	<b>2:09.69</b>	
	50m: 29.67	100m: 1:03.51	150m: 1:37.91	200m: 2:09.69			
31.	Vlamijnck Robin		STA 03	BEL	2:11.31	<b>2:10.01</b>	
	50m: 30.32	100m: 1:03.05	150m: 1:36.65	200m: 2:10.01			

Programmanr. 3, Jongens, 200m vrije slag, Voorronde, 15 - 16 jaar

Rang			Geb.		Inscr.		Tijd	Pnt
32.	Meyvis Pieter		HOZT	03	BEL	2:14.37	<b>2:10.02</b>	
	50m: 29.46	100m: 1:02.42	150m: 1:36.24	200m: 2:10.02				
33.	Dujardin Goan		GOLD	04	BEL	2:11.06	<b>2:10.70</b>	
	50m: 29.13	100m: 1:02.62	150m: 1:36.99	200m: 2:10.70				
34.	Casteur Xander		GOLD	04	BEL	2:15.53	<b>2:10.72</b>	
	50m: 29.59	100m: 1:03.01	150m: 1:37.42	200m: 2:10.72				
35.	Veryser Joeri		VZV	03	BEL	2:11.94	<b>2:10.73</b>	
	50m: 28.94	100m: 1:02.51	150m: 1:37.65	200m: 2:10.73				
36.	Claeys Oscar		MEGA	04	BEL	2:11.32	<b>2:11.29</b>	
	50m: 29.45	100m: 1:01.88	150m: 1:37.17	200m: 2:11.29				
37.	Hollevoet Quinten		TSZ	04	BEL	2:17.22	<b>2:11.54</b>	
	50m: 29.45	100m: 1:02.27	150m: 1:37.01	200m: 2:11.54				
38.	De Deyne Kasper		MEGA	03	BEL	2:11.78	<b>2:11.65</b>	
	50m: 29.70	100m: 1:02.71	150m: 1:37.58	200m: 2:11.65				
39.	Van Hyfte Lennard		MEGA	04	BEL	2:16.90	<b>2:11.86</b>	
	50m: 30.67	100m: 1:04.34	150m: 1:37.77	200m: 2:11.86				
40.	Joris Dante		DDAT	03	BEL	2:09.17	<b>2:12.05</b>	
	50m: 28.93	100m: 1:01.90	150m: 1:36.91	200m: 2:12.05				
41.	Verbeek Sem		SHARK	04	BEL	2:14.58	<b>2:12.15</b>	
	50m: 28.96	100m: 1:01.70	150m: 1:36.83	200m: 2:12.15				
42.	Vandycke Lennert		ROSC	04	BEL	2:12.65	<b>2:12.24</b>	
	50m: 29.56	100m: 1:03.43	150m: 1:38.13	200m: 2:12.24				
43.	Mentens Jarne		DMB	03	BEL	2:14.34	<b>2:12.27</b>	
	50m: 30.18	100m: 1:03.98	150m: 1:39.47	200m: 2:12.27				
44.	Deleebeeck Arne		BRABO	04	BEL	2:13.32	<b>2:12.56</b>	
	50m: 29.50	100m: 1:03.11	150m: 1:38.43	200m: 2:12.56				
45.	Slock Gauthier		DDAT	03	BEL	2:14.16	<b>2:13.36</b>	
	50m: 29.52	100m: 1:02.39	150m: 1:37.24	200m: 2:13.36				
46.	Gillis Xander		ZCK	04	BEL	2:16.61	<b>2:13.43</b>	
	50m: 30.36	100m: 1:04.03	150m: 1:38.90	200m: 2:13.43				
47.	Lieckens Nolan		SHARK	03	BEL	2:10.07	<b>2:14.52</b>	
	50m: 29.93	100m: 1:03.97	150m: 1:39.86	200m: 2:14.52				
48.	Debooser Thibaut		KZK	04	BEL	2:19.18	<b>2:14.86</b>	
	50m: 30.55	100m: 1:05.68	150m: 1:41.17	200m: 2:14.86				
49.	Verbist Stijn		STW	04	BEL	2:15.62	<b>2:14.91</b>	
	50m: 30.33	100m: 1:04.57	150m: 1:40.04	200m: 2:14.91				
50.	Van Dyck Nick		KST	03	BEL	2:14.78	<b>2:15.59</b>	
	50m: 30.90	100m: 1:05.42	150m: 1:40.87	200m: 2:15.59				
51.	Criel Alvaro Nesta		STA	04	BEL	2:16.38	<b>2:15.72</b>	
	50m: 29.79	100m: 1:03.52	150m: 1:39.96	200m: 2:15.72				
52.	Vervloet Ruwen		BRABO	04	BEL	2:17.73	<b>2:15.87</b>	
	50m: 30.44	100m: 1:04.82	150m: 1:40.35	200m: 2:15.87				

Programmanr. 3, Jongens, 200m vrije slag, Voorronde, 15 - 16 jaar

Rang		Geb.	Inscr.	Tijd	Pnt
53.	Mulkens Bavo 50m: 31.15 100m: 1:05.98 150m: 1:42.30 200m: 2:16.11	LAQUA 04 BEL	2:18.67	<b>2:16.11</b>	
54.	Van De Sompel Jarne 50m: 30.91 100m: 1:05.28 150m: 1:41.76 200m: 2:16.72	STA 04 BEL	2:17.21	<b>2:16.72</b>	
55.	Heremans Nino 50m: 29.70 100m: 1:04.20 150m: 1:41.54 200m: 2:16.94	HZA 04 BEL	2:14.97	<b>2:16.94</b>	
56.	Restiau Robbe 50m: 30.51 100m: 1:05.91 150m: 1:42.68 200m: 2:17.66	ZS 04 BEL	2:19.38	<b>2:17.66</b>	
57.	Leroux Wout 50m: 32.64 100m: 1:07.51 150m: 1:43.67 200m: 2:18.60	MEGA 04 BEL	2:19.59	<b>2:18.60</b>	
58.	Torfs Max 50m: 31.01 100m: 1:06.46 150m: 1:43.12 200m: 2:18.68	DDAT 04 BEL	2:17.62	<b>2:18.68</b>	
59.	Serdons Tade 50m: 30.63 100m: 1:06.41 150m: 1:43.69 200m: 2:20.76	DBT 04 BEL	2:16.88	<b>2:20.76</b>	
60.	Desmet Simon 50m: 31.75 100m: 1:07.25 150m: 1:43.83 200m: 2:20.77	TZT 04 BEL	2:19.75	<b>2:20.77</b>	
NG.ZA	Dekimpe Dries	STT 04 BEL	2:18.69		
NG.ZA	Marichal Jarno	BRABO 03 BEL	2:07.29		
17 - 18 jaar					
1.	Kroon Luc 50m: 26.16 100m: 53.82 150m: 1:21.86 200m: 1:49.98	OCA 01 NED	1:51.11	<b>1:49.98</b>	A
2.	Franckx Stan 50m: 26.49 100m: 54.54 150m: 1:24.29 200m: 1:55.51	STT 02 BEL	1:55.94	<b>1:55.51</b>	B
3.	Camps Roeland 50m: 27.83 100m: 57.67 150m: 1:28.46 200m: 1:59.62	STT 01 BEL	2:00.28	<b>1:59.62</b>	R
4.	Horemans Ruben 50m: 27.53 100m: 58.34 150m: 1:29.38 200m: 1:59.74	SHARK 01 BEL	2:01.19	<b>1:59.74</b>	R
5.	Berghmans Jens 50m: 27.41 100m: 58.44 150m: 1:29.24 200m: 2:00.35	ZS 01 BEL	2:02.86	<b>2:00.35</b>	R
6.	Gantois Olivier 50m: 27.76 100m: 58.32 150m: 1:29.64 200m: 2:00.89	MEGA 02 BEL	2:00.13	<b>2:00.89</b>	
7.	Ivanov Nikita 50m: 28.22 100m: 58.52 150m: 1:29.91 200m: 2:01.38	BRABO 01 KGZ	2:00.94	<b>2:01.38</b>	
8.	Herteleer Jonas 50m: 27.82 100m: 58.73 150m: 1:30.13 200m: 2:01.43	MEGA 01 BEL	2:02.05	<b>2:01.43</b>	
9.	Labaere Levi 50m: 28.72 100m: 59.93 150m: 1:32.01 200m: 2:02.23	KZK 01 BEL	2:03.73	<b>2:02.23</b>	
10.	Verhaeghe Robbe Does 50m: 28.41 100m: 59.61 150m: 1:31.83 200m: 2:02.56	DMI 01 BEL	2:02.19	<b>2:02.56</b>	
11.	Janssens Renzo 50m: 28.09 100m: 59.06 150m: 1:32.05 200m: 2:02.75	BRABO 02 BEL	2:04.61	<b>2:02.75</b>	



Programmanr. 3, Jongens, 200m vrije slag, Voorronde, 17 - 18 jaar

Rang		Geb.	Inshr.	Tijd	Pnt
12.	Dobbelaere Sam 50m: 28.83 100m: 59.79 150m: 1:31.87 200m: 2:03.15	LAQUA 01 BEL	2:07.08	<b>2:03.15</b>	
13.	Lingier Elias 50m: 27.84 100m: 59.49 150m: 1:32.70 200m: 2:03.28	ROSC 02 BEL	2:07.01	<b>2:03.28</b>	
14.	Kallaert Dries 50m: 27.68 100m: 58.39 150m: 1:30.90 200m: 2:03.34	MEGA 02 BEL	2:06.38	<b>2:03.34</b>	
15.	Lauwers Sander 50m: 27.82 100m: 58.75 150m: 1:31.06 200m: 2:03.52	BRABO 01 BEL	2:04.92	<b>2:03.52</b>	
16.	Liekens Jasper 50m: 27.92 100m: 59.73 150m: 1:32.44 200m: 2:03.90	SHARK 02 BEL	2:03.43	<b>2:03.90</b>	
17.	Leroux Jef 50m: 28.09 100m: 58.97 150m: 1:31.34 200m: 2:04.01	MEGA 02 BEL	2:05.77	<b>2:04.01</b>	
18.	Boertien Stijn 50m: 28.41 100m: 59.93 150m: 1:32.20 200m: 2:04.24	OCD 01 NED	2:09.46	<b>2:04.24</b>	
19.	D'Exelle Cedric 50m: 28.60 100m: 1:00.40 150m: 1:33.19 200m: 2:04.91	ZS 02 BEL	2:11.47	<b>2:04.91</b>	
20.	Lemense Cédric 50m: 28.73 100m: 1:00.93 150m: 1:33.44 200m: 2:05.13	ROSC 02 BEL	2:04.78	<b>2:05.13</b>	
21.	Coorevits Simon 50m: 27.97 100m: 1:00.05 150m: 1:33.76 200m: 2:05.32	UZKZ 01 BEL	2:07.21	<b>2:05.32</b>	
22.	Van Der Vennet Marco 50m: 27.19 100m: 58.12 150m: 1:31.04 200m: 2:05.79	STZ 02 BEL	2:06.78	<b>2:05.79</b>	
23.	Boulez Edouard 50m: 29.23 100m: 1:00.84 150m: 1:34.34 200m: 2:05.86	DDAT 02 BEL	2:06.27	<b>2:05.86</b>	
24.	Diaz Jordi 50m: 29.72 100m: 1:02.77 150m: 1:36.58 200m: 2:06.02	GZVN 01 BEL	2:05.82	<b>2:06.02</b>	
25.	Vriens Arne 50m: 28.69 100m: 1:00.38 150m: 1:33.67 200m: 2:06.08	AZV 02 BEL	2:03.50	<b>2:06.08</b>	
26.	Serverius Jordi 50m: 29.11 100m: 1:01.75 150m: 1:34.60 200m: 2:06.62	MEGA 01 BEL	2:07.53	<b>2:06.62</b>	
27.	Vandecandelaere Jérôme 50m: 28.59 100m: 1:00.49 150m: 1:34.12 200m: 2:06.63	IKZ 02 BEL	2:04.28	<b>2:06.63</b>	
28.	De Cuyper Tibo 50m: 28.27 100m: 1:00.44 150m: 1:34.46 200m: 2:06.71	HZA 02 BEL	2:08.01	<b>2:06.71</b>	
29.	Mestdagh Arne 50m: 29.64 100m: 1:01.93 150m: 1:35.01 200m: 2:06.94	KZK 02 BEL	2:05.30	<b>2:06.94</b>	
30.	Vlamijnck Jonas 50m: 29.41 100m: 1:01.65 150m: 1:33.99 200m: 2:06.97	STA 01 BEL	2:02.89	<b>2:06.97</b>	
31.	De Backer Ruben 50m: 28.86 100m: 1:00.97 150m: 1:34.90 200m: 2:07.52	KVZP 01 BEL	2:09.69	<b>2:07.52</b>	
32.	Anderson Max 50m: 28.91 100m: 1:01.33 150m: 1:35.51 200m: 2:08.99	ZORO 02 GBR	2:11.17	<b>2:08.99</b>	

Programmanr. 3, Jongens, 200m vrije slag, Voorronde, 17 - 18 jaar

Rang				Geb.	Inshr.	Tijd	Pnt
33.	Orban Olivier	STW	02	BEL	2:08.90	<b>2:09.01</b>	
	50m: 29.29	100m: 1:01.91	150m: 1:35.94	200m: 2:09.01			
34.	Volders Aiken	BEST	02	BEL	2:08.62	<b>2:09.16</b>	
	50m: 29.08	100m: 1:01.63	150m: 1:35.53	200m: 2:09.16			
35.	Gobert Sam	MEGA	02	BEL	2:13.08	<b>2:09.38</b>	
	50m: 29.28	100m: 1:01.66	150m: 1:35.47	200m: 2:09.38			
36.	Cokelaere Matthijs	KZK	02	BEL	2:12.81	<b>2:10.49</b>	
	50m: 29.53	100m: 1:02.57	150m: 1:37.00	200m: 2:10.49			
37.	Vermeire Arne	OZV	02	BEL	2:09.62	<b>2:10.88</b>	
	50m: 29.87	100m: 1:03.44	150m: 1:38.33	200m: 2:10.88			
38.	Van Langendonck Tim	OZV	02	BEL	2:12.31	<b>2:13.00</b>	
	50m: 29.18	100m: 1:03.68	150m: 1:39.48	200m: 2:13.00			
39.	Igodt Wout	ZTB	02	BEL	2:12.65	<b>2:14.24</b>	
	50m: 29.80	100m: 1:03.72	150m: 1:39.60	200m: 2:14.24			
40.	Franssens Maurits	ZNA	02	BEL	2:12.62	<b>2:14.62</b>	
	50m: 29.69	100m: 1:03.65	150m: 1:40.04	200m: 2:14.62			
NG.ZA	Scheirlynck Olaf	VZV	02	BEL	2:13.25		
NG.ZA	Van Dyck Bram	KST	02	BEL	2:10.52		
NG.ZA	Daems Etienne	ZCT	01	BE	2:03.24		

19 jaar en ouder

1.	De Meulemeester Sébastien	BRABO	98	BEL	1:49.15	<b>1:52.37</b>	A
	50m: 26.05	100m: 53.84	150m: 1:23.03	200m: 1:52.37			
2.	Borisavljevic Valentin	LAQUA	97	BEL	1:49.84	<b>1:52.81</b>	A
	50m: 26.42	100m: 54.23	150m: 1:23.37	200m: 1:52.81			
3.	Dal Lucas	DM	99	BEL	1:51.73	<b>1:52.89</b>	A
	50m: 26.42	100m: 54.62	150m: 1:23.50	200m: 1:52.89			
4.	Weiremans Lorenz	BRABO	96	BEL	1:49.10	<b>1:52.93</b>	A
	50m: 26.34	100m: 54.33	150m: 1:23.65	200m: 1:52.93			
5.	Sommeling Bart	OCA	98	NED	1:51.66	<b>1:53.03</b>	A
	50m: 27.44	100m: 56.20	150m: 1:24.70	200m: 1:53.03			
6.	Borisavljevic Alexis	LAQUA	97	BEL	1:51.23	<b>1:53.53</b>	A
	50m: 26.04	100m: 53.99	150m: 1:23.28	200m: 1:53.53			
7.	Hendrickx Lander	LAQUA	94	BEL	1:55.15	<b>1:53.82</b>	A
	50m: 27.19	100m: 56.13	150m: 1:25.37	200m: 1:53.82			
8.	Vandersypen Vincent	BRABO	99	BEL	1:56.07	<b>1:56.24</b>	B
	50m: 27.28	100m: 56.38	150m: 1:26.27	200m: 1:56.24			
9.	Van Rossum Raf	BRABO	00	BEL	1:58.66	<b>1:57.27</b>	B
	50m: 27.32	100m: 56.89	150m: 1:27.56	200m: 1:57.27			
10.	Van Son Lander	BRABO	99	BEL	1:56.40	<b>1:57.93</b>	B
	50m: 27.10	100m: 56.83	150m: 1:27.52	200m: 1:57.93			
11.	Verbeek Bram	LWB	99	BEL	2:01.13	<b>1:58.23</b>	B
	50m: 26.13	100m: 54.97	150m: 1:26.02	200m: 1:58.23			

VK 2019  
Antwerpen, 1- - 3-3-2019

Programmanr. 3, Heren, 200m vrije slag, Voorronde, 19 jaar en ouder

Rang		Geb.	Inscr.	Tijd	Pnt
12.	De Weirdt Jan 50m: 26.63 100m: 55.90 150m: 1:27.24 200m: 1:58.71	STA 00 BEL	1:56.14	<b>1:58.71</b>	R
13.	Deblock Lucas 50m: 27.83 100m: 58.20 150m: 1:29.89 200m: 2:00.10	UZKZ 00 BEL	2:01.59	<b>2:00.10</b>	R
14.	Bottelier Lars 50m: 27.99 100m: 58.53 150m: 1:29.77 200m: 2:00.20	OCA 97 NED	1:57.67	<b>2:00.20</b>	R
15.	Trap Alexander 50m: 28.05 100m: 58.37 150m: 1:28.94 200m: 2:00.66	BRABO 97 BEL	1:55.07	<b>2:00.66</b>	
16.	Loones Matthias 50m: 28.68 100m: 59.26 150m: 1:30.83 200m: 2:01.38	MEGA 97 BEL	1:59.76	<b>2:01.38</b>	
17.	Rydant Hannes 50m: 28.32 100m: 59.22 150m: 1:30.38 200m: 2:01.46	MEGA 93 BEL	2:00.44	<b>2:01.46</b>	
18.	Bark Luca 50m: 27.82 100m: 58.06 150m: 1:30.00 200m: 2:02.07	AST 00 BEL	1:59.60	<b>2:02.07</b>	
19.	Wittevrongel Jorik 50m: 28.88 100m: 59.81 150m: 1:32.10 200m: 2:02.59	MEGA 99 BEL	2:02.84	<b>2:02.59</b>	
20.	Peeters Yentl 50m: 28.96 100m: 1:00.77 150m: 1:33.82 200m: 2:05.43	ZCM 00 BEL	2:07.89	<b>2:05.43</b>	
21.	Oris Tim 50m: 28.48 100m: 1:00.74 150m: 1:34.20 200m: 2:05.91	DMB 98 BEL	2:05.56	<b>2:05.91</b>	
22.	Heye Arko 50m: 28.75 100m: 1:01.36 150m: 1:36.00 200m: 2:10.96	STZ 00 BEL	2:08.60	<b>2:10.96</b>	
23.	Vandeput Yannick 50m: 29.93 100m: 1:03.44 150m: 1:38.29 200m: 2:13.39	HZS 94 BEL	2:11.47	<b>2:13.39</b>	
24.	Huygh Elias 50m: 28.80 100m: 1:02.23 150m: 1:38.43 200m: 2:14.43	STZ 00 BEL	2:09.34	<b>2:14.43</b>	

Programmanr. 4  
1-3-2019 - 9:40

Dames, 100m rugslag

15 jaar en ouder  
Resultaten Voorronde

Belgisch record	1:01.13	Buyts Kimberly	BRABO	Antwerpen	19-5-2013
Vlaams record	1:01.13	Buyts Kimberly	BRABO	Antwerpen	19-5-2013

WK limiet alg.: 1:00.59 / WJK limiet 14 - 17: 1:02.57 / EJK limiet 14 - 16: 1:03.64

Punten:

Rang		Geb.	Inscr.	Tijd	Pnt
15 - 16 jaar					
1.	Decaesstecker Elise 50m: 31.90 100m: 1:04.83	ZB 04 BEL	1:05.36	<b>1:04.83</b>	A
2.	Mayeres Nell 50m: 32.64 100m: 1:07.61	NCH 04 BEL	1:07.55	<b>1:07.61</b>	B
3.	Van Steen Yinthe 50m: 33.05 100m: 1:07.70	TZ 03 BEL	1:08.67	<b>1:07.70</b>	B

Programmanr. 4, Meisjes, 100m rugslag, Voorrunde, 15 - 16 jaar

Rang				Geb.	Inshr.	Tijd	Pnt
4.	Gries Laure	CNSW	04	BEL	1:09.48	<b>1:08.14</b>	B
	50m: 32.96	100m: 1:08.14					
5.	Backes Zoe	SSSV	04	BEL	1:08.53	<b>1:09.09</b>	?
	50m: 33.48	100m: 1:09.09					
	Derkoningen Flore	GZVN	04	BEL	1:09.86	<b>1:09.09</b>	?
	50m: 33.58	100m: 1:09.09					
7.	Garraux Eva	PERRON	03	BEL	1:09.46	<b>1:09.23</b>	R
	50m: 33.34	100m: 1:09.23					
8.	Gosuin Augustine	MOSAN	04	BEL	1:09.14	<b>1:09.53</b>	R
	50m: 33.24	100m: 1:09.53					
9.	Vanassche Flore	BZK	04	BEL	1:09.84	<b>1:09.54</b>	R
	50m: 33.57	100m: 1:09.54					
10.	Vandeputte Silke	BRABO	03	BEL	1:09.39	<b>1:09.74</b>	R
	50m: 33.66	100m: 1:09.74					
11.	De Keersmaeker Anthe	AART	04	BEL	1:12.72	<b>1:10.33</b>	
	50m: 33.70	100m: 1:10.33					
12.	Lippens Karo	STW	04	BEL	1:11.27	<b>1:10.57</b>	
	50m: 33.85	100m: 1:10.57					
13.	Janssen Sien	DMB	04	BEL	1:12.47	<b>1:10.76</b>	
	50m: 34.47	100m: 1:10.76					
14.	Claes Lieselotte	ZCT	03	BEL	1:09.45	<b>1:10.85</b>	
	50m: 33.84	100m: 1:10.85					
15.	Thijssen Hanne	DBT	04	BEL	1:13.04	<b>1:11.32</b>	
	50m: 34.58	100m: 1:11.32					
16.	Kelchtermans Laura	HZS	04	BEL	1:13.11	<b>1:11.36</b>	
	50m: 34.96	100m: 1:11.36					
17.	Lamotte Eva	BRABO	03	BEL	1:10.20	<b>1:11.42</b>	
	50m: 33.43	100m: 1:11.42					
18.	Bogaerts Aisha	SCZ	04	BEL	1:11.15	<b>1:11.45</b>	
	50m: 35.17	100m: 1:11.45					
19.	Van Cauwenberghe Lisa	FIRST	03	BEL	1:11.95	<b>1:11.48</b>	
	50m: 35.02	100m: 1:11.48					
	Tomcsik Kira	TZ	04	HUN	1:12.99	<b>1:11.48</b>	
	50m: 34.70	100m: 1:11.48					
21.	Dillen Jans	DBT	03	BEL	1:12.76	<b>1:11.98</b>	
	50m: 34.51	100m: 1:11.98					
22.	Pareijn Luna	DMB	03	BEL	1:11.37	<b>1:12.18</b>	
	50m: 35.01	100m: 1:12.18					
23.	Claassen Alessia	KST	04	BEL	1:14.77	<b>1:12.30</b>	
	50m: 35.09	100m: 1:12.30					
24.	Morren Maaïke	BEST	03	BEL	1:12.58	<b>1:12.49</b>	
	50m: 35.59	100m: 1:12.49					

Programmanr. 4, Meisjes, 100m rugslag, Voorrunde, 15 - 16 jaar

Rang			Geb.		Inshr.	Tijd	Pnt
24.	Van Varenberg Merel	FIRST	03	BEL	1:11.49	<b>1:12.49</b>	
	50m: 35.32	100m: 1:12.49					
26.	Carlier Silke	ZCK	03	BEL	1:10.25	<b>1:12.63</b>	
	50m: 34.53	100m: 1:12.63					
27.	Lauwers Jitske	TZ	04	BEL	1:11.26	<b>1:12.68</b>	
	50m: 34.79	100m: 1:12.68					
28.	Avalos Llerena Diana	TZ	04	BEL	1:11.51	<b>1:12.87</b>	
	50m: 34.59	100m: 1:12.87					
29.	Keulemans Zsofi	FIRST	03	BEL	1:13.44	<b>1:12.89</b>	
	50m: 34.69	100m: 1:12.89					
	Hartog Pippa	BRABO	03	BEL	1:11.44	<b>1:12.89</b>	
	50m: 35.35	100m: 1:12.89					
31.	Steenbeke Frauke	MEGA	03	BEL	1:13.85	<b>1:13.18</b>	
	50m: 35.74	100m: 1:13.18					
32.	Sneppe Diede	DDAT	03	BEL	1:12.89	<b>1:13.44</b>	
	50m: 35.31	100m: 1:13.44					
33.	Moedersheim Ambre	ZORO	03	NED	1:12.92	<b>1:13.64</b>	
	50m: 35.30	100m: 1:13.64					
34.	Angellier Liloue	ZCT	04	BEL	1:13.88	<b>1:13.68</b>	
	50m: 35.58	100m: 1:13.68					
35.	Watelle Anna	LAQUA	03	BEL	1:12.93	<b>1:14.13</b>	
	50m: 35.59	100m: 1:14.13					
36.	Sypré Lotte	MEGA	03	BEL	1:14.46	<b>1:14.30</b>	
	50m: 36.45	100m: 1:14.30					
37.	Marteleur Tille	ZCT	04	BEL	1:15.37	<b>1:15.95</b>	
	50m: 36.40	100m: 1:15.95					
NG.ZA	De Beule Troede	BRABO	03	BEL	1:13.83		
17 - 18 jaar							
1.	Smits Jade	BRABO	01	BEL	1:03.86	<b>1:04.09</b>	A
	50m: 31.06	100m: 1:04.09					
2.	Vandenbussche Indra	BZK	02	BEL	1:05.39	<b>1:05.42</b>	A
	50m: 30.94	100m: 1:05.42					
3.	Hansenne Nona	AART	01	BEL	1:04.39	<b>1:06.03</b>	A
	50m: 32.10	100m: 1:06.03					
4.	Van Wallendael Sarah	BRABO	02	BEL	1:05.81	<b>1:06.11</b>	A
	50m: 31.76	100m: 1:06.11					
5.	Taecke Ine	DMI	02	BEL	1:07.65	<b>1:08.79</b>	B
	50m: 32.91	100m: 1:08.79					
6.	Garcia Zamora Salomé	PERRON	01	BEL	1:07.49	<b>1:08.91</b>	B
	50m: 33.31	100m: 1:08.91					
7.	Van Nyverseel Silke	FIRST	01	BEL	1:09.11	<b>1:09.09</b>	?
	50m: 34.41	100m: 1:09.09					

Programmanr. 4, Dames, 100m rugslag, Voorronde, 17 - 18 jaar

Rang			Geb.		Inshr.	Tijd	Pnt
8.	Daemen Sien	DMB	01	BEL	1:08.15	<b>1:09.26</b>	R
	50m: 32.66	100m: 1:09.26					
9.	Serverius Femke	MEGA	02	BEL	1:07.62	<b>1:09.31</b>	R
	50m: 33.35	100m: 1:09.31					
10.	Talloon Charlot	FIRST	02	BEL	1:08.08	<b>1:10.08</b>	
	50m: 34.06	100m: 1:10.08					
11.	Demeyere Anouk	UZKZ	02	BEL	1:09.00	<b>1:10.53</b>	
	50m: 33.74	100m: 1:10.53					
12.	Vyaene Justine	IKZ	01	BEL	1:10.51	<b>1:10.68</b>	
	50m: 33.69	100m: 1:10.68					
13.	Brissinck Justine	ROSC	02	BEL	1:10.38	<b>1:11.00</b>	
	50m: 34.74	100m: 1:11.00					
14.	Brosens Sarah	SHARK	01	BEL	1:10.20	<b>1:11.51</b>	
	50m: 33.71	100m: 1:11.51					
15.	Vanden Noortgate Iona	AST	02	BEL	1:13.49	<b>1:12.23</b>	
	50m: 34.67	100m: 1:12.23					
16.	Veryser Jolien	VZV	01	BEL	1:10.09	<b>1:12.36</b>	
	50m: 35.06	100m: 1:12.36					
17.	Bracke Nell	LZV	02	BEL	1:13.04	<b>1:12.44</b>	
	50m: 33.60	100m: 1:12.44					
18.	Pieters Jana	HZA	02	BEL	1:13.81	<b>1:12.47</b>	
	50m: 35.14	100m: 1:12.47					
19.	Van De Velde Sien	SHARK	01	BEL	1:11.10	<b>1:12.93</b>	
	50m: 35.44	100m: 1:12.93					
20.	Peeters Saar	SHARK	01	BEL	1:11.88	<b>1:13.12</b>	
	50m: 35.40	100m: 1:13.12					
21.	Harinck Camille	KWZC	01	BEL	1:13.16	<b>1:15.03</b>	
	50m: 36.18	100m: 1:15.03					

19 jaar en ouder

1.	Tienstra Marieke	OCD	99	NED	1:01.81	<b>1:04.27</b>	A
	50m: 30.64	100m: 1:04.27					
2.	Goethals Hilkje	MEGA	95	BEL	1:04.90	<b>1:05.41</b>	A
	50m: 31.84	100m: 1:05.41					
3.	Van Heghe Margot	FIRST	99	BEL	1:06.71	<b>1:06.81</b>	A
	50m: 32.33	100m: 1:06.81					
4.	Dom Yne	SHARK	95	BEL	1:08.80	<b>1:07.80</b>	B
	50m: 33.03	100m: 1:07.80					
5.	Verzele Nathalie	BRABO	94	BEL	1:11.94	<b>1:08.47</b>	B
	50m: 32.84	100m: 1:08.47					
6.	Brissinck Eline	ROSC	00	BEL	1:10.03	<b>1:10.55</b>	
	50m: 34.36	100m: 1:10.55					

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Programmanr. 4, Dames, 100m rugslag, Voorronde, 19 jaar en ouder

Rang	Geb.	Inschr.	Tijd	Pnt
7. Haegeman Karen	AST 97 BEL	1:10.54	<b>1:11.56</b>	
50m: 34.73 100m: 1:11.56				
8. Decock Maaïke	KZK 00 BEL	1:12.33	<b>1:12.24</b>	
50m: 34.21 100m: 1:12.24				
NG.ZA Goris Mirthe	LAQUA 96 BEL	1:04.37		

Programmanr. 5  
1-3-2019 - 9:58

Heren, 400m wisselslag

15 jaar en ouder  
Resultaten Voorronde

Belgisch record	4:16.71	Bauwens Ward	BRABO	London (GBR)	28-7-2012
Vlaams record	4:16.71	Bauwens Ward	BRABO	Londen (GBR)	28-7-2012

WK limiet alg.: 4:17.90 / WJK limiet 14 - 18: 4:23.78 / EJK limiet 15 - 17: 4:27.10; 18: 4:26.44 / EYOF limiet 15 - 16: 4:37.05

Punten:

Rang	Geb.	Inschr.	Tijd	Pnt
<b>15 - 16 jaar</b>				
1. Hebb Xander	STW 03 BEL	4:49.24	<b>4:48.68</b>	A
50m: 29.00 150m: 1:41.44 250m: 2:59.00 350m: 4:15.59				
100m: 1:03.48 200m: 2:18.02 300m: 3:40.86 400m: 4:48.68				
2. Tanghe Kasper	BRABO 04 BEL	4:52.93	<b>4:55.16</b>	B
50m: 30.45 150m: 1:46.00 250m: 3:03.97 350m: 4:21.44				
100m: 1:07.28 200m: 2:24.52 300m: 3:45.38 400m: 4:55.16				
3. Heyerick Jens	KZK 03 BEL	5:04.08	<b>4:56.12</b>	B
50m: 30.75 150m: 1:46.04 250m: 3:06.94 350m: 4:22.79				
100m: 1:06.89 200m: 2:24.05 300m: 3:48.26 400m: 4:56.12				
4. Lavdaniti Zhulian Xhoi	ZS 03 ALB	4:49.70	<b>4:57.33</b>	B
50m: 29.44 150m: 1:43.50 250m: 3:05.41 350m: 4:24.45				
100m: 1:04.04 200m: 2:22.47 300m: 3:49.18 400m: 4:57.33				
5. Jaspers Sven	HZS 03 BEL	5:03.42	<b>5:00.89</b>	B
50m: 31.26 150m: 1:44.99 250m: 3:07.19 350m: 4:27.23				
100m: 1:06.38 200m: 2:23.73 300m: 3:52.04 400m: 5:00.89				
6. Deville Louis	PERRON 03 BEL	4:54.77	<b>5:02.37</b>	B
50m: 30.00 150m: 1:44.17 250m: 3:06.10 350m: 4:27.42				
100m: 1:05.89 200m: 2:21.06 300m: 3:50.75 400m: 5:02.37				
7. Meere Jarno	DDAT 03 BEL	5:07.12	<b>5:02.72</b>	B
50m: 30.91 150m: 1:46.56 250m: 3:10.58 350m: 4:29.91				
100m: 1:07.21 200m: 2:25.65 300m: 3:55.35 400m: 5:02.72				
8. Joris Luca	DDAT 03 BEL	5:05.82	<b>5:03.06</b>	R
50m: 31.67 150m: 1:46.79 250m: 3:08.22 350m: 4:29.16				
100m: 1:08.79 200m: 2:23.54 300m: 3:52.81 400m: 5:03.06				
9. Devoldere Henri	KZK 04 BEL	5:04.77	<b>5:05.86</b>	R
50m: 31.03 150m: 1:47.23 250m: 3:11.60 350m: 4:32.03				
100m: 1:07.36 200m: 2:26.49 300m: 3:57.65 400m: 5:05.86				
10. Van den Hoorn Jelle	DMB 04 BEL	5:26.51	<b>5:05.99</b>	R
50m: 31.47 150m: 1:49.84 250m: 3:12.76 350m: 4:32.92				
100m: 1:08.69 200m: 2:30.14 300m: 3:56.15 400m: 5:05.99				

Programmanr. 5, Jongens, 400m wisselslag, Voorronde, 15 - 16 jaar

Rang			Geb.		Inshr.		Tijd	Pnt
11.	De Bruyn Senne	ZCK	03	BEL	5:12.90	<b>5:07.82</b>	R	
	50m: 32.88	150m: 1:55.16	250m: 3:16.29	350m: 4:33.49				
	100m: 1:12.63	200m: 2:36.31	300m: 3:57.63	400m: 5:07.82				
12.	Stesmans Jelle	BRABO	03	BEL	5:10.03	<b>5:08.16</b>	R	
	50m: 31.25	150m: 1:47.32	250m: 3:12.96	350m: 4:34.98				
	100m: 1:07.92	200m: 2:26.04	300m: 4:00.26	400m: 5:08.16				
13.	Joris Dante	DDAT	03	BEL	5:21.68	<b>5:25.80</b>		
	50m: 32.16	150m: 1:54.27	250m: 3:23.88	350m: 4:49.20				
	100m: 1:09.57	200m: 2:37.09	300m: 4:10.36	400m: 5:25.80				
14.	Camerlynck Mathias	KVZP	04	BEL	5:34.40	<b>5:30.45</b>		
	50m: 36.23	150m: 2:05.33	250m: 3:32.45	350m: 4:55.15				
	100m: 1:20.84	200m: 2:47.33	300m: 4:18.00	400m: 5:30.45				

17 - 18 jaar

1.	Wyns Seppe	SHARK	02	BEL	4:40.77	<b>4:38.57</b>	A
	50m: 27.99	150m: 1:36.47	250m: 2:51.85	350m: 4:06.64			
	100m: 1:01.19	200m: 2:11.22	300m: 3:34.07	400m: 4:38.57			
2.	De Meyer Niels	BRABO	02	BEL	4:42.91	<b>4:43.93</b>	A
	50m: 29.32	150m: 1:40.16	250m: 2:56.14	350m: 4:10.93			
	100m: 1:03.30	200m: 2:16.59	300m: 3:36.82	400m: 4:43.93			
3.	Ardenoy Viktor	BZK	02	BEL	4:45.52	<b>4:48.02</b>	A
	50m: 28.58	150m: 1:39.66	250m: 2:58.91	350m: 4:15.76			
	100m: 1:02.56	200m: 2:15.91	300m: 3:42.97	400m: 4:48.02			
4.	Van Synghel Noah	FIRST	02	BEL	4:49.78	<b>4:50.06</b>	A
	50m: 29.39	150m: 1:40.66	250m: 2:59.95	350m: 4:16.26			
	100m: 1:02.97	200m: 2:18.18	300m: 3:42.52	400m: 4:50.06			
5.	Dejonghe Arnaud	DMI	02	BEL	4:54.44	<b>4:54.09</b>	A
	50m: 29.22	150m: 1:43.49	250m: 3:03.93	350m: 4:21.06			
	100m: 1:04.08	200m: 2:21.97	300m: 3:46.30	400m: 4:54.09			
6.	Dujardin Guillaume	MEGA	02	BEL	4:52.94	<b>4:55.11</b>	B
	50m: 30.63	150m: 1:43.89	250m: 3:02.01	350m: 4:20.01			
	100m: 1:06.00	200m: 2:21.25	300m: 3:43.86	400m: 4:55.11			
7.	Ricquier Joachim	KAZS	01	BEL	5:14.81	<b>5:04.85</b>	R
	50m: 30.51	150m: 1:46.54	250m: 3:09.64	350m: 4:31.48			
	100m: 1:06.36	200m: 2:25.78	300m: 3:54.92	400m: 5:04.85			
8.	Colson Niels	SCSG	02	BEL	5:05.36	<b>5:05.69</b>	R
	50m: 30.29	150m: 1:46.75	250m: 3:10.88	350m: 4:31.69			
	100m: 1:05.27	200m: 2:26.68	300m: 3:55.31	400m: 5:05.69			
9.	Thijssen Robbe	DBT	02	BEL	5:05.48	<b>5:11.54</b>	R
	50m: 31.68	150m: 1:49.46	250m: 3:12.65	350m: 4:34.35			
	100m: 1:09.46	200m: 2:29.08	300m: 3:57.96	400m: 5:11.54			
10.	Boulez Edouard	DDAT	02	BEL	5:19.47	<b>5:13.68</b>	
	50m: 32.88	150m: 1:54.50	250m: 3:20.72	350m: 4:41.72			
	100m: 1:11.39	200m: 2:35.19	300m: 4:06.72	400m: 5:13.68			
11.	Beauthier Killian	KVZP	02	BEL	5:15.08	<b>5:13.69</b>	
	50m: 32.42	150m: 1:53.36	250m: 3:17.73	350m: 4:40.00			
	100m: 1:11.49	200m: 2:34.06	300m: 4:03.69	400m: 5:13.69			



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Programmanr. 5, Jongens, 400m wisselslag, Voorronde, 17 - 18 jaar

Rang		Geb.	Inscr.	Tijd	Pnt
DIS	Raets Sander	BRABO 02	BEL	5:03.76	
	<i>SW 9.4 - een wedstrijdgedeelte (stijl) niet beëindigd (= A) zoals voorgeschreven voor die stijl</i>				
DIS	Bellens Jens	SHARK 01	BEL	5:14.64	
	<i>SW 7.4.a - beenbewegingen niet gelijktijdig of niet in hetzelfde horizontale vlak uitgevoerd</i>				

19 jaar en ouder

1.	Groenhart Jari	OCD 00	NED	4:24.96	<b>4:35.66</b>	A
	50m: 28.57	150m: 1:38.12	250m: 2:51.06	350m: 4:03.34		
	100m: 1:02.03	200m: 2:12.65	300m: 3:30.15	400m: 4:35.66		
2.	Dal Thomas	DM 97	BEL	4:21.97	<b>4:37.71</b>	A
	50m: 28.49	150m: 1:36.52	250m: 2:50.96	350m: 4:05.18		
	100m: 1:00.99	200m: 2:11.12	300m: 3:30.97	400m: 4:37.71		
3.	Samyn Jonas	KZK 00	BEL	5:03.22	<b>5:00.47</b>	B
	50m: 30.45	150m: 1:47.43	250m: 3:08.77	350m: 4:27.51		
	100m: 1:08.19	200m: 2:26.28	300m: 3:53.23	400m: 5:00.47		

Programmanr. 6  
1-3-2019 - 10:21

Dames, 50m vrije slag

15 jaar en ouder  
Resultaten Voorronde

Belgisch record	25.37	Sysmans Jolien	BRABO	Antwerpen	17-3-2012
Vlaams record	25.37	Sysmans Jolien	ZGEEL	Antwerpen	17-3-2012
WK limiet alg.: 25.04 / WJK limiet 14 - 17: 25.69 / EJK limiet 14 - 16: 25.95					

Punten:

Rang		Geb.	Inscr.	Tijd	Pnt	
15 - 16 jaar						
1.	Van Brabant Zita	ISWIM 03	BEL	27.20	<b>26.78</b>	A
2.	Ravelingien Lana	BRABO 03	BEL	27.71	<b>26.99</b>	A
3.	Vanhouwaert Lotte	ROSC 04	BEL	27.84	<b>27.52</b>	B
4.	Dekervel Emma	ISWIM 04	BEL	27.77	<b>27.91</b>	?
5.	Van Cauwenberghe Lisa	FIRST 03	BEL	28.14	<b>27.96</b>	R
6.	Decaesstecker Elise	ZB 04	BEL	27.83	<b>28.03</b>	R
7.	Inkaya Dalya	MEGA 03	BEL	28.68	<b>28.17</b>	
8.	Mayeres Nell	NCH 04	BEL	28.22	<b>28.21</b>	
9.	Vanassche Flore	BZK 04	BEL	28.28	<b>28.25</b>	
10.	Feyen Charlotte	BRABO 03	BEL	28.49	<b>28.30</b>	
11.	Trop Yana	SHARK 04	BEL	28.59	<b>28.33</b>	
12.	Daniëls Lise	ZIOS 03	BEL	28.78	<b>28.46</b>	
13.	Delcommune Wiebe	KAZS 03	BEL	28.85	<b>28.54</b>	
14.	De Wolf Laura	BZK 03	BEL	28.54	<b>28.63</b>	
15.	Garraux Eva	PERRON 03	BEL	28.94	<b>28.69</b>	
16.	Avalos Llerena Diana	TZ 04	BEL	28.94	<b>28.72</b>	
17.	Lamotte Eva	BRABO 03	BEL	28.96	<b>28.76</b>	
18.	Daemen Emma	DMB 03	BEL	29.41	<b>28.78</b>	
19.	Pas Inte	ZORO 03	BEL	30.20	<b>28.91</b>	
20.	Van Poucke Hanne	MEGA 04	BEL	29.55	<b>28.92</b>	
	Vavritska Victoria	MEGA 04	BEL	30.57	<b>28.92</b>	

Programmanr. 6, Meisjes, 50m vrije slag, Voorrunde, 15 - 16 jaar

Rang		Geb.		Inshr.	Tijd	Pnt
22.	Borgonie Lisa	RZV 03	BEL	28.88	<b>28.97</b>	
23.	Van Dooren Janne	SHARK 04	BEL	29.16	<b>28.98</b>	
24.	Wabelle Anna	LAQUA 03	BEL	29.06	<b>29.12</b>	
25.	Claes Lieselotte	ZCT 03	BEL	28.46	<b>29.16</b>	
26.	Hartog Pippa	BRABO 03	BEL	29.02	<b>29.29</b>	
27.	Cornelis Enid	AZL 04	BEL	29.68	<b>29.33</b>	
28.	Descamps Eleonore	STT 04	BEL	29.82	<b>29.35</b>	
29.	Van Belle Amber	ZCT 04	BEL	30.44	<b>29.41</b>	
30.	Demeyer Amandine	ZB 03	BEL	29.70	<b>29.43</b>	
31.	Vandeputte Silke	BRABO 03	BEL	29.66	<b>29.48</b>	
	Max Lara	TZ 04	BEL	30.10	<b>29.48</b>	
33.	Dinneweth Axelle	ZTZ 04	BEL	29.95	<b>29.53</b>	
34.	Backes Zoe	SSSV 04	BEL	29.08	<b>29.54</b>	
	Van Keer Farah	LAQUA 04	BEL	31.19	<b>29.54</b>	
36.	Lingier Loes	BZK 04	BEL	30.64	<b>29.61</b>	
	Keppens Mare	AST 04	BEL	30.46	<b>29.61</b>	
	Pareijn Luna	DMB 03	BEL	29.93	<b>29.61</b>	
39.	Crabbe Lore	AST 04	BEL	30.74	<b>29.62</b>	
40.	Janssen Sien	DMB 04	BEL	30.29	<b>29.63</b>	
41.	Puttaert Elien	DDAT 04	BEL	30.38	<b>29.87</b>	
42.	Wijnants Eveline	SHARK 04	BEL	30.03	<b>29.89</b>	
43.	Leterme Margo	IKZ 04	BEL	29.60	<b>29.93</b>	
44.	Mondy Yana	UZKZ 04	BEL	30.36	<b>29.95</b>	
45.	Wels Evy	DBT 04	BEL	30.24	<b>29.96</b>	
46.	Goris Cato	ZCK 03	BEL	30.32	<b>30.04</b>	
47.	Nekkebroek Liza	DIZV 04	BEL	30.42	<b>30.08</b>	
48.	Lingier Jeffe	ROSC 03	BEL	30.20	<b>30.14</b>	
49.	Swerts Fien	DBT 04	BEL	31.07	<b>30.25</b>	
50.	Van Varenberg Merel	FIRST 03	BEL	30.23	<b>30.28</b>	
51.	Van Esbroeck Charlotte	AZK 04	BEL	30.54	<b>30.30</b>	
	Nelis Isaura	MEGA 04	BEL	30.86	<b>30.30</b>	
53.	Lieten Anke	DBT 04	BEL	30.03	<b>30.33</b>	
54.	Leyten Hannelore	ZGEEL 04	BEL	30.35	<b>30.40</b>	
55.	Thijssen Hanne	DBT 04	BEL	29.74	<b>30.47</b>	
56.	Boux Jana	TZ 04	BEL	31.05	<b>31.16</b>	
NG.ZA	De Beule Troede	BRABO 03	BEL	29.85		

17 - 18 jaar

1.	Gaspard Florine	CNB 01	BEL	26.89	<b>26.28</b>	A
2.	Vandenbussche Indra	BZK 02	BEL	26.47	<b>26.38</b>	A
3.	De Jong Imani	OCA 02	NED	26.18	<b>26.50</b>	A
4.	De Graaf Julie	ZS 01	BEL	26.40	<b>26.89</b>	A
5.	Smits Jade	BRABO 01	BEL	27.60	<b>27.38</b>	B
6.	Garcia Zamora Salomé	PERRON 01	BEL	27.64	<b>27.64</b>	B
7.	Feys Jutta	BZK 02	BEL	27.42	<b>27.66</b>	B
8.	Vanhee Steffi	IKZ 01	BEL	28.24	<b>27.85</b>	B
9.	Van Wallendael Sarah	BRABO 02	BEL	28.36	<b>27.87</b>	R
10.	Brosens Sarah	SHARK 01	BEL	27.94	<b>27.89</b>	R

Programmanr. 6, Dames, 50m vrije slag, Voorronde, 17 - 18 jaar

Rang		Geb.		Inshr.	Tijd	Pnt
11.	Brissinck Justine	ROSC 02	BEL	27.65	<b>27.91</b>	?
12.	De Carne Lara	FIRST 02	BEL	28.57	<b>28.04</b>	R
13.	Van Nyverseel Silke	FIRST 01	BEL	27.83	<b>28.06</b>	R
14.	Vandendorpe Florence	KZK 02	BEL	28.02	<b>28.15</b>	
	De Heyder Lot	MEGA 02	BEL	28.58	<b>28.15</b>	
16.	Martens Chloë	BRABO 02	BEL	28.58	<b>28.16</b>	
17.	Vermeiren Fleur	BRABO 02	BEL	27.52	<b>28.18</b>	
18.	Mahieu Hannah	UZKZ 02	BEL	28.43	<b>28.30</b>	
19.	Remmery Anice	KZK 02	BEL	28.51	<b>28.37</b>	
20.	Talloon Charlot	FIRST 02	BEL	28.05	<b>28.68</b>	
	David Aïcha	LAQUA 01	BEL	28.44	<b>28.68</b>	
22.	Roskin Lotte	STT 02	BEL	28.83	<b>28.69</b>	
23.	Pieters Jana	HZA 02	BEL	28.94	<b>28.79</b>	
24.	Peeters Saar	SHARK 01	BEL	28.74	<b>28.87</b>	
25.	Van Pelt Marie	ZNA 02	BEL	29.19	<b>28.90</b>	
26.	Buytaert Lotte	TSZ 02	BEL	28.61	<b>28.91</b>	
27.	Demeyere Anouk	UZKZ 02	BEL	28.23	<b>28.96</b>	
28.	Serverius Femke	MEGA 02	BEL	28.81	<b>29.03</b>	
29.	Taecke Ine	DMI 02	BEL	28.60	<b>29.09</b>	
30.	Juvyns Leila	ZCT 01	BE	29.61	<b>29.23</b>	
31.	Theuwis Rune	OZV 02	BEL	29.72	<b>29.32</b>	
32.	Kennis Nathalie	KST 02	BEL	30.12	<b>29.33</b>	
33.	Bianchi Dehlya	SCSG 02	BEL	30.02	<b>29.37</b>	
34.	Van Dyck Nina	HZA 02	BEL	29.98	<b>29.44</b>	
35.	Wulfrancke Erin	MEGA 02	BEL	28.86	<b>29.48</b>	
36.	Torfs Nora	KAZS 01	BEL	29.21	<b>29.52</b>	
37.	Bracke Nell	LZV 02	BEL	29.65	<b>29.58</b>	
38.	Quanlard Manon	SCSG 02	BEL	30.10	<b>29.66</b>	
39.	Descamps Axelle	KZK 02	BEL	29.96	<b>29.67</b>	
40.	Naert Margaux	STA 02	BEL	29.44	<b>29.68</b>	
41.	Veryser Jolien	VZV 01	BEL	29.68	<b>29.71</b>	
42.	Peeters Marte	BRABO 01	BEL	30.07	<b>29.82</b>	
43.	Vyaene Justine	IKZ 01	BEL	29.89	<b>29.83</b>	
	Wulfrancke Elise	MEGA 01	BEL	29.60	<b>29.83</b>	
45.	Vaerenberg Marlies	ZCT 02	BEL	30.28	<b>29.90</b>	
46.	Marescaux Camille	RSC 02	BEL	30.11	<b>29.96</b>	
47.	Harinck Camille	KWZC 01	BEL	28.63	<b>30.10</b>	
48.	Van Avermaet Merel	TSZ 01	BEL	30.20	<b>30.13</b>	
49.	Debouck Elena	IKZ 02	BEL	29.76	<b>30.43</b>	

19 jaar en ouder

1.	Dumont Juliette	PERRON 00	BEL	26.42	<b>26.45</b>	A
2.	Tienstra Marieke	OCD 99	NED	27.42	<b>26.59</b>	A
3.	Palmans Anne	OCA 00	NED	27.47	<b>27.38</b>	B
4.	Wijns Chloë	BRABO 98	BEL	26.93	<b>27.40</b>	B
5.	De Keersmaeker Audrey	BRABO 99	BEL	27.08	<b>27.48</b>	B
6.	Dom Yne	SHARK 95	BEL	28.37	<b>28.07</b>	
7.	Goethals Hilkje	MEGA 95	BEL	27.99	<b>28.16</b>	

Programmanr. 6, Dames, 50m vrije slag, Voorronde, 19 jaar en ouder

Rang		Geb.		Inschr.	Tijd	Pnt
8.	Buytaert Fien	TSZ	00	BEL	28.58	<b>28.60</b>
9.	Mattens Edith	KZK	97	BEL	28.94	<b>28.70</b>
10.	Decock Maaike	KZK	00	BEL	28.84	<b>28.76</b>
11.	De Backer Nele	SCSG	00	BEL	28.22	<b>28.78</b>
12.	Verbruggen Laura	SCSG	99	BEL	28.98	<b>28.80</b>
13.	De Mol Romy	BZK	98	BEL	28.52	<b>28.94</b>
14.	Loof Isabelle	FIRST	97	BEL	29.29	<b>29.01</b>
15.	De Baere Marie-Claire	STW	97	BEL	29.32	<b>29.14</b>
16.	Van Nieuwenhove Laurien	MEGA	99	BEL	28.45	<b>29.15</b>
17.	Spincemaille Laura	UZKZ	00	BEL	28.90	<b>29.27</b>
18.	Haegeman Karen	AST	97	BEL	29.49	<b>29.52</b>
NG.ZA	Dom Elize	DIZV	00	BEL	29.83	

Programmanr. 7  
1-3-2019 - 10:38

Heren, 50m schoolslag

15 jaar en ouder  
Resultaten Voorronde

Belgisch record	27.64	Caerts Basten	DBT	Gent	10-5-2018
Vlaams record	27.64	Caerts Basten	DBT	Gent	10-5-2018

WK limiet alg.: 27.39 / WJK limiet 14 - 18: 28.33 / EJK limiet 15 - 17: 28.62; 18: 28.62

Punten:

Rang		Geb.		Inschr.	Tijd	Pnt
<b>15 - 16 jaar</b>						
1.	Ausloos Jens	KAZS	03	BEL	31.75	<b>30.93</b> B
2.	Van Keer Yoran	LAQUA	03	BEL	31.95	<b>31.39</b> B
3.	Lavdaniti Zhulian Xhoi	ZS	03	ALB	31.77	<b>31.96</b> R
4.	Weyts Milan	STW	04	BEL	34.39	<b>32.29</b> R
5.	Heyrman Tigo	BRABO	03	BEL	32.61	<b>32.32</b>
6.	Verstraeten Gihao	FIRST	03	BEL	33.37	<b>33.12</b>
7.	Van Den Berghe Sebbe	STZ	03	BEL	33.62	<b>33.34</b>
8.	Vandepitte Alexander	MEGA	03	BEL	34.78	<b>33.38</b>
9.	Lambert Yann	ZNA	04	BEL	34.87	<b>34.06</b>
10.	Verschueren Siebe	BRABO	04	BEL	35.72	<b>34.07</b>
	Desmet Milan	KWZC	03	BEL	34.63	<b>34.07</b>
12.	Vanhollebeke Maxence	FIRST	04	BEL	33.57	<b>34.08</b>
13.	Gullentops Axel	HZA	03	BEL	35.39	<b>34.21</b>
14.	De Bruyn Senne	ZCK	03	BEL	33.88	<b>34.33</b>
15.	Van Hoecke Emile	MEGA	03	BEL	34.87	<b>34.38</b>
16.	Saidi Yassin	BRABO	04	BEL	34.47	<b>34.46</b>
17.	Matthijs Laurenz	SCZ	04	BEL	35.12	<b>34.54</b>
18.	Vandendorpe Emile	KWZC	04	BEL	35.74	<b>34.80</b>
19.	Joris Dante	DDAT	03	BEL	35.01	<b>35.24</b>
20.	Zwijns Kevin	ZS	04	NED	35.93	<b>35.45</b>
21.	Verbist Stijn	STW	04	BEL	35.45	<b>35.60</b>
22.	Van De Sompel Jarne	STA	04	BEL	35.78	<b>35.62</b>

Programmanr. 7, Heren, 50m schoolslag, Voorronde

17 - 18 jaar

1.	Boertien Stijn	OCD	01	NED	29.44	<b>29.24</b>	A
2.	Grondel Charles	SCSG	02	BEL	29.70	<b>29.67</b>	A
3.	Ruijten Sander	DMB	01	BEL	30.49	<b>30.79</b>	A
4.	De Schryver Noah	ZNA	01	BEL	31.07	<b>31.18</b>	B
5.	Vanderhulst Midas	STT	01	BEL	31.80	<b>31.28</b>	B
6.	Janssens Renzo	BRABO	02	BEL	31.14	<b>31.37</b>	B
7.	Dekimpe Bregt	STT	01	BEL	32.02	<b>31.47</b>	B
8.	Mestdagh Arne	KZK	02	BEL	32.01	<b>31.49</b>	B
9.	Cleymans Karsten	STZ	02	BEL	32.46	<b>31.74</b>	R
10.	Berquin Luka	ISWIM	02	BEL	33.09	<b>32.42</b>	
11.	Verstraete Jaron	ZB	01	BEL	32.88	<b>32.44</b>	
12.	Volders Aiken	BEST	02	BEL	32.59	<b>32.66</b>	
13.	Claesen Tijs	ZDKB	02	BEL	34.83	<b>32.68</b>	
14.	Orban Olivier	STW	02	BEL	32.84	<b>32.74</b>	
15.	Heidbuchel Hendrik	LAQUA	01	BEL	34.21	<b>33.02</b>	
16.	De Cuyper Tibo	HZA	02	BEL	33.40	<b>33.25</b>	
17.	Jonckheere Yori	RSC	02	BEL	35.28	<b>33.39</b>	
18.	Peeters Jaron	ZNA	02	BEL	34.11	<b>33.54</b>	
19.	Thijssen Robbe	DBT	02	BEL	33.43	<b>33.59</b>	
20.	Wakker Damon	ZCM	01	BEL	33.02	<b>33.67</b>	
21.	Anderson Max	ZORO	02	GBR	34.80	<b>33.69</b>	
22.	Cokelaere Matthijs	KZK	02	BEL	34.78	<b>34.70</b>	
23.	Vermeire Arne	OZV	02	BEL	35.18	<b>36.07</b>	
NG.ZA	Van Dyck Bram	KST	02	BEL	34.77		

19 jaar en ouder

1.	Oegretir Berkay Oemer	TUR	98	TUR	27.89	<b>28.97</b>	A
2.	Callewaert Niels	BRABO	00	BEL	29.30	<b>29.58</b>	A
3.	Dewulf Gillian	KZK	96	BEL	29.78	<b>30.32</b>	A
4.	Vaernewyck Xander	KZK	99	BEL	30.70	<b>30.71</b>	A
5.	Vranckx Bjarne	BEST	99	BEL	30.98	<b>30.75</b>	A
6.	Rydant Hannes	MEGA	93	BEL	30.99	<b>31.38</b>	B
7.	Oris Tim	DMB	98	BEL	31.98	<b>31.68</b>	R
8.	Decuyper Brecht	MEGA	00	BEL	32.28	<b>31.73</b>	R
9.	Vandorpe Aaron	RSC	00	BEL	32.03	<b>31.83</b>	?
	Delbecque Tore	GOLD	00	BEL	31.11	<b>31.83</b>	?
11.	Heye Arko	STZ	00	BEL	31.87	<b>31.91</b>	R
12.	Leemans Mats	STZ	99	BEL	32.70	<b>32.68</b>	
13.	Vandendorpe Henri	KWZC	00	BEL	33.36	<b>32.93</b>	
14.	Berteloot Ruben	RZV	92	BEL	33.90	<b>34.68</b>	
NG.ZA	Dijkstra Juri	OCA	00	NED	28.21		

Programmanr. 8 Dames, 200m vlinderslag 15 jaar en ouder  
1-3-2019 - 10:47 Resultaten Voorrunde

Belgisch record 2:10.78 DUMONT Valentine NOC Netanya (ISR) 28-6-2017  
Vlaams record 2:12.41 Buelens Griet FAST Molenbeek 1-5-2008

WK limiet alg.: 2:09.21 / WJK limiet 14 - 17: 2:14.74 / EJK limiet 14 - 16: 2:17.81

Punten:

Rang	Geb.	Inschr.	Tijd	Pnt
<b>15 - 16 jaar</b>				
1. Wauters Laura	STT 03 BEL	2:24.91	<b>2:23.72</b>	A
50m: 32.44 100m: 1:09.29 150m: 1:45.61 200m: 2:23.72				
2. Maerevoet Marie	SHARK 04 BEL	2:29.92	<b>2:26.92</b>	A
50m: 32.95 100m: 1:10.41 150m: 1:48.60 200m: 2:26.92				
3. Deconinck Gaëlle	BZK 04 BEL	2:25.84	<b>2:27.13</b>	A
50m: 33.18 100m: 1:11.49 150m: 1:50.54 200m: 2:27.13				
4. Van Steen Yinthe	TZ 03 BEL	2:35.66	<b>2:32.04</b>	A
50m: 32.51 100m: 1:11.64 150m: 1:51.91 200m: 2:32.04				
5. Vandewal Britt	OZV 03 BEL	2:36.87	<b>2:36.07</b>	A
50m: 34.24 100m: 1:14.44 150m: 1:54.98 200m: 2:36.07				
6. Kelchtermans Laura	HZS 04 BEL	2:39.16	<b>2:39.91</b>	R
50m: 34.17 100m: 1:15.57 150m: 1:58.11 200m: 2:39.91				
7. Tomcsik Kira	TZ 04 HUN	2:41.66	<b>2:44.01</b>	R
50m: 33.98 100m: 1:15.88 150m: 2:01.95 200m: 2:44.01				
NG.ZA Lauwers Jitske	TZ 04 BEL	2:35.13		
<b>17 - 18 jaar</b>				
1. Rombout Lisa	HZA 01 BEL	2:25.66	<b>2:28.40</b>	A
50m: 30.81 100m: 1:07.23 150m: 1:47.86 200m: 2:28.40				
2. Van Steen Ayko	TZ 01 BEL	2:33.32	<b>2:40.82</b>	R
50m: 33.26 100m: 1:13.25 150m: 1:56.46 200m: 2:40.82				
DIS De Duffeleer Jolien	DMI 02 BEL	2:32.90		
<i>SW 10.2 - niet de volledige afstand gezwommen</i>				
DIS Marceniuk Marijke	HZS 02 BEL	2:31.06		
<i>SW 8.4 - niet met 2 handen gelijktijdig muur geraakt en/of handen op elkaar gelegd bij KP of A</i>				
<b>19 jaar en ouder</b>				
1. Van Heghe Margot	FIRST 99 BEL	2:21.30	<b>2:23.19</b>	A
50m: 31.77 100m: 1:07.83 150m: 1:46.82 200m: 2:23.19				
2. Haenebalcke Laure	MEGA 98 BEL	2:27.03	<b>2:29.44</b>	A
50m: 31.98 100m: 1:08.78 150m: 1:47.73 200m: 2:29.44				

Programmanr. 9 Heren, 100m vlinderslag 15 jaar en ouder  
1-3-2019 - 10:53 Resultaten Voorronde

Belgisch record 52.22 Heersbrandt François WN London (GBR) 2-8-2012  
Vlaams record 52.74 Croenen Louis SHARK Budapest (HUN) 28-7-2017

WK limiet alg.: 51.96 / WJK limiet 14 - 18: 53.56 / EJK limiet 15 - 17: 54.50; 18: 54.10 / EYOF limiet 15 - 16: 56.29

Punten:

Rang	Geb.	Inschr.	Tijd	Pnt
<b>15 - 16 jaar</b>				
1. Hebb Xander	STW 03	BEL	1:00.12	<b>59.47</b> B
50m: 27.95	100m: 59.47			
2. Devos Abel	DMI 03	BEL	59.49	<b>59.54</b> B
50m: 27.53	100m: 59.54			
3. Berx Robbe	STT 03	BEL	1:01.52	<b>1:00.14</b> R
50m: 28.10	100m: 1:00.14			
4. Spleers Mauro	FIRST 03	BEL	1:01.11	<b>1:00.67</b> R
50m: 27.68	100m: 1:00.67			
5. Geuens Lars	OZV 03	BEL	1:03.95	<b>1:01.04</b>
50m: 27.71	100m: 1:01.04			
6. Guillemyen Lucas	KZK 03	BEL	1:03.05	<b>1:01.17</b>
50m: 29.48	100m: 1:01.17			
7. Van Rompaey Senne	BRABO 03	BEL	1:01.20	<b>1:01.72</b>
50m: 28.63	100m: 1:01.72			
8. Veryser Joeri	VZV 03	BEL	1:02.24	<b>1:01.97</b>
50m: 29.30	100m: 1:01.97			
9. Heyerick Jens	KZK 03	BEL	1:02.71	<b>1:02.02</b>
50m: 29.11	100m: 1:02.02			
10. Okens Jari	ZCK 03	BEL	1:01.59	<b>1:02.86</b>
50m: 28.93	100m: 1:02.86			
11. Haesaert Elias	BZK 03	BEL	1:06.02	<b>1:02.89</b>
50m: 29.44	100m: 1:02.89			
12. Hillaert Tibo	MEGA 04	BEL	1:05.76	<b>1:02.95</b>
50m: 28.83	100m: 1:02.95			
13. Gielen Yordi	DMB 03	BEL	1:06.11	<b>1:03.11</b>
50m: 29.12	100m: 1:03.11			
14. Raemaekers Louis	AZL 03	BEL	1:05.38	<b>1:03.49</b>
50m: 30.12	100m: 1:03.49			
15. Defloor Emile	HZA 03	BEL	1:05.00	<b>1:03.82</b>
50m: 30.05	100m: 1:03.82			
16. Stesmans Jelle	BRABO 03	BEL	1:06.66	<b>1:04.11</b>
50m: 30.20	100m: 1:04.11			
17. Vande Castele Bjarne	GOLD 04	BEL	1:06.67	<b>1:04.31</b>
50m: 28.96	100m: 1:04.31			
18. Hollanders Ian	SHARK 03	BEL	1:05.14	<b>1:04.38</b>
50m: 29.44	100m: 1:04.38			

Programmanr. 9, Jongens, 100m vlinderslag, Voorronde, 15 - 16 jaar

Rang			Geb.		Inshr.	Tijd	Pnt
19.	Meere Jarno	DDAT	03	BEL	1:04.39	<b>1:04.40</b>	
	50m: 29.27	100m: 1:04.40					
20.	Devoldere Henri	KZK	04	BEL	1:02.91	<b>1:04.42</b>	
	50m: 30.72	100m: 1:04.42					
21.	Fruyt Arno	STT	03	BEL	1:05.87	<b>1:04.56</b>	
	50m: 30.48	100m: 1:04.56					
	Moreau Dylan	AART	04	BEL	1:05.18	<b>1:04.56</b>	
	50m: 30.56	100m: 1:04.56					
23.	Verbeek Sem	SHARK	04	BEL	1:07.46	<b>1:05.54</b>	
	50m: 29.60	100m: 1:05.54					
24.	Van Eetvelde Kasper	AZK	03	BEL	1:06.16	<b>1:05.57</b>	
	50m: 29.86	100m: 1:05.57					
25.	Joris Luca	DDAT	03	BEL	1:06.34	<b>1:05.64</b>	
	50m: 30.69	100m: 1:05.64					
26.	Laureyssens Daniel	ZS	04	BEL	1:07.47	<b>1:05.74</b>	
	50m: 30.40	100m: 1:05.74					
27.	Vandycke Lennert	ROSC	04	BEL	1:08.06	<b>1:06.35</b>	
	50m: 31.13	100m: 1:06.35					
28.	Claeys Oscar	MEGA	04	BEL	1:07.63	<b>1:06.94</b>	
	50m: 30.22	100m: 1:06.94					

17 - 18 jaar

1.	Ruijten Sander	DMB	01	BEL	58.71	<b>58.32</b>	A
	50m: 27.15	100m: 58.32					
2.	Dejonghe Arnaud	DMI	02	BEL	58.59	<b>58.47</b>	A
	50m: 27.14	100m: 58.47					
3.	Liekens Jasper	SHARK	02	BEL	59.22	<b>59.13</b>	A
	50m: 27.78	100m: 59.13					
4.	Camps Roeland	STT	01	BEL	59.62	<b>59.19</b>	B
	50m: 27.86	100m: 59.19					
5.	Van Synghel Noah	FIRST	02	BEL	59.75	<b>59.21</b>	B
	50m: 27.53	100m: 59.21					
6.	Horemans Ruben	SHARK	01	BEL	1:00.56	<b>59.68</b>	B
	50m: 27.48	100m: 59.68					
7.	Verhaeghe Robbe Does	DMI	01	BEL	58.99	<b>59.87</b>	B
	50m: 28.43	100m: 59.87					
8.	Ardenoy Viktor	BZK	02	BEL	59.86	<b>1:00.08</b>	B
	50m: 27.95	100m: 1:00.08					
9.	Ivanov Nikita	BRABO	01	KGZ	1:02.04	<b>1:00.59</b>	R
	50m: 28.50	100m: 1:00.59					
10.	Leroux Jef	MEGA	02	BEL	1:02.24	<b>1:00.74</b>	R
	50m: 27.91	100m: 1:00.74					



Programmanr. 9, Jongens, 100m vlinderslag, Voorronde, 17 - 18 jaar

Rang		Geb.	Inshr.	Tijd	Pnt
11.	Braekeveld Tibo 50m: 27.70 100m: 1:00.89	UZKZ 01	BEL	1:03.32	<b>1:00.89</b> R
12.	Van De Weyer Jorre 50m: 28.44 100m: 1:00.98	ZGEEL 01	BEL	1:00.41	<b>1:00.98</b> R
13.	Gantois Olivier 50m: 28.66 100m: 1:01.05	MEGA 02	BEL	1:01.09	<b>1:01.05</b>
14.	Diaz Jordi 50m: 27.60 100m: 1:01.58	GZVN 01	BEL	1:02.52	<b>1:01.58</b>
15.	De Schryver Noah 50m: 28.66 100m: 1:01.59	ZNA 01	BEL	1:02.81	<b>1:01.59</b>
16.	Voglar Robbe 50m: 28.94 100m: 1:01.60	DMB 02	BEL	1:03.02	<b>1:01.60</b>
17.	Claeys Arthur 50m: 29.17 100m: 1:01.78	MEGA 02	BEL	1:02.12	<b>1:01.78</b>
18.	Al Tuwajari Mustafa 50m: 28.60 100m: 1:02.10	BRABO 02	IRQ	1:02.23	<b>1:02.10</b>
19.	Lauwers Sander 50m: 28.01 100m: 1:02.31	BRABO 01	BEL	1:01.41	<b>1:02.31</b>
20.	Abdulhussain Zaid 50m: 29.26 100m: 1:02.86	DMI 02	IRQ	1:03.00	<b>1:02.86</b>
21.	Vandecandelaere Jérôme 50m: 29.31 100m: 1:03.54	IKZ 02	BEL	1:02.48	<b>1:03.54</b>
22.	Vriens Arne 50m: 29.90 100m: 1:04.18	AZV 02	BEL	1:03.90	<b>1:04.18</b>
	Vlamijnck Jonas 50m: 29.90 100m: 1:04.18	STA 01	BEL	1:03.25	<b>1:04.18</b>
24.	Defloor Jules 50m: 29.27 100m: 1:04.20	HZA 01	BEL	1:04.56	<b>1:04.20</b>
DIS	Franckx Stan <i>SW 4.4 - valse start</i>	STT 02	BEL	59.14	
NG.ZA	Kenis Lander	ZGEEL 01	BEL	1:04.03	
19 jaar en ouder					
1.	Krijgsman Jens 50m: 26.18 100m: 56.76	OCA 99	NED	55.10	<b>56.76</b> A
2.	De Bruin Junior 50m: 26.51 100m: 56.94	OCD 00	NED	55.50	<b>56.94</b> A
3.	Vandersypen Vincent 50m: 27.45 100m: 57.71	BRABO 99	BEL	56.91	<b>57.71</b> A
4.	Terryn Julien 50m: 27.66 100m: 58.93	RSC 93	BEL	58.04	<b>58.93</b> A
5.	Peters Bert 50m: 27.15 100m: 59.16	MEGA 92	BEL	58.00	<b>59.16</b> A

Programmanr. 9, Heren, 100m vlinderslag, Voorronde, 19 jaar en ouder

Rang		Geb.	Inschr.	Tijd	Pnt
6.	Peeters Yentl 50m: 27.79 100m: 1:00.06	ZCM 00	BEL 1:00.93	<b>1:00.06</b>	B
7.	Verbeek Bram 50m: 27.42 100m: 1:00.51	LWB 99	BEL 59.93	<b>1:00.51</b>	R
8.	Samyn Jonas 50m: 28.35 100m: 1:00.82	KZK 00	BEL 1:00.93	<b>1:00.82</b>	R
9.	Vanderhulst Kasper 50m: 27.97 100m: 1:01.11	STT 00	BEL 1:01.30	<b>1:01.11</b>	
10.	Laceur Joni 50m: 28.51 100m: 1:01.42	BEST 98	BEL 1:00.84	<b>1:01.42</b>	
11.	Wittevrongel Jorik 50m: 28.71 100m: 1:01.52	MEGA 99	BEL 1:02.70	<b>1:01.52</b>	
12.	Lippens Rino 50m: 28.69 100m: 1:01.85	STW 00	BEL 1:02.08	<b>1:01.85</b>	
13.	Guldentops Kevin 50m: 28.91 100m: 1:02.38	FIRST 00	BEL 1:00.80	<b>1:02.38</b>	
14.	Van Rossum Raf 50m: 28.85 100m: 1:02.55	BRABO 00	BEL 1:02.53	<b>1:02.55</b>	
15.	Decuyper Brecht 50m: 30.26 100m: 1:03.56	MEGA 00	BEL 1:02.77	<b>1:03.56</b>	
16.	Thierens Jarno 50m: 30.85 100m: 1:07.76	STW 98	BEL 1:05.84	<b>1:07.76</b>	

Programmanr. 10  
1-3-2019 - 11:08

Dames, 400m vrije slag

15 jaar en ouder  
Resultaten Voorronde

Belgisch record	4:11.12	Dumont Valentine	NOC	Rome (ITA)	29-6-2018
Vlaams record	4:13.57	Goris Lotte	BRABO	Hodmezovasarhely (HUN)	7-7-2016

WK limiet alg.: 4:10.57 / WJK limiet 14 - 17: 4:14.98 / EJK limiet 14 - 16: 4:20.08

Punten:

Rang		Geb.	Inschr.	Tijd	Pnt
15 - 16 jaar					
1.	Inkaya Dalya 50m: 30.08 150m: 1:37.80 250m: 2:47.77 350m: 3:58.76 100m: 1:03.36 200m: 2:13.04 300m: 3:23.00 400m: 4:32.87	MEGA 03	BEL 4:29.55	<b>4:32.87</b>	A
2.	Khiyara Lina 50m: 30.64 150m: 1:39.00 250m: 2:49.31 350m: 3:59.84 100m: 1:04.23 200m: 2:14.21 300m: 3:24.42 400m: 4:34.31	PERRON 03	BEL 4:32.18	<b>4:34.31</b>	A
3.	Lingier Loes 50m: 31.11 150m: 1:41.81 250m: 2:53.48 350m: 4:05.32 100m: 1:06.15 200m: 2:17.66 300m: 3:29.59 400m: 4:40.27	BZK 04	BEL 4:43.24	<b>4:40.27</b>	B
4.	Gries Laure 50m: 31.00 150m: 1:41.02 250m: 2:52.71 350m: 4:05.30 100m: 1:05.79 200m: 2:16.87 300m: 3:29.14 400m: 4:40.31	CNSW 04	BEL 4:38.90	<b>4:40.31</b>	B

Programmanr. 10, Meisjes, 400m vrije slag, Voorrunde, 15 - 16 jaar

Rang			Geb.		Inshr.	Tijd	Pnt
5.	Gosuin Augustine		MOSAN 04	BEL	4:46.01	<b>4:40.62</b>	B
	50m: 31.92	150m: 1:41.38	250m: 2:52.87	350m: 4:06.14			
	100m: 1:06.31	200m: 2:17.17	300m: 3:29.16	400m: 4:40.62			
6.	Mastsiapan Darya		MEGA 04	BEL	4:38.19	<b>4:44.02</b>	R
	50m: 31.89	150m: 1:42.39	250m: 2:55.25	350m: 4:08.48			
	100m: 1:06.96	200m: 2:18.56	300m: 3:32.03	400m: 4:44.02			
7.	Sneppe Diede		DDAT 03	BEL	4:42.80	<b>4:46.18</b>	R
	50m: 30.97	150m: 1:40.69	250m: 2:53.98	350m: 4:09.28			
	100m: 1:05.44	200m: 2:17.09	300m: 3:31.86	400m: 4:46.18			
8.	Truye Alexine		GOLD 04	BEL	4:52.16	<b>4:46.52</b>	R
	50m: 33.12	150m: 1:46.33	250m: 2:59.55	350m: 4:11.44			
	100m: 1:09.36	200m: 2:23.35	300m: 3:36.09	400m: 4:46.52			
9.	Morren Maaïke		BEST 03	BEL	4:50.57	<b>4:48.58</b>	
	50m: 32.63	150m: 1:46.35	250m: 3:01.09	350m: 4:14.64			
	100m: 1:09.39	200m: 2:24.12	300m: 3:38.41	400m: 4:48.58			
10.	Trop Yana		SHARK 04	BEL	4:44.93	<b>4:49.43</b>	
	50m: 30.77	150m: 1:41.41	250m: 2:56.81	350m: 4:12.58			
	100m: 1:04.84	200m: 2:18.97	300m: 3:34.87	400m: 4:49.43			
11.	Carlier Silke		ZCK 03	BEL	4:55.27	<b>4:49.47</b>	
	50m: 32.64	150m: 1:46.73	250m: 3:00.89	350m: 4:14.87			
	100m: 1:09.14	200m: 2:24.12	300m: 3:38.43	400m: 4:49.47			
12.	Puttaert Elien		DDAT 04	BEL	4:56.38	<b>4:49.64</b>	
	50m: 33.02	150m: 1:47.14	250m: 3:01.58	350m: 4:14.98			
	100m: 1:09.86	200m: 2:25.14	300m: 3:38.72	400m: 4:49.64			
13.	Derkoningen Flore		GZVN 04	BEL	5:06.16	<b>4:49.95</b>	
	50m: 31.01	150m: 1:42.09	250m: 2:57.42	350m: 4:13.07			
	100m: 1:05.83	200m: 2:19.46	300m: 3:35.15	400m: 4:49.95			
14.	Daemen Emma		DMB 03	BEL	4:50.28	<b>4:49.97</b>	
	50m: 32.55	150m: 1:45.53	250m: 3:00.49	350m: 4:15.57			
	100m: 1:08.49	200m: 2:22.58	300m: 3:37.76	400m: 4:49.97			
15.	Keppens Mare		AST 04	BEL	4:54.73	<b>4:50.63</b>	
	50m: 32.13	150m: 1:46.54	250m: 3:01.98	350m: 4:16.40			
	100m: 1:08.82	200m: 2:24.25	300m: 3:39.49	400m: 4:50.63			
16.	Wijnants Eveline		SHARK 04	BEL	4:48.67	<b>4:50.97</b>	
	50m: 31.81	150m: 1:44.28	250m: 2:59.56	350m: 4:14.92			
	100m: 1:07.38	200m: 2:21.88	300m: 3:37.42	400m: 4:50.97			
17.	Cornelissen Dali		BRABO 04	BEL	4:48.21	<b>4:51.54</b>	
	50m: 32.60	150m: 1:45.28	250m: 2:59.14	350m: 4:14.54			
	100m: 1:08.41	200m: 2:22.45	300m: 3:36.68	400m: 4:51.54			
18.	Cornelis Enid		AZL 04	BEL	4:53.81	<b>4:53.78</b>	
	50m: 32.48	150m: 1:46.89	250m: 3:02.60	350m: 4:17.97			
	100m: 1:08.98	200m: 2:24.49	300m: 3:40.54	400m: 4:53.78			
19.	Lippens Karo		STW 04	BEL	5:03.39	<b>4:54.55</b>	
	50m: 32.65	150m: 1:47.75	250m: 3:03.64	350m: 4:18.43			
	100m: 1:09.66	200m: 2:25.97	300m: 3:41.39	400m: 4:54.55			
20.	Pigeon Kelly		KVZP 03	BEL	4:57.09	<b>4:54.59</b>	
	50m: 34.47	150m: 1:48.98	250m: 3:03.70	350m: 4:18.66			
	100m: 1:11.37	200m: 2:26.25	300m: 3:41.16	400m: 4:54.59			

Programmanr. 10, Meisjes, 400m vrije slag, Voorrunde, 15 - 16 jaar

Rang			Geb.		Inshr.	Tijd	Pnt
21.	Wattle Anna	LAQUA	03	BEL	4:57.09	<b>4:56.86</b>	
	50m: 32.72	150m: 1:47.32	250m: 3:03.07	350m: 4:19.61			
	100m: 1:09.83	200m: 2:25.56	300m: 3:41.53	400m: 4:56.86			
22.	Espeel Charlotte	RZV	03	BEL	4:58.66	<b>4:57.86</b>	
	50m: 33.60	150m: 1:47.14	250m: 3:02.25	350m: 4:19.65			
	100m: 1:10.14	200m: 2:24.74	300m: 3:40.61	400m: 4:57.86			
23.	Vandeputte Silke	BRABO	03	BEL	4:51.50	<b>4:58.22</b>	
	50m: 32.11	150m: 1:47.08	250m: 3:03.10	350m: 4:20.84			
	100m: 1:09.20	200m: 2:25.43	300m: 3:42.01	400m: 4:58.22			
24.	Avalos Llerena Diana	TZ	04	BEL	4:57.06	<b>4:59.01</b>	
	50m: 32.58	150m: 1:50.24	250m: 3:08.36	350m: 4:23.45			
	100m: 1:10.92	200m: 2:29.33	300m: 3:46.52	400m: 4:59.01			
25.	Crabbe Lore	AST	04	BEL	5:03.61	<b>5:00.30</b>	
	50m: 32.74	150m: 1:48.27	250m: 3:05.98	350m: 4:23.69			
	100m: 1:10.04	200m: 2:27.18	300m: 3:45.15	400m: 5:00.30			
26.	Feys Jana	IKZ	03	BEL	4:55.28	<b>5:00.78</b>	
	50m: 33.16	150m: 1:47.46	250m: 3:05.08	350m: 4:23.40			
	100m: 1:09.36	200m: 2:26.19	300m: 3:44.48	400m: 5:00.78			
27.	Gabriëls Sarah	BRABO	04	BEL	5:02.18	<b>5:01.59</b>	
	50m: 33.85	150m: 1:49.04	250m: 3:07.10	350m: 4:25.30			
	100m: 1:10.88	200m: 2:27.89	300m: 3:46.22	400m: 5:01.59			
28.	Wels Evy	DBT	04	BEL	5:04.15	<b>5:02.22</b>	
	50m: 34.34	150m: 1:50.86	250m: 3:09.17	350m: 4:26.83			
	100m: 1:12.17	200m: 2:29.49	300m: 3:48.21	400m: 5:02.22			
29.	Swerts Fien	DBT	04	BEL	5:06.08	<b>5:06.72</b>	
	50m: 33.82	150m: 1:50.85	250m: 3:09.93	350m: 4:29.26			
	100m: 1:11.79	200m: 2:30.15	300m: 3:49.54	400m: 5:06.72			
30.	Goiris Cato	ZCK	03	BEL	5:01.77	<b>5:12.26</b>	
	50m: 34.35	150m: 1:53.49	250m: 3:14.20	350m: 4:35.36			
	100m: 1:13.45	200m: 2:33.51	300m: 3:53.38	400m: 5:12.26			
31.	Bultot Sam	ROSC	03	BEL	5:01.88	<b>5:15.49</b>	
	50m: 34.05	150m: 1:53.23	250m: 3:15.22	350m: 4:37.41			
	100m: 1:12.76	200m: 2:34.26	300m: 3:56.30	400m: 5:15.49			

17 - 18 jaar

1.	De Jong Imani	OCA	02	NED	4:22.56	<b>4:19.15</b>	A
	50m: 29.65	150m: 1:35.69	250m: 2:42.01	350m: 3:48.11			
	100m: 1:02.47	200m: 2:08.70	300m: 3:15.02	400m: 4:19.15			
2.	Holkenborg Silke	OCD	01	NED	4:26.06	<b>4:21.85</b>	A
	50m: 30.11	150m: 1:36.19	250m: 2:42.63	350m: 3:49.44			
	100m: 1:03.04	200m: 2:09.78	300m: 3:16.14	400m: 4:21.85			
3.	Smits Jade	BRABO	01	BEL	4:31.94	<b>4:28.44</b>	A
	50m: 30.07	150m: 1:38.14	250m: 2:46.78	350m: 3:55.32			
	100m: 1:03.74	200m: 2:12.38	300m: 3:20.92	400m: 4:28.44			
4.	Remmery Anice	KZK	02	BEL	4:34.61	<b>4:36.28</b>	B
	50m: 32.10	150m: 1:41.35	250m: 2:52.31	350m: 4:02.75			
	100m: 1:06.36	200m: 2:16.60	300m: 3:27.75	400m: 4:36.28			

Programmanr. 10, Dames, 400m vrije slag, Voorronde, 17 - 18 jaar

Rang			Geb.		Inscr.		Tijd	Pnt
5.	Bourgois Karo	DMI	02	BEL	4:32.29	<b>4:36.46</b>	B	
	50m: 31.84	150m: 1:42.47	250m: 2:53.63	350m: 4:04.12				
	100m: 1:06.81	200m: 2:18.09	300m: 3:28.99	400m: 4:36.46				
6.	Daemen Sien	DMB	01	BEL	4:41.64	<b>4:38.91</b>	B	
	50m: 30.25	150m: 1:39.38	250m: 2:51.04	350m: 4:03.92				
	100m: 1:04.36	200m: 2:14.86	300m: 3:27.58	400m: 4:38.91				
7.	Martens Chloë	BRABO	02	BEL	4:39.71	<b>4:42.50</b>	R	
	50m: 31.03	150m: 1:40.46	250m: 2:53.20	350m: 4:06.50				
	100m: 1:04.94	200m: 2:16.51	300m: 3:29.70	400m: 4:42.50				
8.	Theuwis Rune	OZV	02	BEL	4:45.30	<b>4:44.23</b>	R	
	50m: 32.14	150m: 1:43.57	250m: 2:56.62	350m: 4:09.25				
	100m: 1:07.62	200m: 2:20.13	300m: 3:33.19	400m: 4:44.23				
9.	Vanhee Steffi	IKZ	01	BEL	4:44.26	<b>4:47.86</b>	R	
	50m: 32.92	150m: 1:44.22	250m: 2:57.18	350m: 4:11.36				
	100m: 1:08.19	200m: 2:20.54	300m: 3:34.25	400m: 4:47.86				
10.	Demeyere Anouk	UZKZ	02	BEL	4:41.59	<b>4:48.29</b>	R	
	50m: 32.06	150m: 1:45.05	250m: 2:59.22	350m: 4:12.89				
	100m: 1:07.93	200m: 2:22.51	300m: 3:36.10	400m: 4:48.29				
11.	Mahieu Hannah	UZKZ	02	BEL	4:44.85	<b>4:48.42</b>	R	
	50m: 31.75	150m: 1:43.15	250m: 2:56.90	350m: 4:11.95				
	100m: 1:06.97	200m: 2:19.95	300m: 3:34.62	400m: 4:48.42				
12.	Van Avermaet Merel	TSZ	01	BEL	4:51.98	<b>4:52.79</b>		
	50m: 32.80	150m: 1:45.17	250m: 2:59.11	350m: 4:15.15				
	100m: 1:08.77	200m: 2:22.10	300m: 3:37.20	400m: 4:52.79				
13.	Peeters Marte	BRABO	01	BEL	4:50.17	<b>4:54.17</b>		
	50m: 32.64	150m: 1:45.14	250m: 3:00.45	350m: 4:16.80				
	100m: 1:08.47	200m: 2:22.55	300m: 3:38.55	400m: 4:54.17				
14.	Kennis Nathalie	KST	02	BEL	4:50.59	<b>4:57.58</b>		
	50m: 32.71	150m: 1:46.93	250m: 3:03.69	350m: 4:21.23				
	100m: 1:08.95	200m: 2:25.40	300m: 3:42.26	400m: 4:57.58				
15.	Verstrepen Axelle	SHARK	02	BEL	4:53.89	<b>5:00.18</b>		
	50m: 33.44	150m: 1:48.26	250m: 3:05.34	350m: 4:22.28				
	100m: 1:10.54	200m: 2:27.10	300m: 3:44.14	400m: 5:00.18				
16.	Naert Margaux	STA	02	BEL	4:52.27	<b>5:01.28</b>		
	50m: 33.02	150m: 1:48.65	250m: 3:06.17	350m: 4:23.88				
	100m: 1:10.14	200m: 2:27.32	300m: 3:45.04	400m: 5:01.28				
17.	Wulfrancke Elise	MEGA	01	BEL	4:54.85	<b>5:01.56</b>		
	50m: 34.18	150m: 1:48.86	250m: 3:05.91	350m: 4:24.04				
	100m: 1:10.89	200m: 2:27.42	300m: 3:45.08	400m: 5:01.56				
18.	Bartorelli Chiara	DMI	02	BEL	4:57.41	<b>5:02.26</b>		
	50m: 33.64	150m: 1:49.15	250m: 3:06.99	350m: 4:24.44				
	100m: 1:10.76	200m: 2:27.94	300m: 3:46.13	400m: 5:02.26				
19.	Caelen Lore	DMB	01	BEL	4:54.81	<b>5:04.45</b>		
	50m: 34.14	150m: 1:50.08	250m: 3:08.11	350m: 4:26.88				
	100m: 1:11.64	200m: 2:29.18	300m: 3:47.77	400m: 5:04.45				
20.	Mommaerts Nele	ZORO	02	BEL	4:57.67	<b>5:19.01</b>		
	50m: 34.88	150m: 1:55.08	250m: 3:17.17	350m: 4:39.14				
	100m: 1:14.11	200m: 2:35.97	300m: 3:58.22	400m: 5:19.01				

Programmanr. 10, Dames, 400m vrije slag, Voorronde

19 jaar en ouder

1. Stel Serena	OCA	98	NED	4:19.59	<b>4:19.92</b>	A
50m: 29.98	150m: 1:36.23	250m: 2:42.63	350m: 3:48.62			
100m: 1:02.76	200m: 2:09.63	300m: 3:16.07	400m: 4:19.92			
2. Setz Laura	OCD	00	NED	4:19.30	<b>4:20.64</b>	A
50m: 29.61	150m: 1:34.27	250m: 2:40.39	350m: 3:47.48			
100m: 1:01.47	200m: 2:07.19	300m: 3:13.98	400m: 4:20.64			
3. Mattens Edith	KZK	97	BEL	4:21.53	<b>4:26.24</b>	A
50m: 31.11	150m: 1:36.96	250m: 2:44.36	350m: 3:52.77			
100m: 1:03.83	200m: 2:10.44	300m: 3:18.28	400m: 4:26.24			
4. Dom Yne	SHARK	95	BEL	4:31.84	<b>4:35.01</b>	B
50m: 31.55	150m: 1:40.64	250m: 2:50.21	350m: 4:00.72			
100m: 1:05.73	200m: 2:15.42	300m: 3:25.65	400m: 4:35.01			
5. Van Hyfte Isaura	MEGA	99	BEL	4:45.31	<b>4:40.94</b>	B
50m: 30.93	150m: 1:39.29	250m: 2:50.97	350m: 4:05.23			
100m: 1:04.45	200m: 2:14.72	300m: 3:28.05	400m: 4:40.94			
6. Verstraete Tyana	ROSC	99	BEL	4:49.76	<b>4:50.71</b>	
50m: 32.29	150m: 1:43.84	250m: 2:58.69	350m: 4:15.09			
100m: 1:07.18	200m: 2:21.16	300m: 3:37.06	400m: 4:50.71			
7. De Baere Marie-Claire	STW	97	BEL	4:41.02	<b>4:56.42</b>	
50m: 33.28	150m: 1:46.61	250m: 3:02.35	350m: 4:19.63			
100m: 1:09.66	200m: 2:24.43	300m: 3:40.91	400m: 4:56.42			
8. Hollevoet Marie	TSZ	00	BEL	4:53.00	<b>5:02.79</b>	
50m: 32.94	150m: 1:47.14	250m: 3:03.19	350m: 4:23.06			
100m: 1:09.64	200m: 2:25.41	300m: 3:42.98	400m: 5:02.79			

Programmanr. 11  
1-3-2019 - 11:51

Heren, 800m vrije slag

15 jaar en ouder  
Resultaten

Belgisch record	7:58.18	Vangeneugden Tom	OZV	Antwerpen	1-5-2009
Vlaams record	7:58.18	Vangeneugden Tom	OZV	Antwerpen	1-5-2009

WK limiet alg.: 7:54.31 / WJK limiet 14 - 18: 8:05.27 / EJK limiet 15 - 17: 8:12.47; 18: 8:10.17

Punten:

Rang	Geb.	Inschr.	Tijd	Pnt	
15 - 16 jaar					
1. Van Ermen Alexander	DDAT	04	BEL	9:47.76	<b>9:06.02</b>
50m: 30.24	200m: 2:10.58	350m: 3:53.94	500m: 5:37.83	650m: 7:22.56	800m: 9:06.02
100m: 1:02.57	250m: 2:45.17	400m: 4:28.34	550m: 6:12.50	700m: 7:57.37	
150m: 1:36.40	300m: 3:19.69	450m: 5:02.68	600m: 6:47.48	750m: 8:32.13	
2. Lieckens Nolan	SHARK	03	BEL	9:48.52	<b>9:43.55</b>
50m: 31.73	200m: 2:21.89	350m: 4:14.22	500m: 6:06.64	650m: 7:58.28	800m: 9:43.55
100m: 1:07.40	250m: 2:59.19	400m: 4:52.06	550m: 6:44.50	700m: 8:34.36	
150m: 1:44.49	300m: 3:36.61	450m: 5:29.60	600m: 7:21.05	750m: 9:10.68	

Programmanr. 11, Heren, 800m vrije slag

17 - 18 jaar

1. Coorevits Simon	UZKZ	01	BEL	9:38.70	<b>9:34.73</b>		
50m: 30.97	200m: 2:17.01	350m: 4:06.20	500m: 5:56.87	650m: 7:47.01	800m: 9:34.73		
100m: 1:05.66	250m: 2:52.86	400m: 4:42.87	550m: 6:33.53	700m: 8:23.93			
150m: 1:41.06	300m: 3:29.53	450m: 5:19.88	600m: 7:10.07	750m: 9:00.50			

19 jaar en ouder

1. Sommeling Bart	OCA	98	NED	8:45.22	<b>8:28.42</b>		
50m: 28.95	200m: 2:03.85	350m: 3:39.97	500m: 5:15.84	650m: 6:52.41	800m: 8:28.42		
100m: 1:00.39	250m: 2:35.67	400m: 4:12.12	550m: 5:48.67	700m: 7:25.18			
150m: 1:31.75	300m: 3:07.80	450m: 4:43.72	600m: 6:21.08	750m: 7:57.82			
2. Bottelier Lars	OCA	97	NED	8:26.79	<b>8:30.22</b>		
50m: 28.70	200m: 2:03.29	350m: 3:39.35	500m: 5:16.55	650m: 6:54.06	800m: 8:30.22		
100m: 59.85	250m: 2:35.27	400m: 4:11.53	550m: 5:48.94	700m: 7:26.83			
150m: 1:31.45	300m: 3:07.39	450m: 4:43.95	600m: 6:22.07	750m: 7:59.07			
3. Loones Matthias	MEGA	97	BEL	8:36.48	<b>8:39.46</b>		
50m: 29.56	200m: 2:05.82	350m: 3:44.03	500m: 5:22.93	650m: 7:02.83	800m: 8:39.46		
100m: 1:01.48	250m: 2:38.40	400m: 4:16.91	550m: 5:56.11	700m: 7:35.96			
150m: 1:33.48	300m: 3:11.22	450m: 4:49.96	600m: 6:29.43	750m: 8:09.06			
4. Housen Stef	DMB	00	BEL	8:46.03	<b>8:39.63</b>		
50m: 29.46	200m: 2:06.18	350m: 3:45.14	500m: 5:24.12	650m: 7:04.38	800m: 8:39.63		
100m: 1:01.07	250m: 2:38.78	400m: 4:17.94	550m: 5:57.58	700m: 7:37.50			
150m: 1:33.60	300m: 3:11.81	450m: 4:51.24	600m: 6:30.83	750m: 8:10.33			

Programmanr. 39  
1-3-2019 - 12:02

5000m vrije slag

Time Trial  
Resultaten

Punten:

voorlopige resultaten

Rang	Geb.	Inschr.	Tijd	Pnt
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2 - vrijdag 1 maart 2019

1-3-2019 - 16:00

Programmanr. 1 Heren, 50m rugslag alg. leeftijdsgroep  
1-3-2019 - 16:00 Resultaten Finale

Belgisch record	25.36	Heersbrandt Francois	CNSW	Antwerpen	10-5-2015
Vlaams record	25.82	Claeys Bruno	BZK	Antwerpen	1-5-2009

WK limiet : 25.17 / WJK limiet 14 - 18: 25.58 / EJK limiet 15 - 17: 25.84; 18: 25.84

Punten:

Rang		Geb.		Inschr.	Tijd	Pnt
<b>Finale A</b>						
1.	Simons Kenzo	OCA	01	NED	26.84	<b>26.44</b>
2.	Groenhart Jari	OCD	00	NED	26.73	<b>26.52</b>
3.	Lafort Iarre	FIRST	93	BEL	26.65	<b>26.92</b>
4.	Dewulf Gillian	KZK	96	BEL	27.59	<b>27.88</b>
5.	Guldentops Kevin	FIRST	00	BEL	28.12	<b>28.05</b>
6.	Berges Jens	HZA	01	BEL	28.32	<b>28.27</b>
7.	Guillemyn Lucas	KZK	03	BEL	28.14	<b>28.51</b>
8.	Vranckx Bjarne	BEST	99	BEL	28.64	<b>28.78</b>

**Finale B**

9.	Sempels Gilles	STT	02	BEL	28.90	<b>28.87</b>
10.	Van Synghel Noah	FIRST	02	BEL	29.33	<b>28.90</b>
11.	Vanspauwen Alexander	HZS	03	BEL	29.02	<b>28.99</b>
12.	De Mey Largo	SCSG	01	BEL	28.75	<b>29.01</b>
13.	Van Der Vennet Marco	STZ	02	BEL	29.11	<b>29.11</b>
	Labaere Levi	KZK	01	BEL	29.43	<b>29.11</b>
15.	Deblock Lucas	UZKZ	00	BEL	29.24	<b>29.15</b>
16.	Verbeek Mats	SHARK	01	BEL	29.09	<b>29.31</b>

Programmanr. 2 Dames, 100m schoolslag alg. leeftijdsgroep  
1-3-2019 - 16:05 Resultaten Finale

Belgisch record	1:07.29	Lecluyse Fanny	DM	Kazan (RUS)	3-8-2015
Vlaams record	1:08.36	Janssens Kim	BRABO	Barcelona (ESP)	29-7-2013

WK limiet : 1:07.43 / WJK limiet 14 - 17: 1:09.76 / EJK limiet 14 - 16: 1:10.98

Punten:

Rang		Geb.		Inschr.	Tijd	Pnt
<b>Finale A</b>						
1.	Vermeiren Fleur	BRABO	02	BEL	1:10.32	<b>1:10.07</b>
	50m: 32.53	100m: 1:10.07				
2.	Gaspard Florine	CNB	01	BEL	1:11.39	<b>1:10.28</b>
	50m: 32.93	100m: 1:10.28				
3.	Borgonie Lisa	RZV	03	BEL	1:14.11	<b>1:14.20</b>
	50m: 34.45	100m: 1:14.20				
4.	Palmans Anne	OCA	00	NED	1:15.22	<b>1:14.96</b>
	50m: 34.74	100m: 1:14.96				
5.	Feyen Charlotte	BRABO	03	BEL	1:14.80	<b>1:15.57</b>
	50m: 34.84	100m: 1:15.57				



Programmanr. 2, Dames, 100m schoolslag, Finale, alg. leeftijdsgroep

Rang			Geb.		Inschr.	Tijd	Pnt
6.	Pas Inte	ZORO	03	BEL	1:14.71	<b>1:15.64</b>	
	50m: 35.65	100m: 1:15.64					
7.	Schoefs Elise	HZS	98	BEL	1:15.28	<b>1:15.85</b>	
	50m: 35.22	100m: 1:15.85					
8.	Verstrepen Siel	GZVN	03	BEL	1:16.32	<b>1:16.67</b>	
	50m: 36.02	100m: 1:16.67					

Finale B

9.	Vandendorpe Florence	KZK	02	BEL	1:17.02	<b>1:16.17</b>	
	50m: 36.95	100m: 1:16.17					
10.	Puttaert Elien	DDAT	04	BEL	1:16.66	<b>1:16.71</b>	
	50m: 36.38	100m: 1:16.71					
11.	Remmery Anice	KZK	02	BEL	1:17.34	<b>1:16.79</b>	
	50m: 35.97	100m: 1:16.79					
12.	De Carne Lara	FIRST	02	BEL	1:18.33	<b>1:17.21</b>	
	50m: 36.38	100m: 1:17.21					
13.	Staes Jolien	SHARK	02	BEL	1:17.77	<b>1:17.55</b>	
	50m: 36.73	100m: 1:17.55					
14.	De Heyder Lot	MEGA	02	BEL	1:18.33	<b>1:17.60</b>	
	50m: 36.55	100m: 1:17.60					
15.	Wijnants Jasmine	SHARK	02	BEL	1:18.30	<b>1:17.78</b>	
	50m: 36.30	100m: 1:17.78					
16.	De Duffeleer Jolien	DMI	02	BEL	1:17.89	<b>1:18.02</b>	
	50m: 36.23	100m: 1:18.02					

Programmanr. 3  
1-3-2019 - 16:10

Heren, 200m vrije slag

alg. leeftijdsgroep  
Resultaten Finale

Belgisch record	1:46.91	Surgeloose Glenn	BRABO	London (GBR)	17-5-2016
Vlaams record	1:46.91	Surgeloose Glenn	BRABO	Londen (GBR)	17-5-2016

WK limiet : 1:47.40 / WJK limiet 14 - 18: 1:49.69 / EJK limiet 15 - 17: 1:51.45; 18: 1:50.80 / EYOF limiet 15 - 16: 1:54.26

Punten:

Rang			Geb.		Inschr.	Tijd	Pnt
Finale A							
1.	Kroon Luc	OCA	01	NED	1:49.98	<b>1:49.96</b>	
	50m: 25.83	100m: 53.46	150m: 1:21.68	200m: 1:49.96			
2.	De Meulemeester Sébastien	BRABO	98	BEL	1:52.37	<b>1:50.32</b>	
	50m: 25.63	100m: 53.67	150m: 1:22.34	200m: 1:50.32			
3.	Weiremans Lorenz	BRABO	96	BEL	1:52.93	<b>1:51.00</b>	
	50m: 26.09	100m: 53.80	150m: 1:22.25	200m: 1:51.00			
4.	Dal Lucas	DM	99	BEL	1:52.89	<b>1:52.69</b>	
	50m: 26.49	100m: 55.19	150m: 1:24.14	200m: 1:52.69			
5.	Borisavljevic Alexis	LAQUA	97	BEL	1:53.53	<b>1:52.99</b>	
	50m: 25.97	100m: 54.41	150m: 1:23.84	200m: 1:52.99			

Programmanr. 3, Heren, 200m vrije slag, Finale, alg. leeftijdsgroep

Rang		Geb.	Inshr.	Tijd	Pnt
6.	Hendrickx Lander	LAQUA 94	BEL	1:53.82	<b>1:53.38</b>
	50m: 26.92 100m: 55.44 150m: 1:24.71 200m: 1:53.38				
7.	Borisavljevic Valentin	LAQUA 97	BEL	1:52.81	<b>1:54.64</b>
	50m: 25.84 100m: 53.66 150m: 1:22.59 200m: 1:54.64				
8.	Sommeling Bart	OCA 98	NED	1:53.03	<b>1:54.94</b>
	50m: 26.64 100m: 55.43 150m: 1:24.88 200m: 1:54.94				
Finale B					
9.	Meeus Elias	LAQUA 03	BEL	1:56.90	<b>1:54.39</b>
	50m: 26.26 100m: 55.29 150m: 1:25.40 200m: 1:54.39				
10.	Vandersypen Vincent	BRABO 99	BEL	1:56.24	<b>1:55.08</b>
	50m: 27.55 100m: 56.49 150m: 1:26.01 200m: 1:55.08				
11.	Franckx Stan	STT 02	BEL	1:55.51	<b>1:55.38</b>
	50m: 26.96 100m: 55.72 150m: 1:25.55 200m: 1:55.38				
12.	Verbeek Bram	LWB 99	BEL	1:58.23	<b>1:57.57</b>
	50m: 26.91 100m: 56.41 150m: 1:26.95 200m: 1:57.57				
13.	Van Rossum Raf	BRABO 00	BEL	1:57.27	<b>1:57.86</b>
	50m: 27.68 100m: 57.41 150m: 1:28.26 200m: 1:57.86				
14.	Devos Abel	DMI 03	BEL	1:58.60	<b>1:57.96</b>
	50m: 27.24 100m: 57.35 150m: 1:28.09 200m: 1:57.96				
15.	David Loeka	MEGA 03	BEL	1:58.20	<b>1:58.17</b>
	50m: 27.28 100m: 57.44 150m: 1:28.26 200m: 1:58.17				
16.	Van Son Lander	BRABO 99	BEL	1:57.93	<b>1:59.38</b>
	50m: 26.74 100m: 56.48 150m: 1:27.52 200m: 1:59.38				

Programmanr. 4  
1-3-2019 - 16:15

Dames, 100m rugslag

alg. leeftijdsgroep  
Resultaten Finale

Belgisch record	1:01.13	Buyts Kimberly	BRABO	Antwerpen	19-5-2013
Vlaams record	1:01.13	Buyts Kimberly	BRABO	Antwerpen	19-5-2013
WK limiet : 1:00.59 / WJK limiet 14 - 17: 1:02.57 / EJK limiet 14 - 16: 1:03.64					

Punten:

Rang		Geb.	Inshr.	Tijd	Pnt
Finale A					
1.	Tienstra Marieke	OCD 99	NED	1:04.27	<b>1:03.25</b>
	50m: 30.57 100m: 1:03.25				
2.	Smits Jade	BRABO 01	BEL	1:04.09	<b>1:03.57</b>
	50m: 30.59 100m: 1:03.57				
3.	Decaesstecker Elise	ZB 04	BEL	1:04.83	<b>1:04.40</b>
	50m: 31.40 100m: 1:04.40				
4.	Vandenbussche Indra	BZK 02	BEL	1:05.42	<b>1:05.91</b>
	50m: 31.18 100m: 1:05.91				
5.	Goethals Hilkje	MEGA 95	BEL	1:05.41	<b>1:06.55</b>
	50m: 31.80 100m: 1:06.55				

Programmanr. 4, Dames, 100m rugslag, Finale, alg. leeftijdsgroep

Rang		Geb.	Inschr.	Tijd	Pnt
6.	Van Wallendael Sarah 50m: 32.09 100m: 1:06.69	BRABO 02	BEL	1:06.11	<b>1:06.69</b>
7.	Hansenne Nona 50m: 31.97 100m: 1:06.89	AART 01	BEL	1:06.03	<b>1:06.89</b>
8.	Van Heghe Margot 50m: 33.16 100m: 1:08.95	FIRST 99	BEL	1:06.81	<b>1:08.95</b>

Finale B

9.	Gries Laure 50m: 32.74 100m: 1:07.03	CNSW 04	BEL	1:08.14	<b>1:07.03</b>
10.	Van Nyverseel Silke 50m: 33.37 100m: 1:07.61	FIRST 01	BEL	1:09.09	<b>1:07.61</b>
11.	Mayeres Nell 50m: 33.35 100m: 1:07.70	NCH 04	BEL	1:07.61	<b>1:07.70</b>
12.	Backes Zoe 50m: 33.07 100m: 1:08.23	SSSV 04	BEL	1:09.09	<b>1:08.23</b>
13.	Verzele Nathalie 50m: 32.99 100m: 1:08.44	BRABO 94	BEL	1:08.47	<b>1:08.44</b>
14.	Van Steen Ynthe 50m: 33.40 100m: 1:08.62	TZ 03	BEL	1:07.70	<b>1:08.62</b>
15.	Taecke Ine 50m: 33.05 100m: 1:08.96	DMI 02	BEL	1:08.79	<b>1:08.96</b>
16.	Garcia Zamora Salomé 50m: 33.06 100m: 1:09.47	PERRON 01	BEL	1:08.91	<b>1:09.47</b>

Programmanr. 5  
1-3-2019 - 16:20

Heren, 400m wisselslag

alg. leeftijdsgroep  
Resultaten Finale

Belgisch record	4:16.71	Bauwens Ward	BRABO	London (GBR)	28-7-2012
Vlaams record	4:16.71	Bauwens Ward	BRABO	Londen (GBR)	28-7-2012
WK limiet : 4:17.90 / WJK limiet 14 - 18: 4:23.78 / EJK limiet 15 - 17: 4:27.10; 18: 4:26.44 / EYOF limiet 15 - 16: 4:37.05					

Punten:

Rang		Geb.	Inschr.	Tijd	Pnt
Finale A					
1.	Dal Thomas 50m: 28.64 150m: 1:36.41 250m: 2:46.44 350m: 3:55.22 100m: 1:01.35 200m: 2:10.27 300m: 3:23.23 400m: 4:25.37	DM 97	BEL	4:37.71	<b>4:25.37</b>
2.	Groenhart Jari 50m: 28.20 150m: 1:35.77 250m: 2:47.54 350m: 3:57.86 100m: 1:01.12 200m: 2:09.85 300m: 3:26.12 400m: 4:28.20	OCD 00	NED	4:35.66	<b>4:28.20</b>
3.	Wyns Seppe 50m: 28.41 150m: 1:37.65 250m: 2:52.97 350m: 4:08.16 100m: 1:01.64 200m: 2:12.34 300m: 3:35.40 400m: 4:40.21	SHARK 02	BEL	4:38.57	<b>4:40.21</b>
4.	De Meyer Niels 50m: 30.12 150m: 1:42.25 250m: 2:57.39 350m: 4:11.24 100m: 1:05.25 200m: 2:18.43 300m: 3:37.60 400m: 4:43.24	BRABO 02	BEL	4:43.93	<b>4:43.24</b>

Programmanr. 5, Heren, 400m wisselslag, Finale, alg. leeftijdsgroep

Rang			Geb.		Inshr.		Tijd	Pnt
5.	Van Synghel Noah	FIRST	02	BEL	4:50.06	<b>4:46.09</b>		
	50m: 28.91	150m: 1:39.99	250m: 2:58.59	350m: 4:13.46				
	100m: 1:02.65	200m: 2:17.31	300m: 3:40.83	400m: 4:46.09				
6.	Hebb Xander	STW	03	BEL	4:48.68	<b>4:46.98</b>		
	50m: 29.58	150m: 1:41.82	250m: 2:58.32	350m: 4:14.11				
	100m: 1:04.92	200m: 2:17.48	300m: 3:39.70	400m: 4:46.98				
7.	Ardenoy Viktor	BZK	02	BEL	4:48.02	<b>4:50.35</b>		
	50m: 28.23	150m: 1:38.52	250m: 2:58.85	350m: 4:17.05				
	100m: 1:01.57	200m: 2:15.01	300m: 3:44.32	400m: 4:50.35				
8.	Dejonghe Arnaud	DMI	02	BEL	4:54.09	<b>4:56.50</b>		
	50m: 28.84	150m: 1:43.97	250m: 3:05.13	350m: 4:22.88				
	100m: 1:04.14	200m: 2:22.99	300m: 3:48.48	400m: 4:56.50				

Finale B

9.	Lavdaniti Zhulian Xhoi	ZS	03	ALB	4:57.33	<b>4:49.25</b>		
	50m: 29.90	150m: 1:42.45	250m: 3:03.10	350m: 4:17.86				
	100m: 1:04.64	200m: 2:20.31	300m: 3:44.78	400m: 4:49.25				
10.	Dujardin Guillaume	MEGA	02	BEL	4:55.11	<b>4:51.12</b>		
	50m: 31.38	150m: 1:44.37	250m: 3:02.00	350m: 4:18.00				
	100m: 1:07.08	200m: 2:21.46	300m: 3:43.75	400m: 4:51.12				
11.	Tanghe Kasper	BRABO	04	BEL	4:55.16	<b>4:53.77</b>		
	50m: 31.80	150m: 1:48.48	250m: 3:05.40	350m: 4:20.63				
	100m: 1:08.87	200m: 2:26.48	300m: 3:45.00	400m: 4:53.77				
12.	Deville Louis	PERRON	03	BEL	5:02.37	<b>4:56.21</b>		
	50m: 30.61	150m: 1:44.20	250m: 3:04.46	350m: 4:23.28				
	100m: 1:06.49	200m: 2:21.13	300m: 3:48.50	400m: 4:56.21				
13.	Heyerick Jens	KZK	03	BEL	4:56.12	<b>4:57.71</b>		
	50m: 30.79	150m: 1:47.52	250m: 3:08.62	350m: 4:25.07				
	100m: 1:08.35	200m: 2:26.04	300m: 3:50.57	400m: 4:57.71				
14.	Samyn Jonas	KZK	00	BEL	5:00.47	<b>4:57.79</b>		
	50m: 30.47	150m: 1:45.79	250m: 3:06.22	350m: 4:24.81				
	100m: 1:07.59	200m: 2:23.98	300m: 3:50.02	400m: 4:57.79				
15.	Jaspers Sven	HZS	03	BEL	5:00.89	<b>5:01.78</b>		
	50m: 31.88	150m: 1:49.00	250m: 3:11.91	350m: 4:29.91				
	100m: 1:08.50	200m: 2:27.44	300m: 3:56.21	400m: 5:01.78				
16.	Meere Jarno	DDAT	03	BEL	5:02.72	<b>5:07.36</b>		
	50m: 30.17	150m: 1:46.43	250m: 3:11.69	350m: 4:33.02				
	100m: 1:06.64	200m: 2:25.34	300m: 3:57.46	400m: 5:07.36				

VK 2019  
Antwerpen, 1- - 3-3-2019

Programmanr. 6 Dames, 50m vrije slag alg. leeftijdsgroep  
1-3-2019 - 16:30 Resultaten Finale

Belgisch record 25.37 Sysmans Jolien BRABO Antwerpen 17-3-2012  
Vlaams record 25.37 Sysmans Jolien ZGEEL Antwerpen 17-3-2012

WK limiet : 25.04 / WJK limiet 14 - 17: 25.69 / EJK limiet 14 - 16: 25.95

Punten:

Rang		Geb.		Inshr.	Tijd	Pnt
<b>Finale A</b>						
1.	Dumont Juliette	PERRON 00	BEL	26.45	<b>26.14</b>	
2.	Gaspard Florine	CNB 01	BEL	26.28	<b>26.28</b>	
3.	De Jong Imani	OCA 02	NED	26.50	<b>26.32</b>	
4.	Tienstra Marieke	OCD 99	NED	26.59	<b>26.40</b>	
5.	Van Brabandt Zita	ISWIM 03	BEL	26.78	<b>26.60</b>	
6.	Vandenbussche Indra	BZK 02	BEL	26.38	<b>26.62</b>	
7.	De Graaf Julie	ZS 01	BEL	26.89	<b>26.67</b>	
8.	Ravelingien Lana	BRABO 03	BEL	26.99	<b>26.96</b>	

**Finale B**

9.	Wijns Chloë	BRABO 98	BEL	27.40	<b>27.38</b>	
10.	De Keersmaeker Audrey	BRABO 99	BEL	27.48	<b>27.45</b>	
11.	Feys Jutta	BZK 02	BEL	27.66	<b>27.68</b>	
12.	Smits Jade	BRABO 01	BEL	27.38	<b>27.75</b>	
13.	Garcia Zamora Salomé	PERRON 01	BEL	27.64	<b>27.86</b>	
14.	Van Wallendael Sarah	BRABO 02	BEL	27.87	<b>28.01</b>	
15.	Brosens Sarah	SHARK 01	BEL	27.89	<b>28.08</b>	
16.	Vanhee Steffi	IKZ 01	BEL	27.85	<b>28.15</b>	

Programmanr. 7 Heren, 50m schoolslag alg. leeftijdsgroep  
1-3-2019 - 16:35 Resultaten Finale

Belgisch record 27.64 Caerts Basten DBT Gent 10-5-2018  
Vlaams record 27.64 Caerts Basten DBT Gent 10-5-2018

WK limiet : 27.39 / WJK limiet 14 - 18: 28.33 / EJK limiet 15 - 17: 28.62; 18: 28.62

Punten:

Rang		Geb.		Inshr.	Tijd	Pnt
<b>Finale A</b>						
1.	Oegretir Berkay Oemer	TUR 98	TUR	28.97	<b>28.34</b>	
2.	Callewaert Niels	BRABO 00	BEL	29.58	<b>29.37</b>	
3.	Boertien Stijn	OCD 01	NED	29.24	<b>29.41</b>	
4.	Grondel Charles	SCSG 02	BEL	29.67	<b>29.78</b>	
5.	Dewulf Gillian	KZK 96	BEL	30.32	<b>30.40</b>	
6.	Vranckx Bjarne	BEST 99	BEL	30.75	<b>30.77</b>	
7.	Vaernewyck Xander	KZK 99	BEL	30.71	<b>30.96</b>	
8.	Ruijten Sander	DMB 01	BEL	30.79	<b>31.32</b>	

**Finale B**

9.	De Schryver Noah	ZNA 01	BEL	31.18	<b>30.98</b>	
10.	Van Keer Yoran	LAQUA 03	BEL	31.39	<b>31.17</b>	
11.	Vanderhulst Midas	STT 01	BEL	31.28	<b>31.26</b>	
12.	Dekimpe Bregt	STT 01	BEL	31.47	<b>31.52</b>	

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Programmanr. 7, Heren, 50m schoolslag, Finale, alg. leeftijdsgroep

Rang		Geb.	Inschr.	Tijd	Pnt
13.	Janssens Renzo	BRABO 02 BEL	31.37	<b>31.57</b>	
14.	Rydant Hannes	MEGA 93 BEL	31.38	<b>31.58</b>	
15.	Mestdagh Arne	KZK 02 BEL	31.49	<b>31.63</b>	
16.	Ausloos Jens	KAZS 03 BEL	30.93	<b>31.71</b>	

Programmanr. 8  
1-3-2019 - 16:35

Dames, 200m vlinderslag

alg. leeftijdsgroep  
Resultaten Finale

Belgisch record	2:10.78	DUMONT Valentine	NOC	Netanya (ISR)	28-6-2017
Vlaams record	2:12.41	Buelens Griet	FAST	Molenbeek	1-5-2008
WK limiet : 2:09.21 / WJK limiet 14 - 17: 2:14.74 / EJK limiet 14 - 16: 2:17.81					

Punten:

Rang		Geb.	Inschr.	Tijd	Pnt
1.	Van Heghe Margot	FIRST 99 BEL	2:23.19	<b>2:22.34</b>	
	50m: 32.17 100m: 1:08.50 150m: 1:46.09 200m: 2:22.34				
2.	Wauters Laura	STT 03 BEL	2:23.72	<b>2:23.30</b>	
	50m: 31.73 100m: 1:08.22 150m: 1:45.51 200m: 2:23.30				
3.	Deconinck Gaëlle	BZK 04 BEL	2:27.13	<b>2:24.37</b>	
	50m: 31.91 100m: 1:08.56 150m: 1:47.25 200m: 2:24.37				
4.	Rombout Lisa	HZA 01 BEL	2:28.40	<b>2:25.73</b>	
	50m: 32.10 100m: 1:10.05 150m: 1:47.49 200m: 2:25.73				
5.	Maerevoet Marie	SHARK 04 BEL	2:26.92	<b>2:26.89</b>	
	50m: 32.61 100m: 1:10.01 150m: 1:47.81 200m: 2:26.89				
6.	Haenebalcke Laure	MEGA 98 BEL	2:29.44	<b>2:31.42</b>	
	50m: 33.08 100m: 1:11.07 150m: 1:50.60 200m: 2:31.42				
7.	Vandewal Britt	OZV 03 BEL	2:36.07	<b>2:36.67</b>	
	50m: 33.94 100m: 1:13.68 150m: 1:54.40 200m: 2:36.67				
8.	Van Steen Ayko	TZ 01 BEL	2:40.82	<b>2:39.80</b>	
	50m: 33.52 100m: 1:13.02 150m: 1:55.76 200m: 2:39.80				

Programmanr. 9  
1-3-2019 - 16:40

Heren, 100m vlinderslag

alg. leeftijdsgroep  
Resultaten Finale

Belgisch record	52.22	Heersbrandt François	WN	London (GBR)	2-8-2012
Vlaams record	52.74	Croenen Louis	SHARK	Budapest (HUN)	28-7-2017
WK limiet : 51.96 / WJK limiet 14 - 18: 53.56 / EJK limiet 15 - 17: 54.50; 18: 54.10 / EYOF limiet 15 - 16: 56.29					

Punten:

Rang		Geb.	Inschr.	Tijd	Pnt
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Programmanr. 9, Heren, 100m vlinderslag, Finale

Finale A

1.	Krijgsman Jens	OCA	99	NED	56.76	<b>55.62</b>
	50m: 25.77	100m: 55.62				
2.	De Bruin Junior	OCD	00	NED	56.94	<b>56.78</b>
	50m: 26.39	100m: 56.78				
3.	Vandersypen Vincent	BRABO	99	BEL	57.71	<b>58.35</b>
	50m: 27.36	100m: 58.35				
4.	Dejonghe Arnaud	DMI	02	BEL	58.47	<b>58.67</b>
	50m: 26.89	100m: 58.67				
5.	Terryn Julien	RSC	93	BEL	58.93	<b>58.80</b>
	50m: 27.52	100m: 58.80				
6.	Liekens Jasper	SHARK	02	BEL	59.13	<b>59.51</b>
	50m: 27.95	100m: 59.51				
7.	Camps Roeland	STT	01	BEL	59.19	<b>59.65</b>
	50m: 28.06	100m: 59.65				
8.	Van Synghele Noah	FIRST	02	BEL	59.21	<b>59.91</b>
	50m: 27.79	100m: 59.91				

Finale B

9.	Devos Abel	DMI	03	BEL	59.54	<b>59.32</b>
	50m: 27.96	100m: 59.32				
	Berx Robbe	STT	03	BEL	1:00.14	<b>59.32</b>
	50m: 27.51	100m: 59.32				
11.	Verhaeghe Robbe Does	DMI	01	BEL	59.87	<b>59.46</b>
	50m: 28.18	100m: 59.46				
12.	Hebb Xander	STW	03	BEL	59.47	<b>59.48</b>
	50m: 28.02	100m: 59.48				
13.	Peeters Yentl	ZCM	00	BEL	1:00.06	<b>59.58</b>
	50m: 28.26	100m: 59.58				
14.	Verbeek Bram	LWB	99	BEL	NT	<b>59.82</b>
	50m: 27.51	100m: 59.82				
15.	Horemans Ruben	SHARK	01	BEL	59.68	<b>1:00.19</b>
	50m: 27.81	100m: 1:00.19				
16.	Ardenoy Viktor	BZK	02	BEL	1:00.08	<b>1:01.12</b>
	50m: 28.36	100m: 1:01.12				

Programmanr. 10 Dames, 400m vrije slag alg. leeftijdsgroep  
1-3-2019 - 16:45 Resultaten Finale

Belgisch record 4:11.12 Dumont Valentine NOC Rome (ITA) 29-6-2018  
Vlaams record 4:13.57 Goris Lotte BRABO Hodmezovasarhely (HUN) 7-7-2016

WK limiet : 4:10.57 / WJK limiet 14 - 17: 4:14.98 / EJK limiet 14 - 16: 4:20.08

Punten:

Rang	Geb.	Inschr.	Tijd	Pnt
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Finale A

1.	De Jong Imani	OCA 02	NED	4:19.15	<b>4:18.79</b>
	50m: 29.82	150m: 1:35.68	250m: 2:41.81	350m: 3:47.90	
	100m: 1:02.63	200m: 2:08.91	300m: 3:15.18	400m: 4:18.79	
2.	Stel Serena	OCA 98	NED	4:19.92	<b>4:19.82</b>
	50m: 30.25	150m: 1:36.24	250m: 2:42.60	350m: 3:48.40	
	100m: 1:03.36	200m: 2:09.64	300m: 3:15.55	400m: 4:19.82	
3.	Mattens Edith	KZK 97	BEL	4:26.24	<b>4:22.41</b>
	50m: 30.56	150m: 1:36.80	250m: 2:43.49	350m: 3:50.32	
	100m: 1:03.56	200m: 2:10.32	300m: 3:17.08	400m: 4:22.41	
4.	Smits Jade	BRABO 01	BEL	4:28.44	<b>4:30.37</b>
	50m: 30.76	150m: 1:39.75	250m: 2:50.48	350m: 3:58.55	
	100m: 1:04.65	200m: 2:15.01	300m: 3:24.76	400m: 4:30.37	
5.	Inkaya Dalya	MEGA 03	BEL	4:32.87	<b>4:30.63</b>
	50m: 30.64	150m: 1:37.73	250m: 2:46.71	350m: 3:57.18	
	100m: 1:03.52	200m: 2:12.16	300m: 3:21.66	400m: 4:30.63	
6.	Khiyara Lina	PERRON 03	BEL	4:34.31	<b>4:30.74</b>
	50m: 30.79	150m: 1:38.04	250m: 2:47.28	350m: 3:57.43	
	100m: 1:04.11	200m: 2:12.64	300m: 3:22.37	400m: 4:30.74	
7.	Bourgeois Karo	DMI 02	BEL	4:36.46	<b>4:35.63</b>
	50m: 32.21	150m: 1:42.03	250m: 2:52.31	350m: 4:02.70	
	100m: 1:06.70	200m: 2:16.96	300m: 3:27.51	400m: 4:35.63	
8.	Remmery Anice	KZK 02	BEL	4:36.28	<b>4:40.08</b>
	50m: 31.64	150m: 1:41.48	250m: 2:53.03	350m: 4:04.40	
	100m: 1:06.44	200m: 2:17.16	300m: 3:29.12	400m: 4:40.08	

Finale B

9.	Gries Laure	CNSW 04	BEL	4:40.31	<b>4:36.17</b>
	50m: 31.04	150m: 1:40.20	250m: 2:51.16	350m: 4:02.23	
	100m: 1:05.27	200m: 2:15.66	300m: 3:26.94	400m: 4:36.17	
10.	Daemen Sien	DMB 01	BEL	4:38.91	<b>4:37.77</b>
	50m: 29.65	150m: 1:38.38	250m: 2:50.47	350m: 4:02.82	
	100m: 1:03.28	200m: 2:14.37	300m: 3:26.68	400m: 4:37.77	
11.	Van Hyfte Isaura	MEGA 99	BEL	4:40.94	<b>4:39.32</b>
	50m: 31.61	150m: 1:42.00	250m: 2:53.20	350m: 4:04.91	
	100m: 1:06.69	200m: 2:17.74	300m: 3:29.36	400m: 4:39.32	
12.	Lingier Loes	BZK 04	BEL	4:40.27	<b>4:41.79</b>
	50m: 31.00	150m: 1:41.76	250m: 2:53.61	350m: 4:06.65	
	100m: 1:06.17	200m: 2:17.67	300m: 3:30.11	400m: 4:41.79	
13.	Gosuain Augustine	MOSAN 04	BEL	4:40.62	<b>4:43.58</b>
	50m: 31.85	150m: 1:42.78	250m: 2:55.45	350m: 4:08.73	
	100m: 1:06.55	200m: 2:19.14	300m: 3:32.32	400m: 4:43.58	



VK 2019  
Antwerpen, 1- - 3-3-2019

Programmanr. 10, Dames, 400m vrije slag, Finale, alg. leeftijdsgroep

Rang		Geb.		Inshr.	Tijd	Pnt
14.	Mastsiapan Darya	MEGA 04	BEL	4:44.02	<b>4:44.08</b>	
	50m: 32.20	150m: 1:43.32	250m: 2:55.47	350m: 4:08.99		
	100m: 1:07.45	200m: 2:19.40	300m: 3:32.66	400m: 4:44.08		
15.	Theuwis Rune	OZV 02	BEL	4:44.23	<b>4:46.46</b>	
	50m: 31.76	150m: 1:44.24	250m: 2:57.73	350m: 4:11.36		
	100m: 1:07.46	200m: 2:20.78	300m: 3:34.37	400m: 4:46.46		
DIS	Martens Chloë	BRABO 02	BEL	4:42.50		
	<i>SW 4.4 - valse start</i>					

Programmanr. 12 Heren, 4 x 100m wisselslag alg. leeftijdsgroep  
1-3-2019 - 16:55 Resultaten

Belgisch record	3:43.71	LGN	LGN	Antwerpen	1-5-2011
Vlaams record	3:44.17	BRABO	BRABO	Antwerpen	25-1-2014

Punten:

Rang				Inshr.	Tijd	Pnt
<b>15 - 18 jaar</b>						
1.	STT 15-18	STT	BEL	4:05.65	<b>4:00.55</b>	
	Franckx Stan	28.23	58.21	Camps Roeland	+0,60	27.09 58.71
	Vanderhulst Midas	+0,44 32.48	1:09.74	Berx Robbe	+0,25	25.49 53.89
2.	MEGA 15-18	MEGA	BEL	4:11.50	<b>4:08.36</b>	
	Claeys Arthur	30.82	1:03.78	Leroux Jef	+0,34	27.69 1:00.36
	Dujardin Guillaume	+0,31 33.27	1:10.79	David Loeka	+0,25	25.27 53.43
3.	LAQUA 15-18	LAQUA	BEL	NT	<b>4:08.60</b>	
	Meeus Elias	30.01	1:02.00	Debrabandere Paul	+0,16	28.68 1:04.54
	Van Keer Yoran	+0,70 31.46	1:06.71	Dobbelaere Sam	+0,37	26.42 55.35
4.	BRABO 15-18	BRABO	BEL	4:13.05	<b>4:10.93</b>	
	Al Tuwajari Mustafa	30.37	1:04.31	De Meyer Niels	+0,41	28.68 1:01.62
	Janssens Renzo	+0,61 32.44	1:09.52	Marichal Seppe	+0,43	25.80 55.48
5.	KZK 15-18	KZK	BEL	4:05.88	<b>4:13.62</b>	
	Labaere Levi	31.09	1:03.88	Heyerick Jens	+0,29	28.91 1:02.34
	Mestdagh Arne	+0,47 32.24	1:09.72	Devoldere Henri	+0,44	27.46 57.68
6.	DMI 15-18	DMI	BEL	4:12.84	<b>4:13.72</b>	
	Abdulhussain Zaid	32.05	1:06.08	Verhaeghe Robbe Does	+0,50	28.18 1:00.36
	Dejonghe Arnaud	-0,90 33.09	1:12.50	Devos Abel	+0,55	26.32 54.78
7.	DDAT 15-18	DDAT	BEL	4:27.12	<b>4:21.91</b>	
	Joris Luca	31.75	1:04.98	Boulez Edouard	-0,03	29.31 1:03.53
	Joris Dante	-0,17 35.41	1:16.62	Meere Jarno	+0,44	26.92 56.78
DIS	SHARK 15-18	SHARK	BEL	4:11.11		
	<i>SW 10.14 - na beëindiging van eigen wedstrijd, hinderen van andere zwemmer bij verlaten van het water</i>					
	Verbeek Mats, Liekens Jasper, Wyns Seppe, Horemans Ruben					

Programmanr. 12, Heren, 4 x 100m wisselslag

alg. leeftijdsgroep

1.	BRABO OPEN	BRABO	BEL	4:02.03	<b>3:56.42</b>		
	Blankers Gaetan	30.04	1:02.88	De Meulemeester Sébastien	+0,25	25.85	55.68
	Callewaert Niels	+0,48 30.24	1:06.18	Weiremans Lorenz	+0,19	24.69	51.68
2.	KZK OPEN	KZK	BEL	3:54.97	<b>4:03.43</b>		
	Guillemyen Lucas	30.38	1:01.42	Samyn Jonas	+0,52	27.90	1:00.79
	Vaernewyck Xander	+0,55 31.74	1:07.45	Dewulf Gillian	+0,30	24.97	53.77
3.	FIRST OPEN	FIRST	BEL	4:05.87	<b>4:04.07</b>		
	Guldentops Kevin	29.79	1:00.48	Heuninck Stijn	+0,02	26.96	1:00.05
	Van Synghel Noah	+0,45 32.35	1:10.72	Lafort Iarre	+0,16	24.63	52.82
4.	MEGA OPEN	MEGA	BEL	4:14.95	<b>4:07.80</b>		
	Loones Matthias	31.87	1:04.30	Gantois Olivier	+0,17	27.54	59.61
	Decuyper Brecht	+0,28 32.09	1:08.99	Rydant Hannes	+0,27	26.10	54.90
5.	UZKZ OPEN	UZKZ	BEL	NT	<b>4:10.07</b>		
	Deblock Lucas	30.01	1:02.86	Braekeveld Tibo	+0,51	26.91	1:00.88
	Breda Simon	+0,39 31.58	1:10.82	Coorevits Simon	+0,31	26.66	55.51
6.	STT OPEN	STT	BEL	4:11.10	<b>4:11.70</b>		
	Sempels Gilles	30.30	1:03.43	Vanderhulst Kasper	+0,30	27.65	1:00.41
	Dekimpe Bregt	+0,24 32.77	1:12.49	De Munck Milan	+0,54	26.35	55.37
DIS	STA OPEN	STA	BEL	4:16.00			
	<i>SW 7.4.a - beenbewegingen niet gelijktijdig of niet in hetzelfde horizontale vlak uitgevoerd</i>						
	De Weirdt Jan, Van De Sompel Jarne, Vlamiynck Jonas, Vlamiynck Robin						
NG.ZA	SCSG OPEN	SCSG	BEL	4:06.89			

Programmanr. 13  
1-3-2019 - 17:10

Dames, 4 x 100m wisselslag

alg. leeftijdsgroep  
Resultaten

Belgisch record	4:07.75	BRABO	BRABO	Antwerpen	18-5-2013
Vlaams record	4:07.75	BRABO	BRABO	Antwerpen	18-5-2013

Punten:

Rang	Inschr.	Tijd	Pnt
15 - 17 jaar			
1.	BRABO 15-17	BRABO	BEL 4:24.24 <b>4:29.70</b>
	Van Wallendael Sarah	32.51	1:07.20
	Feyen Charlotte	+0,27 34.99	1:15.77
	Lamotte Eva	+0,50	30.08
	Martens Chloë	+0,60	29.01
2.	BZK 15-17	BZK	BEL 4:28.34 <b>4:30.72</b>
	Vandenbussche Indra	31.95	1:06.20
	De Wolf Laura	+0,58 36.64	1:20.52
	Deconinck Gaëlle	+0,28	30.42
	Feys Jutta	+0,39	28.10
3.	SHARK 15-17	SHARK	BEL 4:39.76 <b>4:38.20</b>
	Van Dooren Janne	35.13	1:12.67
	Staes Jolien	+0,73 36.33	1:18.07
	Maerevoet Marie	+0,52	30.03
	Trop Yana	+0,50	29.40
4.	MEGA 15-17	MEGA	BEL 4:37.72 <b>4:41.26</b>
	Serverius Femke	33.31	1:09.10
	De Heyder Lot	+0,32 36.16	1:17.70
	Steenbeke Frauke	+0,28	33.85
	Inkaya Dalya	+0,46	28.75
5.	TZ 15-17	TZ	BEL NT <b>4:46.65</b>
	Van Steen Yinthe	33.40	1:08.90
	Tomcsik Kira	+0,53 37.53	1:23.06
	Lauwers Jitske	+0,44	31.82
	Avalos Llerena Diana	+0,40	29.07

Programmanr. 13, Dames, 4 x 100m wisselslag, 15 - 17 jaar

Rang				Inshr.	Tijd	Pnt	
6.	DMI 15-17	DMI		BEL 4:38.13	<b>4:47.45</b>		
	Taecke Ine	33.44	1:09.55	De Duffeleer Jolien	+0,14	31.76	1:10.56
	Bourgeois Karo	+0,29 37.51	1:20.87	Bartorelli Chiara	+0,16	31.52	1:06.47
7.	DDAT 15-17	DDAT		BEL 4:50.17	<b>4:50.58</b>		
	De Craen Imke	35.78	1:16.13	Puttaert Elien	+0,05	32.75	1:11.75
	Borremans Lotte	+0,28 36.92	1:19.59	Sneppe Diede	+0,52	30.16	1:03.11
NG.ZA	FIRST 15-17	FIRST		BEL 4:37.08			
alg. leeftijdsgroep							
1.	BRABO OPEN	BRABO		BEL 4:31.21	<b>4:21.24</b>		
	Smits Jade	31.76	1:05.86	De Keersmaeker Audrey	+0,35	29.59	1:06.51
	Vermeiren Fleur	+0,34 32.27	1:11.21	Ravelingien Lana	+0,52	27.77	57.66
2.	MEGA OPEN	MEGA		BEL 4:32.38	<b>4:33.81</b>		
	Goethals Hilkje	31.89	1:06.14	Haenebalcke Laure	+0,49	31.40	1:09.47
	Van Nieuwenhove Laurien	+0,49 36.07	1:17.46	Mattheeuws Lie	+0,36	28.47	1:00.74
3.	KZK OPEN	KZK		BEL 4:30.92	<b>4:36.18</b>		
	Remmery Anice	34.26	1:11.07	Decock Maaïke	+0,28	31.23	1:08.82
	Vandendorpe Florence	+0,57 37.00	1:15.92	Mattens Edith	+0,54	29.01	1:00.37
4.	TSZ OPEN	TSZ		BEL 4:51.04	<b>4:54.72</b>		
	Van de Voorde Silke	36.29	1:17.06	Van Avermaet Merel	+0,27	31.64	1:11.90
	Buytaert Fien	+0,20 35.98	1:21.91	Buytaert Lotte	+0,24	30.04	1:03.85